

teshuva for neder

Posted by jda211 - 24 Jan 2011 22:01

I made a neder, that before and after i fell i would do something. well not only did i fall, i completely forgot to do the b4 part of the neder. i made a real neder. i know the seriousness the gemara gives to this. what teshuva do i have? does anyone know?

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Re: teshuva for neder

Posted by Me3 - 24 Jan 2011 22:09

As I recall Rabbainu Yonah says hold off on the chest pounding, first get yourself clean (azivas Hachet) after you got that taken care of, then you can start working on those past aveiros.

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Re: teshuva for neder

Posted by ZemirosShabbos - 24 Jan 2011 22:16

how about standard charata, vidui and kabala al ha'asid for breakin of the neder?

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Re: teshuva for neder

Posted by ben durdayah - 24 Jan 2011 22:39

Maybe it's possible to find a 'pesach' to be 'oiker' the neder LeMaphraya?

I never learnt Hilchos Nedarim. Maybe this would be a good time...

One thing I know, this was one of the reasons that I new that the TaPhSic method was **not** for me...

I sympathize with you, it may be a bit scary to have been over on a real live neder.

But Zemmy is right, standard Charatah, Vidui, and Kabbalah al HeAsid works for all aveiros.

Hashem loves you, and He wants you to be close with him. Focusing on the severity of Nedarim might have been a good idea beforehand, but now... just look ahead and learn from the experience.

See where you fell, see what you can do to prevent that in the future. And get close to Hashem.

Mai Dehavah Havah, but now... KOT!

E. ben Durdayah

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