

**Ode on Sobriety and Tu B'Av**Posted by Ykv\_schwartz - 05 Aug 2009 20:59

---

I decided to post my Ode on Tu B'Av (Guard coined that name) here in the beis. As many of you already know, I originally posted it in my thread as a tribute to my six months of sobriety. But I figured we would benefit from it as a separate thread. Each line corresponds to another aspect of tu b'av. If you need perush, please ask.

**As I** look into the grave to see if I am dead and then notice that I am still alive, I look up to heavens with joy and yell, "there is life! There is Hope! There is a future!"

**As I** finish burying my addiction, I pause to thank Hashem for not allowing my dark past from spoiling my life. I thank him, as well, for assisting me in finally burying my past, as I rid myself of this addiction.

**As I** I dance at the chasunah of a Benjemanite man and a daughter from another shevet, I realize that the past is gone and we are embarking on a new era. The days of Sinah are behind us, and the days of Ahavah and Achvah are ahead of us. I then turn inwards and contemplate that the yetzer hara has weak powers today because when there is achdus, there is no yetzer hara.

**As I** continue to divert my eyes from all immodest material and strengthen myself day by day in the areas of kedusha, I look at my wife, contemplate true spiritual beauty and sigh with relief "Sheker hachein V'Hevel Hoyefei, etc..." I turn inwards and realize that all peace in the world emanates from true and perfected shalom bayis. This is the secret to our ultimate victory.

**As I** walk through the streets with big heavy wooden ladders, I tell the enemy (the yetzer hara) not to worry; "these ladders are situated on the ground ( they are for gashmiyus)". I then laugh in my heart, because I tricked the yetzer hara, for he does not know, "these ladders can reach the heaven". These ladders are for my mizbayach.

**As I** finish collecting all my firewood, I bring it close to my heart and declare "B'Ivavi Mishkan Evne, in my heart I build a mishkan".

**As I** sit lonely in my living room, waiting for my Beloved One to return, I suddenly hear a knock at the door and hear, "Kol Dodi Dofek" (It is my loved one knocking). Ellul is approaching.

**As I** stand trembling in awe, His holy messenger declares with a sign of great happiness, "Today we are building the Beis Hamikdash". The day of Happiness, is the day of the rebuilding of the Beis Hamikdash. My heart skips a beat. Am I dreaming?

**I then** turn to my Creator in a moment of true dedication and state: "I am all yours. I hereby sacrifice my entire life to you."

What greater joy can there be.

=====  
=====

Re: Ode on Sobriety and Tu B'Av  
Posted by 7yipol - 06 Aug 2009 08:41

---

I then turn to my Creator in a moment of true dedication and state: "I am all yours. I hereby sacrifice my entire life to you."

What greater joy can there be.

This Ode leaves me with a feeling of such deep longing.

May we all be zoche to LIVE life dedicated to Hashem.

=====  
=====

Re: Ode on Sobriety and Tu B'Av

Posted by the.guard - 06 Aug 2009 12:35

---

Each line corresponds to another aspect of tu b'av.

OMG. I noticed yesterday that a few of lines corresponded to Tu Be'Av, but I didn't know they ***all*** did. Now that I re-read it, I am seeing a whole bunch of new things I didn't see before! WOW.

=====

=====