

Ki Nafalti , Gam Kamti

Posted by ben durdayah - 30 Dec 2010 08:14

:(Although I've had my ups and downs over the years, and some long streaks of abstinence from any P*** or M***, I never got off the roller coaster. Not that I think that I'm the most far gone person here as far as the quality and quantity of the shmutz, still I know that this is an addiction that never left me and never will if I do nothing about it.

This morning i thought of a mashal (someone else might have used it already, but for me it was a moment of clarity from heaven): A temporary bout with the YH about lust and P*** etc. is like a strep throat -take your antibiotics, drink fluids, rest up and it'll go away; if you don't catch the bacteria again -you're cured, and it's gone. But when the struggle for kedusha keeps on being just that, and with the slightest slip -you feel that you've lost control and your actions show that even years of self restraint didn't do the job (like ridin' a bicycle -ya never forget how to; same thing goes for sewage surfing...) that my friends is like Rachmana Litzlan Lo Aleinu V'lo Aleichem 'Yennerr Machla', and not the kind that attacks at first a specific organ or is operable; rather like the kinds of Yenner Machla in the blood -the best they can do is put it in remission, but it's there to stay -and when Chalila V'chas it's active -there's no limit to the damage it can do and the places that it will show up in. Same goes for addiction to Shmutz.

What's the point of this whole tirade? ... to be continued in the next installment (because it's too hard to type without seeing what your doing and I've filled the window and now it's dancing the Hora and making me dizzy...).

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Re: Ki Nafalti , Gam Kamti

Posted by ben durdayah - 22 Mar 2011 15:43

Moiradigg!

I was actually looking to shtip the Doctor Theodore Geisels' name in there somewhere and Seussify the post a bit more, but you expressed it more beautifully than I could imagine...

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Re: Ki Nafalti , Gam Kamti
Posted by bardichev - 22 Mar 2011 15:57

Seuss-on vesimcha yimatza bah!!

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Re: Ki Nafalti , Gam Kamti
Posted by bardichev - 22 Mar 2011 15:58

U gotta read that in chassidish havoora

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Re: Ki Nafalti , Gam Kamti
Posted by pinokio - 22 Mar 2011 16:37

my wildest dreams have come true.

and i got s/one to buy the chillik frank cd-i was mizakeh someone else with some real music

can you imagine rebbe Nachman reading this post of Durdaya's, im sure reb noson would read it to him,

but then reb nachman would dance, and add it into meshivas nefesh (actaully its a compilation),

and reb noson would quote and expound on Durdaya's words in likutei halachos hilchos negaim, parah aduma, asiya menorah, and of course hilchos bais haknesess

and r kramer would translate with r greenbaum the post into spanish and r odessor's talmidim would put it in a key chain and sell it in uman

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Re: Ki Nafalti , Gam Kamti

Posted by realsimcha - 23 Mar 2011 04:22

Hey, Ben D! Just tell me one thing: Where do you get the strength, after a fall, to keep posting, keep reaching out to the chevra?

I don't know much. but I can't help but feel that an oived like that is gonna make it. Hatzlocho U'Bracha. KOT!!

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Re: Ki Nafalti , Gam Kamti

Posted by ben durdayah - 23 Mar 2011 06:46

[realsimcha wrote on 23 Mar 2011 04:22:](#)

Hey, Ben D! Just tell me one thing: Where do you get the strength, after a fall, to keep posting, keep reaching out to the chevra?

Where do I get the strength to reach out to the chevrah?

From the chevrah realsimcha, **from** the chevrah!

[realsimcha wrote on 23 Mar 2011 04:22:](#)

I don't know much. but I can't help but feel that an oived like that is gonna make it. Hatzlocho

U'Bracha. KOT!!

Amein!

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Re: Ki Nafalti , Gam Kamti
Posted by ZemirosShabbos - 23 Mar 2011 15:36

how is the not-yet Breslov/Seuss-Rechovot/dayan of Dardichever shteibel/dapper mechaber
doing today?

(SeussDarduchevAuthor Rebbe for short)

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Re: Ki Nafalti , Gam Kamti
Posted by ben durdayah - 23 Mar 2011 16:17

I do not want green p**n or spam,
I do not want them Zem I am,
I do not want them in a box,
I do not want them with curly side locks...

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Re: Ki Nafalti , Gam Kamti

Posted by ZemirosShabbos - 23 Mar 2011 16:32

Do you have teeth?

Old Uncle Billy

who lives in Philly

when he chews

what does he use?

his tooth, only one

and it's real fun

trying to eat

possum meat

with one tooth

in a phone booth

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Re: Ki Nafalti , Gam Kamti

Posted by pinokio - 23 Mar 2011 16:44

[ZemirosShabbos wrote on 23 Mar 2011 15:36:](#)

how is the not-yet Breslov/Seuss-Rechovot/dayan of Dardichever shteibel/dapper mechaber doing today?

(SeussDarduchevAuthor Rebbe for short)

I WAS WONDERING THE SAME THING

I WAS THINKING OF HOPPING ON A BUS TO SEE FOR MYSELF

the silly sexual struggle with the p*** and the urges, and the silent sick sicko with the falling and the dirges,

must recover rather quickly and put sadness far away,

and grow beyond measure getting holy every day,

and up up up and away he will go,

and leave this p*** behind, feeling good that he will know,

that the sick sexual sicko left his sadness right behind,

and now he can get close to hashem and grow with a clean mind!

-Dr. Suess, when he was in SA for a short tekufa

other famous SA members....Mr. Rogers....Aerosmith (no duh)...Charley Brown....the ghost busters....

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Re: Ki Nafalti , Gam Kamti

Posted by pinokio - 23 Mar 2011 16:46

rocky and bullwinkle....the father in adams family.....shabtzai tzvi (he only went to one meeting)...Michael Jackson...alvin and the chipmunks.....

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Re: Ki Nafalti , Gam Kamti

Posted by ben durdayah - 23 Mar 2011 16:47

I will not look back back back back

I will not jump into your sack

No No No!

Just go, go, go!

I'll just get in my truck, I will never get stuck

just truck and truck with best of luck.

Do not truck into any ruts.

Do not ask any ifs ands or buts.

Tell Yetzer that you hate his guts

Hate his guts?

Yes hate his guts!

Hate with no ifs ands or buts.

So why do I follow his shtick sometimes?

Only when I forget these lines of rhyme!

But after a glitch, after a fall

He doesn't interest me at all

I will jump back into my truck,

I will not seep into the muck,

I will truck and truck and truck and truck

Until I have finished trucking, buck...

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Re: Ki Nafalti , Gam Kamti
Posted by realsimcha - 24 Mar 2011 03:33

Hey Ben D. I couldn't see that rhyme
and not add some thoughts of mine

falling hard is really the pits
this YH of ours - we really have to match wits!

But in the end Hashem will hear our cries
and this will signal the YH's demise

When the urges hit we have to respond to them
by letting go - and letting hashem

Each small step is a mountain up there
So lets grab onto hope and release despair

YH would like to keep us apart
and make sure we fail from the start

but we've ruined his plan - can't you see?
cause we can connect on GYE!!!

Brothers in arms - the chevra joins together

redefining joy - reassessing pleasure

Learning to see the world with new eyes

rabosai - Ben D. is back on the rise!!

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Re: Ki Nafalti , Gam Kamti

Posted by pinokio - 24 Mar 2011 10:06

realsimcha,

you really add some nice pepper to the thread,

please stick around

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