GYE - Guard Your Eyes

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Yitzi's free book - Light of Ephraim
Posted by 5770 - 06 Jan 2011 16:30

Hello chaps, just thought i'd post an update about this pretty serious book sent to me by Yitzi.

Coincidently (ha) I'd just watched this video called 'the seal of truth' (cannot find the original link but here's the link from Lazer Brody's site wideo.google.com/googleplayer.swf?docid=-7332930594849349840&hl=un&fs=true) and then I started reading the Light of Ephraim WOW. :-[:'(

Firstly let me apologize as I probably shouldn't post about a book until I've finished it (I can only snatch twenty minutes here and there and I am a slow reader :-)) and to be honest I find some of the book pretty hard-going (I am not a Kabalah or Torah expert) but the thing that struck me the most was the explanation of the SERIOUSNESS of what we're doing (from "innocent" sneak peeks.... through to ma\$\$\$\$\$\$\$\$\$\$\$\$ marathons) but now that I am starting to understand the scope of the DEVASTATION it is helping me.

One more thing. I continually gripe on these forums:

"How come when I am acting out my life is OK ... fun even...... and WHY OH WHY does my Shalom Bayis get ten times worse when I consciously DON'T act out?!"

This book explains this. It has bothered me for a long time and I finally have a logical explanation.

So thanks GYE and thanks Yitzi for going to the trouble to help me.

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