HELP-SOS Posted by pinokio - 27 Jan 2011 17:35

Shabbos is coming. This holy day unfortunately always throws me into depression. don't have time now to explain why, but point is its starting to set in my little brain right now.

I need support from any hands on deck at GYE. Im working on the inyun and am not gonna fix it overnight, but i just need a little friendship to keep me till motzai shabbos. Not embarrassed to say, and Im anyways gonna decide now that i wont let my feelings get out of control, hashems with me, and everything will be alright. ill be besimcha as best as i can. this isnt gonna be some amazing profound 100page thread, its just right now i need a little, yeah, you know already.

Ive gotta log off but will check later.

Help.

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Re: HELP-SOS Posted by ZemirosShabbos - 03 May 2011 19:04

when he gets back we should have a blackberry ices party. with poetry readings. and denture cleaning demos.

Re: HELP-SOS Posted by 7yipol - 03 May 2011 19:06

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Re: HELP-SOS Posted by ben durdayah - 03 May 2011 20:48 7Up wrote on 03 May 2011 18:28:

Blind Beggar wrote on 03 May 2011 18:03:

What's a Blackberry?

Type of fruit.

Mom:

I think that you've dated yourself...

See, even my mother -Super-Bubbie -knows what a blackberry is.

Here's what Reb Bard's had to say about blackberries...

bardichev wrote on 01 Dec 2009 18:18:

"EVERYONE IS ADDICTED OR SEMI ADDICTED TO THE INTERNET!!

YOU SEE IT IN THE DEAD EYES OF PEOPLE

YOU SEE IN SHUL HOW EVERYONE DAVENS TO THEIR LITTLE PESEL MICHA (BLACKBERRY)

Re: HELP-SOS Posted by 7yipol - 04 May 2011 07:52

Mom:

I think that you've dated yourself...

This Bubby is very happy living in the 18th century, thank you. 8)

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Re: HELP-SOS Posted by pinokio - 04 May 2011 19:06

just resting, ie. learning how to rest brain...

i need rest...

worked myself too hard, esp. bein hazmanim, lots of time i had to "recover"

then, i fed my worst problem ....

now, zman starts tom. , giving me structure

so that's good,

but then i'll have lots of time on my hands to learn too much too hard again

same enemy, different costume

so just take it easy, name of game,

easy does it

even now, i began thinking, worrying what will be .....

so i said "no! just rest....you'll figure it out and just rest each second, rest....

do i bring ten books with me to yeshiva to learn when my "talmidim" don't show up and im left with lots of time to destroy myself? do i bring two books and get bored stiff after enuff time from them?

the answer must be neither-rather, bring a few books you like, already make sure it's not too many,

then enjoy and rest as you read each one.

if resting means at that moment to close it, close it

if resting then means open a diff. one for a few minutes, then that's resting

dov opened my eyes-its all about what maintains the emotional equilibrium,

rest.....

posting now not to think and better myself, rather to keep the friendship, and make this a restlog

mitzpe ramon, saw no ibexes this time, nu

sorry if the thread or i got too serious

i see zem put up pics again, has been a while

as far as osama, i knew i was good with a gun, but i never thought.....what a rest he's having now....

aaahhhh, to rest is divine

(7up, apple pie? choc. moose jellow and katzefet/ garden appreciated)

## GYE - Guard Your Eyes

Generated: 24 August, 2025, 07:11

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Re: HELP-SOS Posted by Yosef Hatzadik - 04 May 2011 19:25

...and THAT is the *rest* of the story!

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Re: HELP-SOS Posted by Dov - 04 May 2011 21:28

Well, osama is now finally a hole-ee (pronounced holy) man!

Re: HELP-SOS Posted by pinokio - 05 May 2011 18:59

hopefully tom. will be zocheh to post more than 4 minutes

and make my thread less serious

today, tried not to try so much. experienced insanity half the day, but trudged ahead in the muck

somewhere, somehow, at some unknown point, without me even realizing, i was given sanity again, like the good old days, by my higher powwer (Hashem)

i did the 2nd step today a few times, really made me feel good to believe my God could help me feel better if he wants to, felt so good,

steipler told people with insanity to do this step, i mentioned it in insanity kuntress, in my pre-12 step tekufah

wanted to post pictures of durdaya zem yosef h and bb in mitzpeh rimon, but dont have time now

maybe tom.

i have to focus a bit how God loves me, i know he loves you to but that'll distract me

so god showed me 2day the hakdama to bais halevi al hatorah, says most incredible yesod there, i knew it already from wife and then dov shlita wings-

god knew i had to see this just today, when i finally was begining to do it

yesod is, in order to do teshuva, most people cant just change and do teshuva, it wont work. they are not holding there and cant do it. cant (i liked this part). cant cant.

so what do you do? he brings medrash that says-do mitzvos, learn, jump into it....THEN you can get a rythm and begin to improve your ma'asim and THEN you can finally do tshuva, i mean recover....

oh God, thank you,

just DO,

a gye and i discussed maaseh merkava today, i mean we were conversing when he reportedly saw obama's chopper fly overhead,

wow, what do i write with just 30 seconds on the clock, must hold it all in till tomorrow....20 seconds, pippen to rodman, rodman to jordan, 3 seconds...jordan for three.....zzzzzzz

Re: HELP-SOS Posted by Yosef Hatzadik - 05 May 2011 19:06

tzaddik90/Special Weapons And Tactics wrote on 05 May 2011 18:59:

wanted to post pictures of durdaya zem yosef h and bb in mitzpeh rimon, but dont have time now

maybe tom.

oooohhhhhh!

I do wish to see myself there!!!!

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Re: HELP-SOS Posted by heuni memass - 05 May 2011 19:37

Mitzpeh rimon- i hear that there is a new one in the mamilah mall... Na.. i'll just stick to the kotel. Oh.. i am mixing it up with Cafe Rimon.. Or mitzpey Yericho....

I guess its time to go back ....

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Re: HELP-SOS Posted by ZemirosShabbos - 05 May 2011 19:39

Yosef Hatzadik wrote on 05 May 2011 19:06:

tzaddik90/Special Weapons And Tactics wrote on 05 May 2011 18:59:

wanted to post pictures of durdaya zem yosef h and bb in mitzpeh rimon, but dont have time now

maybe tom.

oooohhhhhh!

I do wish to see myself there!!!!

me too!

are there any baseball diamonds there? maybe we could have a GYE-EY vs. GYE-USA at Mitzpe Ramon. Call Ticketmaster, all proceeds to GYE.

Raffle for a paper-bag-over-head-meeting with Guard and a complete truck makeover, chrome, stereo, halogen, CB, leather seats, and a live-link audio to Kol Halashon.

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Re: HELP-SOS

## GYE - Guard Your Eyes

Generated: 24 August, 2025, 07:11

Posted by Blind Beggar - 05 May 2011 20:34

How can you post photos on an anonymous forum?

Re: HELP-SOS Posted by ZemirosShabbos - 05 May 2011 20:40

was Durdaya playing the bagpipes too?

Re: HELP-SOS Posted by ben durdayah - 05 May 2011 21:06

ZemirosShabbos wrote on 05 May 2011 20:40:

was Durdaya playing the bagpipes too?

ben durdayah wrote on 30 Apr 2011 19:01:

Actually Zemmy, I only play electric kazoo...

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