

Ki Nafalti , Gam Kamti

Posted by ben durdayah - 30 Dec 2010 08:14

:(Although I've had my ups and downs over the years, and some long streaks of abstinence from any P*** or M***, I never got off the roller coaster. Not that I think that I'm the most far gone person here as far as the quality and quantity of the shmutz, still I know that this is an addiction that never left me and never will if I do nothing about it.

This morning i thought of a mashal (someone else might have used it already, but for me it was a moment of clarity from heaven): A temporary bout with the YH about lust and P*** etc. is like a strep throat -take your antibiotics, drink fluids, rest up and it'll go away; if you don't catch the bacteria again -you're cured, and it's gone. But when the struggle for kedusha keeps on being just that, and with the slightest slip -you feel that you've lost control and your actions show that even years of self restraint didn't do the job (like ridin' a bicycle -ya never forget how to; same thing goes for sewage surfing...) that my friends is like Rachmana Litzlan Lo Aleinu V'lo Aleichem 'Yennerr Machla', and not the kind that attacks at first a specific organ or is operable; rather like the kinds of Yenner Machla in the blood -the best they can do is put it in remission, but it's there to stay -and when Chalila V'chas it's active -there's no limit to the damage it can do and the places that it will show up in. Same goes for addiction to Shmutz.

What's the point of this whole tirade? ... to be continued in the next installment (because it's too hard to type without seeing what your doing and I've filled the window and now it's dancing the Hora and making me dizzy...).

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Re: Ki Nafalti , Gam Kamti

Posted by ben durdayah - 04 Jul 2011 22:02

A Story in Three Parts

Part I - 7:57 PM

On my way into my apartment building, I run almost headfirst into my bechor (aged 11 ka"h). To my surprise, he is carrying an "Artik" (*popsicle -he has a collection in the freezer from Avos U'banim and Chevras Tehillim. He's not too fond of them, and he doesn't find the time to eat them before Shabbos Mincha anyways [he doesn't want to come late and miss the "Chevras Tefillah" cartisim] so he's always got a stash in the freezer*) wrapped in a piece of loose-leaf

paper. He says a quick "Hi Tatti!" and goes surreptitiously on his way to... (I haven't got the foggiest clue where, but I assume that it's to this chaver who was roidefing him in Cheider, who sent him a nice apology letter Thursday night [prompted by a maternal conference], and my son wanted to demonstrate fellowship)

Part II 11:40PM

My wife asks me the following halachic query:

Is there any halachic problem presented by a boy (a minor aged 11 y.o.) giving a gift to a member of the opposite sex (a minor aged approximately 11 y.o.)?

My learned response:

"HUH?" :o

(I live in what is known as "New Meah Shearim". The most modern people around here actually wear [gasp] :o sheitels!!! instead of R' Arelach Style Tichels. They are maybe 7% of the local)

Part III circa 7:30 PM

My oldest (11 y.o. ka"h, may Hashem protect him from Pigei HaZeman) has been teased by a local girl (maybe a 7 y.o.) mainly by name calling/chanting and somehow in the aftermath of the teasing he insulted (or was afraid that he insulted) the girl's older (11 y.o.) cousin who is a yesoimah [orphan- her mother died unfortunately at a young age] (I" a nisht mer gedacht).

My little tzaddik was so regretful about the incident, and was appalled at having pained a yesoimah that he wasn't satisfied with the apologies that he already had made. He ran home, took an "artik", wrapped it up in an apology note and went to deliver it forthwith.

END

How good can G-d be to one person? :(

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Re: Ki Nafalti , Gam Kamti

Posted by Eye.nonymous - 05 Jul 2011 13:36

[ben durdayah wrote on 03 Jul 2011 10:53:](#)

This RID is really going to kill me...

I told her that the common denominator of all these people is that their lusting (I used the word ta'avos) makes them suffer, and that they are there to learn how to lead their lives differently -with Hashem at the center. I also told her that it is obvious that the way I try to lead my life and wage my battles with the YH simply stinks.

So she asked me, "So why don't you go?"

It sounds like you are in an awfully lot of emotional turmoil. You are very lucky to have your wife's blessing.

I think it would be very smart to listen to her.

And stupid not to.

--Eye.

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Re: Ki Nafalti , Gam Kamti
Posted by ZemirosShabbos - 05 Jul 2011 15:04

that's a great story, EBD!

ashrecha

shep nachas

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Re: Ki Nafalti , Gam Kamti
Posted by ben durdayah - 05 Jul 2011 20:43

I am pleased to inform my dear friends that one of the big issues that had me RID-ridden has been resolved.

