

Hello everyone! Back home! -Sefer: Light of Ephraim - Changing lives!

Posted by yitzi.26 - 03 Feb 2011 20:55

I hope everyone is well. I hope everyone still remembers me :) i was in NY for a while but im back.

BH we have sent out tons and tons of copies of The Light of Ephraim, and Windows of the Soul.

I have received many emails how the Light of Ephraim is an eye-opener. Even to people who have been addicted for Years!. People has stopped COLD TURKEY after reading this Sefer.

Some comments people have wrote from reading this book:

"I started reading the Light of Ephraim WOW. :-[:'(

Firstly let me apologize as I probably shouldn't post about a book until I've finished it (I can only snatch twenty minutes here and there and I am a slow reader :-)) and to be honest I find some of the book pretty hard-going (I am not a Kabalah or Torah expert) but the thing that struck me the most was the explanation of the SERIOUSNESS of what we're doing (from "innocent" sneak peeks.... through to ma\$\$\$\$\$\$\$\$\$\$\$ marathons) but now that I am starting to understand the scope of the DEVASTATION it is helping me."

"The good thing is that its good to finally post something on the forum, as I was away from it for a long while. I wanted to add that I bought the book the "Light of Ephraim", and I really recommend it to everyone here on GUE it helps alot."

I am a successful businessman happily married about 4 years with some wonderful children. As a teenager I started M after being exposed to a certain radio program. Later on I started looking at P as well. Well about 5 years ago I got inspired after reading the "Light of Ephraim" and got the backbone to stop being mz'l. In the last 5 years I only fell once in that.

Well for about 11 years I struggled and then one day I came across the book the "Light of Ephraim." I never completed the book but it gave me the backbone to stop m***

I just read a chapter in The Light of Ephraim, (I think the author is gonna start paying me royalties for quoting his book too much), were the author taught that we must fight the yetzer slowly -leat leat which has the numerical value of 80, the same numerical value as Yesod-foundation, the sefirah that parallels the male sexual organ. Starving it, makes it all better.

Yitzi has already sent me Light of Ephraim and I'm finding it very good and helpful so far. Thanks!

"the book is a very good book. its set up as a story and very interesting. a stroy about a man who is learning to control himself and alll this type of stuff. as i see him grow, i feel like i grow too"

Every time i red the book i have such a defense i feel that nothing can get in my way

[b]This book is free and so is shipping. All we need is your address! Please email me at yitzi.26@gmail.com

We are also giving out Copies of the "Guard your Eyes" printed version. [/b]

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Re: Hello everyone! Back home! -Sefer: Light of Ephraim - Changing lives!
Posted by anongye - 28 Mar 2011 14:19

I PMed you and emailed you last week and I still received no response.

Does anyone know what more I can do to get this book for free?

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Re: Hello everyone! Back home! -Sefer: Light of Ephraim - Changing lives!
Posted by Kedusha - 28 Mar 2011 14:22

I also sent a few PMs, but was not sent the book. I finally bought it myself. I guess there's no

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Re: Hello everyone! Back home! -Sefer: Light of Ephraim - Changing lives!
Posted by ZemirosShabbos - 28 Mar 2011 15:57

i bought a copy on Ebay a while back.
such thing as a free lunch!

very good book, heavy-duty ideas wrapped in a conversation between people.

it is available on Eichlers.com and at mysefer.com for a little over \$20

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Re: Hello everyone! Back home! -Sefer: Light of Ephraim - Changing lives!
Posted by kosher - 28 Mar 2011 16:01

[Kedusha wrote on 28 Mar 2011 14:22:](#)

I also sent a few PMs, but was not sent the book. I finally bought it myself. I guess there's no

I got it (free) a while back. I can actually send it to whomever wants it because I am not using it at this moment.

PM if you are interested.

Thanks,

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Re: Hello everyone! Back home! -Sefer: Light of Ephraim - Changing lives!
Posted by Rising Up - 28 Mar 2011 18:00

I sent him a message for the book about two months ago and I received it just last week. He told that he had been unable to send it for a bit but now he was able to.

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Re: Hello everyone! Back home! -Sefer: Light of Ephraim - Changing lives!
Posted by aaron - 29 Mar 2011 18:17

just got the books....good stuff

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