

Kabalos and Using Shaim Hashem advised in the Handbooks

Posted by KiviYVY - 23 Nov 2010 15:55

I was reading the handbooks recently and was kinda shocked by the suggestion made among the tools regarding Kabalos. I am mostly referring to the following

The TaPHSiC method involves making a Shavuah in the name of Hashem (and actually pronouncing Hashem's name) that AFTER we fall (on our bottom-line behaviors) we will do x,y, z. Most frum addicts would keep this Shavuah. After all, it is AFTER the acting out. The desires have already been silenced and we feel bad. We don't want to throw away the rest of our Yiddishkeit. So would we not keep a Shavuah that we made in the name of Hashem? Will we transgress one of the 10 commandments "Lo sisah es Shem Hashem Elokecha lashav – Do not swear in G-d's name in vain"?

This seemed to fly in the face of what I had learned and I was wondering if this was suggested by a Poseik of stature and whether Guard or someone could tell us who it was.

Sorry to raise controversy but Lilmod Ani Tzarich - Thanks

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Re: Kabalos and Using Shaim Hashem advised in the Handbooks

Posted by the.guard - 03 Apr 2011 11:23

I am not sure if Rav Feldman read every word, but R' Rosenfeld did and he didn't seem to have any problem with that. See here:

www.guardureyes.com/GUE/PDFs/Newsletter01/Reb%20Rosenfeld.pdf

As Kedusha brought, we see in Chazal that for such things we can use Shavuos.

For some of us it's pikuach nefesh and this is the only thing that helps!

Eis laasos la'Hashem, heifeiru Torasecha.

Also, the TaPHSiC method insures that we don't make shavuos that we can't keep.

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Posted by KiviYVY - 03 Apr 2011 13:41

[guardureyes wrote on 03 Apr 2011 11:23:](#)

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Thanks for the update. The fact that he read through the whole booklet is very significant. At the same time I think a person should still ask his personal Rav a Shayloah whether this is advisable. When all is said and done Shavuos are still a Davar Chamur and something that most people do not have much practical experience in.

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Re: Kabalos and Using Shaim Hashem advised in the Handbooks
Posted by mbalegria - 01 May 2011 03:45

Although you are right that if you have in mind when you are making a Shevoua that you want it to take effect despite your declaration, thrn it will.

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