#4 Daily Chizuk Posted by mekubal - 08 Mar 2010 18:09

So there are essentially three clear cut options to me:

1.) to have a designated time to read it..

i.e. always read the handbook or chizuk at 2:00 pm each day.

2.) to have a designated requirement to read it by a certain time.

i.e. If I don't read it before I start work then I will do it then.

3.) to have a designated indicator when to read it.

i.e. I will do it first thing the first time I need to open up a web page.

Its important not just to realize the need to have daily chizuk, but to explicitly plan how to acquire it.

These are some thoughts I had, working through the handbook.

mekubal.