

Interesting time check

Posted by jda211 - 02 Feb 2011 20:47

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I was trying to fall asleep last night when i started doing some math (not my strong suit). Now this point is no chiddush, and i'm pretty sure someone else had mentioned something similar in the past, but i found it interesting and it gave me a little chizzuk. Each person's calculations will be somewhat different, but you'll get the idea. there are 24 hrs in a day, i sleep or am trying to sleep for abt 8. i daven for about 1.5 hrs, i try and learn for abt 2 hrs. i am driving in my car to and from work/shul for about 1.5 hrs, and i am home for lunch for abt an hour, and another half an hour for dinner. i am in the bathroom/showering for about a half hour. i work for a few hours (even though surfing and wasting time is a problem for me) but lets say for 5 hrs. Spending some time with my wife and kid, and we are looking at barely 4 hours of "free time" and lets be honest i should be working for more than 5 hours. and out of that 4 hrs, how much of it is really me under duress and involved in this struggle (granted some driving time and other time leads to nisyonos). my long point being, if i just think when i have a nisayon, to daven for Him to fight it, and remember there isn't much time left in the day, it made it a little easier for some of my thoughts today. granted, as everyone points out, the point isnt to run out the day, its to grow and use my time, otherwise its pointless, but this is just a little strategy perhaps to get us through a couple more battles while we grow.

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Re: Interesting time check

Posted by DovInIsrael - 02 Feb 2011 21:54

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hi -

just so you know..

the average CEO - spends 2 hours of productive time working the business

the rest is spent on distractions

add an addiction to the equation - and HOURS, DAYS, MONTHS can literally just vanish !

speaking of time -

here are some interesting things:

parsha Terumah -

Terumah is Torah with a Mem - the egal zahav removed the 40 days Torah was given at Sinai

40 days x 24 hours in a day = 960

960 lugim in a kosher mikveh

and thus V'chuku li terumah - is the tikun for the 40 lost days

(not sure I quite understand it, yet.. maybe someone will explain it to me, but sounds interesting)

Take a look at a watch ad.

More often than not, the hands are set to 10:10

ok - I understand visually this is very balanced and calming - to draw you in.

but perhaps there is another reason:

The Kodesh Kodeshim was also 10 x10.. perhaps we are supposed to be aware that the end of time is approaching, and we need to start thinking about what state of mind we want to be in once Moschiah comes

dov.ii

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Re: Interesting time check  
Posted by Kedusha - 02 Feb 2011 21:58

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If you listen to Shiurim in the car, you can increase your learning time to about 3.5 hours. Or, maybe you do already, but you weren't counting that.

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Re: Interesting time check  
Posted by jda211 - 02 Feb 2011 23:17

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yeah, i usually listen to shiurim in the car, or try to talk to Hashem, i wasnt even counting that.

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Re: Interesting time check  
Posted by Kedusha - 03 Feb 2011 01:24  
Just a suggestion!

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You may not have been counting it, but it certainly counts!

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