

MP3 resources for "12 steps" newcomers

Posted by Reb Yid - 17 Feb 2012 01:15

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Hi to all!!

I was directed to the following website by my sponsor. It is LOADED with MP3 speeches and workshops on all kinds of addictions - AA, SA, OA... - and it is extremely helpful as an introduction to the "12 Steps". Before beginning with my sponsor, he had me listen to the series of talks given by "Joe and Charlie" titled "Big Book Study". They are talking about alcoholism, but the symptoms and solutions were so real to me in SA as well. I highly recommend it for those looking to get familiar with the 12 steps before jumping in to it.

The site is: [www.XA-speakers.org](http://www.XA-speakers.org)

Hatzlocha!!!

Reb Yid

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