Ki Nafalti , Gam Kamti Posted by ben durdayah - 30 Dec 2010 08:14

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:'( Although I've had my ups and downs over the years, and some long streaks of abstinence from any P\*\*\* or M\*\*\*, I never got off the roller coaster. Not that I think that I'm the most far gone person here as far as the quality and quantity of the shmutz, still I know that this is an addiction that never left me and never will if I do nothing about it.

This morning i thought of a mashal (someone else might have used it already, but for me it was a moment of clarity from heaven): A temporary bout with the YH about lust and P\*\*\* etc. is like a strep throat -take your antibiotics, drink fluids, rest up and it'll go away; if you don't catch the bacteria again -you're cured, and it's gone. But when the struggle for kedusha keeps on being just that, and with the slightest slip -you feel that you've lost control and your actions show that even years of self restraint didn't do the job (like ridin' a bicycle -ya never forget how to; same thing goes for sewage surfing...) that my friends is like Rachmana Litzlan Lo Aleinu V'lo Aleichem 'Yennerr Machla', and not the kind that attacks at first a specific organ or is operable; rather like the kinds of Yenner Machla in the blood -the best they can do is put it in remission, but it's there to stay -and when Chalila V'chas it's active -there's no limit to the damage it can do and the places that it will show up in. Same goes for addiction to Shmutz.

What's the point of this whole tirade? ... to be continued in the next installment (because it's too hard to type without seeing what your doing and I've filled the window and now it's dancing the Hora and making me dizzy...).

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Re: Ki Nafalti , Gam Kamti Posted by pinokio - 26 Feb 2011 20:03

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i KNEW HE'D COME back home!

tell the search possums they can come back in

i am now very excited

"vi af al pi sheheesmameha im kal zeh achake lo, bichul yom she-post"

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Re: Ki Nafalti, Gam Kamti Posted by ben durdayah - 03 Mar 2011 21:34 B"h, I'm back on Admas HaKoidesh! It was a very interesting ten days in my old home town, and elsewhere in the center of the world (what? there is a world outside of New York? Oh! You must mean Monsey or Lakewood right?). It was the first trip that I took to the US of A without slipping and falling majorly. IMHO this is only due to my involvement with GYE and he wonderful chevrah here... One of the interesting observations that I had, was that you have to be mehabel the havalim... The Yetzer and Chaylav try to be Mehabeil reality... Advertisements on the busses? So what? Vuss hut es mit mir? Let someone else view women as objects... Preetzis in the streets of Manhattan? There's a reason why we call them Shkootzim (not to be mezalzel in the humanity of ainum b'nei/b'nois briss) -That passing nisayon has as much shychiss with me as a murishke! It's the YH (or my @&\$^ up brain -same thing, different shprach) which makes triggers shoot off bullets... These are at best people passing by.

B'kitzur -this place helps me keep things in the right perspective, and that's why bli neder I'll keep on coming back for more...

## THANKS G-D! THANKS GUARD! THANKS GYE! THANKS GYES!

E. ben Durdayah
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Re: Ki Nafalti , Gam Kamti Posted by bardichev - 03 Mar 2011 22:01
next time please visit bardstown KY
Show for all steps: Text only   Maps   Street View Include large map
Roll over the directions to customize each step.
Loading Directions to Bardstown, KY
771 mi – about 12 hours 31 mins
You can enter notes here.
Loading
©2011 Google - Terms of Use100 mi200 km Borough Park, Brooklyn, NY?
Show: Text only   Map   Street View
1. Head northeast on 12th Ave toward 53rd St
go 66 ft

total 66 ft

Show: Text only | Map | Street View 2. Take the 1st left onto 53rd St

About 1 min

go 0.3 mi

total 0.3 mi

Show: Text only | Map | Street View 3. Take the 2nd left onto Fort Hamilton Pkwy

About 5 mins

go 1.3 mi

total 1.6 mi

Show: Text only | Map | Street View 4. Slight left at Gatling PI

About 1 min

go 0.2 mi

total 1.8 mi

Show: Text only | Map | Street View 5. Merge onto I-278 W via the ramp on the left to Verrazano Bridge/Staten Island

