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Posted by MaalinBKodesh - 06 Aug 2009 04:34

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Re: "my sin is before me always" - ?????? ???? ????  
Posted by Noorah BAmram - 06 Aug 2009 04:47

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That is beautiful!

Somewhere on the forum I read a similar thought on the posuk "tzomo lcho nafshi komah lcho bsori" then when an improper thought enters our minds we channel it to the Almighty and say "Hashem its really You and only You that I lust and thirst for!

Welcome to the Bais Medrash!

Keep sharing your words of chizuk!!

Noorah

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Re: "my sin is before me always" - ?????? ???? ????  
Posted by bardichev - 06 Aug 2009 16:28

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I once posted a vort from the FRE\_EDIGGER SKULENER REBBE ZTZ"L

ka-asher baah al bes shevah

the teshuvah was with the same fire fire fire

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Re: "my sin is before me always" - ?????? ???? ????

Posted by Dov - 06 Aug 2009 17:33

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Dear Maalin Bekodesh -

Hi there!

What you wrote, I think, is a befeirishe RMB"M. In the beginning of Yesodei HaTorah in sefer Mada of Mishneh Torah, he directly compares the true character of ahavas Hashem to the way a person is obsessed all the time with thoughts of his beloved.

In my recovery, the process is looking something like this:

- acting out severely, in my own little world, then getting sober; then meetings, steps, meeting, steps, steps...
- learning how to focus on being useful to the people around me (just because I am instructed to do so);
- discovering that there are actually PEOPLE THERE! (in my house, wow... :o)
- watching *their* lives get happier, somehow;
- learning to live intimately with those people, each in the proper way;
- discovering what love for my wife really means, and its boundaries;
- watching my family's life get even better, somehow...
- learning that the *dependence* I've had on my wife/others for affection has serious limitations and problems for *them* and for *me*;
- discovering that Hashem really loves me - not because the Torah tells me so, but because *I experience it* - and that the Borei olam is the *real* eternal friend I have always needed and will always need;

- discovering that I do not ever have to work on getting close to Hashem - for He is and always was closer to me than anything.

- learning how to look at my wife - my life partner here - in a *more correct and realistic* way *while we get **closer than ever*** because lust is progressively less of a factor in my life over the past few years. These are some of Hashem's gifts of recovery for me and my family.

(Rav Wolbe's sefer Alei Shur has a piece about the wife that is very interesting, along these lines, and was totally impossible for me to understand before some years of sobriety.)

The stages may be different for everyone, but the basic requirement for any consistent (though bumpy) progress appears to be simple: staying sober. It is **not** everything, but - like breathing -

You are probably developing the RMB"M's concept a bit more into avodah, but it's nice to share w/you, my friend.

Stick around!

Love,

Dov

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Re: "my sin is before me always" - ?????? ???? ???? ?

Posted by the.guard - 06 Aug 2009 17:37

there ain't nutin' w/o it...

Yasher Koach. Beautiful!

This theme comes from the Ba'al Shem Tov, and it comes up on the forum and in the Chizuk e-mails very often!

See Chizuk e-mail #353 on [this page](#).

And see also [this page](#), a similar vort from the ba'al shem tov.

And see Chizuk e-mail #3 on [this page](#)...

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