It turns out that my mind made much ado about nothing.

The fact that I almost drove myself stark raving mad and was walking around as if I was doomed -convinced as I was that I had made a mistake that could destroy my life -serves as a lesson of how capable we are of self delusion to the point of insanity. My mind was really playing games on me.

And it was trying its best to keep me from facing the problem, seeming relishing the wallowing in uncertainty. All I had to do was pick up the phone, and call the entity involved with the problem -and I kept on pushing it off, which helped me none.

But I was feeling so (literally) sick, that I decided over the weekend that as soon as people get back to business after the 4th of July weekend I **must** call and resolve this issue -because not doing so would **kill me**.

So I did at the first opportunity. All it took was 20 minutes to find out that everything is A-OK. There is no problem. There never was. Yes there seems to be some discrepancy, but human error is not criminal. End. Period. Finished. Have a nice day sir.

So what was stopping me from doing this all along? I could have set myself free weeks ago!

It was my own mind. In certain areas, it holds me prisoner. I hope that I will be able to learn from others who have succeeded exactly how to set it free.

It's maddening like FDR said: "**...the only thing we have to fear is fear itself—nameless, unreasoning, unjustified terror which paralyzes needed efforts to convert retreat into advance.**"

That's not the only lesson I learned from this experience, but hey -I'm rambling -I'll leave the rest for a different time.

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Re: Ki Nafalti , Gam Kamti
Posted by Yosef Hatzadik - 05 Jul 2011 21:04

[ben durdayah wrote on 05 Jul 2011 20:43:](#)

..., but hey -I'm rambling -I'll leave the rest for a different time.

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Not to long for me! ... I even reached THIS line! ;D

We are with you all along the journey to **sanity!!!!**

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Re: Ki Nafalti , Gam Kamti
Posted by ben durdayah - 05 Jul 2011 21:06

Thanks Yossel!

BTW -has no one noticed my new look?

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Re: Ki Nafalti , Gam Kamti
Posted by Yosef Hatzadik - 05 Jul 2011 21:08

[ben durdayah wrote on 05 Jul 2011 21:06:](#)

Thanks Yossel!

BTW -has no one noticed my new look?

We are ALL reflections of Guard!!!!

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Re: Ki Nafalti , Gam Kamti

Posted by ZemirosShabbos - 05 Jul 2011 21:10

we are in the midst of organizing a Protesting Possum Picket-line...

you might needs guards...

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Re: Ki Nafalti , Gam Kamti

Posted by ZemirosShabbos - 05 Jul 2011 21:16

brave picketer #1

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Re: Ki Nafalti , Gam Kamti

Posted by ben durdayah - 05 Jul 2011 21:20

[Yosef Hatzadik wrote on 05 Jul 2011 21:08:](#)

We are ALL reflections of Guard!!!!

Yes indeed.

The avatar change was inspired by these posts:

[Helpfyi wrote on 30 Jun 2011 02:09:](#)

I'm confused this "Reb Guard" guy is like one guy or there are a couple of guard dudes? and i am supposed to like him bec he made this web site?? one guy did this whole thing? i'm new so i don't get this whole thing. this web site did save my life that means reb guard did? does anyone know who R guard is or hes anonymous?

[ben durdayah wrote on 30 Jun 2011 17:59:](#)

Guard is our founder (*sort of like Bill W. was to AA*) and we are his messengers to carry the message to others...

And as for your concern Zemmy:

[ZemirosShabbos wrote on 05 Jul 2011 21:10:](#)

we are in the midst of organizing a Protesting Possum Picket-line...

you might needs guards...

Can't you see that I'm surrounded by them? ;D

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Re: Ki Nafalti , Gam Kamti
Posted by ZemirosShabbos - 05 Jul 2011 21:20

your original avatar guy...

looks like you should send him a Nanach truck or two

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Re: Ki Nafalti , Gam Kamti
Posted by ben durdayah - 05 Jul 2011 21:29

Those cute little critters had better be careful crossing the road...

Billy has had one too many and is bound to come racing down route 83W any second now with his souped up 73 Chevy pick-up (w/original replica "Stars and Bars" flag in the cabin window).

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Re: Ki Nafalti , Gam Kamti
Posted by ben durdayah - 07 Jul 2011 17:36

"To go or not to go, that is the question..."

(with apologies to) Bill S.

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Re: Ki Nafalti , Gam Kamti
Posted by ZemirosShabbos - 07 Jul 2011 17:50

does not the saying go: when you gotta go you gotta go?

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