Partial toll road

About 11 mins

go 8.8 mi

total 10.6 mi

Show: Text only | Map | Street View 6. Take exit 5 to merge onto NY-440 S toward Outerbridge Cr

About 9 mins

go 7.5 mi

total 18.1 mi

Show: Text only | Map | Street View 7. Take exit 1 to merge onto NY-440 S/Outerbridge

Crossing toward Outerbridge Crossing/New Jersey

**Entering New Jersey** 

About 2 mins

go 1.5 mi

total 19.5 mi

Show: Text only | Map | Street View 8. Continue onto NJ-440 S

About 5 mins

go 5.2 mi

total 24.7 mi

Show: Text only | Map | Street View 9. Continue onto I-287 N

About 20 mins

go 20.5 mi

total 45.2 mi

Show: Text only | Map | Street View 10. Take exit 21B on the left toward I-78 W/Easton Pa

About 2 mins

go 1.5 mi

total 46.7 mi

Show: Text only | Map | Street View 11. Merge onto I-78 W

Partial toll road

**Entering Pennsylvania** 

About 1 hour 41 mins

go 107 mi

total 154 mi

Show: Text only | Map | Street View 12. Merge onto I-81 S

**Entering Maryland** 

About 1 hour 29 mins

go 96.4 mi

total 250 mi

Show: Text only | Map | Street View 13. Take exit 4 to merge onto I-70 W toward Hancock

About 26 mins

go 25.1 mi

total 275 mi

Show: Text only | Map | Street View 14. Take exit 1A on the left to merge onto I-68 W/US-40 W toward Cumberland

Continue to follow I-68 W

**Entering West Virginia** 

About 1 hour 51 mins

go 112 mi

total 387 mi

Show: Text only | Map | Street View 15. Keep left at the fork, follow signs for I-79 S/Fairmont and merge onto I-79 S

About 2 hours 19 mins

go 149 mi

total 536 mi

Show: Text only | Map | Street View 16. Merge onto I-77 S

About 2 mins

go 1.5 mi

total 537 mi

Show: Text only | Map | Street View 17. Take exit 101 on the left for I-64 W/US-119 S toward Huntington

About 1 min

go 0.7 mi

total 538 mi

Show: Text only | Map | Street View 18. Merge onto I-64 W

**Entering Kentucky** 

About 2 hours 35 mins

go 168 mi

total 706 mi

Show: Text only | Map | Street View 19. Merge onto I-75 N

About 2 mins

go 1.7 mi

total 708 mi

Show: Text only | Map | Street View 20. Take exit 113 for US-27/US-68 toward Paris/Lexington

go 0.4 mi

total 708 mi

Show: Text only | Map | Street View 21. Turn right at US-27 S/US-68 W/N Broadway Rd

About 4 mins

go 1.2 mi

total 709 mi

Show: Text only | Map | Street View 22. Turn right at US-60 Bypass E/New Circle Rd/US-25 Bypass N/US-421 Bypass N

Continue to follow US-60 Bypass E/New Circle Rd

About 6 mins

go 5.8 mi

total 715 mi

Show: Text only | Map | Street View 23. Take exit 5B to merge onto US-60 W/Versailles Rd toward Versailles/Bluegrass Pkwy

Continue to follow US-60 W

About 9 mins

go 6.1 mi

total 721 mi

Show: Text only | Map | Street View 24. Take the Blue Grass Pkwy ramp to Lawrenceburg/Elizabethtown

About 1 min

go 0.7 mi

total 722 mi

Show: Text only | Map | Street View 25. Merge onto Martha Layne Collins Blue Grass Pkwy

About 43 mins

go 46.2 mi

total 768 mi

Show: Text only | Map | Street View 26. Take exit 25 toward Bardstown

go 0.3 mi

total 768 mi

Show: Text only | Map | Street View 27. Merge onto Springfield Rd

About 4 mins

go 1.4 mi

total 770 mi

Show: Text only | Map | Street View 28. Continue onto E Stephen Foster Ave

About 2 mins

**GYE - Guard Your Eyes** Generated: 24 August, 2025, 11:41 go 0.8 mi total 771 mi Show: Text only | Map | Street View 29. Enter the traffic circle go 128 ft total 771 mi Show: Text only | Map | Street View Bardstown, KY? Show: Text only | Map | Street View These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map results, and you should plan your route accordingly. You must obey all signs or notices regarding your route. Map data ©2011 Europa Technologies, Google Directions weren't right? Please find your route on maps.google.com and click "Report a problem" at the bottom left. ==== Re: Ki Nafalti, Gam Kamti Posted by Rising Up - 03 Mar 2011 22:17 Welcome Back!!!! ;D;D 8)8)

