

home alone - DANGER!!!

Posted by 5770 - 26 Jan 2011 00:48

Today I was home alone ... online... studying ... working

I start THINKING about it ... (but I didn't do anything)

Now everyone's back home. Zero opportunity :-) - - - BUT I AM STILL THINKING ABOUT IT!!!

I've been fine for weeks ... and now.... it's like I have this infection!!

So I am writing to you, my brothers, to let you know this is what I am doing right now.

I will not let myself and my family down!!!!

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Re: home alone - DANGER!!!

Posted by Maccabee - 26 Jan 2011 01:26

Now get up away from the computer and talk to someone in your family or pick up a sefer, and
Good going!

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Re: home alone - DANGER!!!

Posted by Rising Up - 26 Jan 2011 02:10

I know that feeling too goooooood and well. Great going 8)

Inch by Inch

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Re: home alone - DANGER!!!

Posted by ss7107 - 26 Jan 2011 15:59

amazing!

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Re: home alone - DANGER!!!

Posted by 5770 - 27 Jan 2011 04:43

[Maccabee wrote on 26 Jan 2011 01:26:](#)

pick up a sefer, and forget about this post until tomorrow morning.

yeah thanks ... managed to stay out of trouble :-) and did just that - read a little bit of rebbe nachman's "restore your soul" - yay!

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Re: home alone - DANGER!!!

Posted by DesertLion - 29 Jan 2011 11:28

Hey 5770,

When you're alone and feel tempted to act out, remember that you'll be destroying yourself and taking yourself further away from what we all really want in life.

My advice is go to the gym and work off all the urges in a healthy way. You'll actually spend less time working out than you could have indulging in porn and then feeling completely rough after you've fallen.

Hope that helps and have a great weekend,

DL

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