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Re: Ki Nafalti , Gam Kamti Posted by ZemirosShabbos - 03 Mar 2011 22:36

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welcome back to the real center of the world

great to hear your visit went well

???? ?? ???
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Re: Ki Nafalti , Gam Kamti Posted by ben durdayah - 07 Mar 2011 16:48
Reb bards:
I have much easier directions to bardsville.
I actually pulled up near the Beis Medrash and tried to park in the DPW parking lot, where I met Billy who told me that you're tied up until next year Tuesday
What do you mean he didn't give you the pidyoin?
Thanks to all those who took the time to come in and welcome me back.
I was thinking today about this thread -or rather how dry it's been lately.
But the emes is that I've been spending my time online b'ikkar at other peoples feddemer (that's plural of fuddem for those of you who are Yiddishly challenged). That's because over the last while I really haven'y had any new observations or struggles to share with the oilam here.
Okay, so standing at the bottom of that staircase denying your inborn YH to stare upwards at the 'olos v'yordos bo' isn't a struggle?
Well, at the time my guard was up so high that I just yelled at myself and said: Shame on you

**GYE - Guard Your Eyes** Generated: 24 August, 2025, 11:41

-you shouldn't want to do such a despicable thing
L'maaseh, that's the opposite of the steps approach of surrender: be honest, you are powerless over that (infantile) voyerous urge, I believe that Hashem (my higher power) can restore me to sanity, asked please Hashem take this away from me just now
But at least it worked
So I've been pretty quiet.
But I'm lurking here all over the place.
L'hitraot,
E
====
Re: Ki Nafalti , Gam Kamti Posted by ZemirosShabbos - 07 Mar 2011 16:54
ben durdayah wrote on 07 Mar 2011 16:48:
I have much easier directions to bardsville.
i just go to Bardichev's Battle, grab hold of the rebbe's gartel and within 20 seconds flat we are on final approach to Bardstown International with priority clearance

glad to hear you are doing well rebbe reb bendy
p.s. can we get a story or two or three or a dozen?
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Re: Ki Nafalti , Gam Kamti Posted by ben durdayah - 07 Mar 2011 16:58
With me stories are 99.99% inspiration and .01% perspiration (I'm not a big shvitzer).
Either I have it or I don't
====
Re: Ki Nafalti , Gam Kamti Posted by ZemirosShabbos - 07 Mar 2011 17:06
so how about you watch the sunset, recite some poetry or just read the Israeli Yated? you
p.s. the Gan Hachayot Ha'tnachi is also good, check out the giraffe's
======================================
Re: Ki Nafalti , Gam Kamti Posted by bardichev - 07 Mar 2011 17:26
Read patchkervillin

what's doing rebbe EBD?

## **GYE - Guard Your Eyes** Generated: 24 August, 2025, 11:41 talk talk talk Re: Ki Nafalti , Gam Kamti Posted by pinokio - 15 Mar 2011 16:13 durdee told me two days ago he doesnt post on his thread anymore cuz he has not so much to say, and i thought as i heard this "this guy must have snapped" durdee, where's the dapper author?!?!?! help gemarakupp and nancy drew find the dapper durdaya in the dangerous streets of sauvignon blanc!... the babysitters club are all married now tom clancy became frum and is in arachim

who will leave us with long posts of lions and tigers, of bells and whistles, of wisdom and

despair?....

please

**GYE - Guard Your Eyes** Generated: 24 August, 2025, 11:41

Re: Ki Nafalti , Gam Kamti Posted by ben durdayah - 15 Mar 2011 16:16
Thanks for the support tzaddik.
I'm no Rambo, but I am full of RID and was ambushed at HALT.
I was very depressed all day, and now the cloud is somewhat lifting.
But the writer's block is definitely at full force.
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