

Ki Nafalti , Gam Kamti

Posted by ben durdayah - 30 Dec 2010 08:14

:(Although I've had my ups and downs over the years, and some long streaks of abstinence from any P*** or M***, I never got off the roller coaster. Not that I think that I'm the most far gone person here as far as the quality and quantity of the shmutz, still I know that this is an addiction that never left me and never will if I do nothing about it.

This morning i thought of a mashal (someone else might have used it already, but for me it was a moment of clarity from heaven): A temporary bout with the YH about lust and P*** etc. is like a strep throat -take your antibiotics, drink fluids, rest up and it'll go away; if you don't catch the bacteria again -you're cured, and it's gone. But when the struggle for kedusha keeps on being just that, and with the slightest slip -you feel that you've lost control and your actions show that even years of self restraint didn't do the job (like ridin' a bicycle -ya never forget how to; same thing goes for sewage surfing...) that my friends is like Rachmana Litzlan Lo Aleinu V'lo Aleichem 'Yennerr Machla', and not the kind that attacks at first a specific organ or is operable; rather like the kinds of Yenner Machla in the blood -the best they can do is put it in remission, but it's there to stay -and when Chalila V'chas it's active -there's no limit to the damage it can do and the places that it will show up in. Same goes for addiction to Shmutz.

What's the point of this whole tirade? ... to be continued in the next installment (because it's too hard to type without seeing what your doing and I've filled the window and now it's dancing the Hora and making me dizzy...).

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Re: Ki Nafalti , Gam Kamti

Posted by ZemirosShabbos - 10 Feb 2011 22:30

i think we should all chip in and send EBD a nice bottle of Woodford

imagine if you wake up in the morning and you see that your ~~house~~ thread became a zoo.

and not just any zoo, a zoo for dysfunctional creatures who get into all types of weird fixes.

maybe that's how Guard felt when he opened the forum and ~~we~~ ~~they~~ i showed up

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Re: Ki Nafalti , Gam Kamti
Posted by bardichev - 10 Feb 2011 22:37

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Re: Ki Nafalti , Gam Kamti

Posted by ZemirosShabbos - 10 Feb 2011 22:47

let's taste it to make sure it didn't get spoiled on the flight over to the Durdaya HQ

lechaim!

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Re: Ki Nafalti , Gam Kamti

Posted by ben durdayah - 11 Feb 2011 08:56

[ZemirosShabbos wrote on 10 Feb 2011 22:30:](#)

imagine if you wake up in the morning and you see that your house thread became a zoo.

and not just any zoo, a zoo for dysfunctional creatures who get into all types of weird fixes.

You took the words out of my mouth!

[bardichev wrote on 10 Feb 2011 22:37:](#)

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Wow! Thanks so much![ZemirosShabbos wrote on 10 Feb 2011 22:47:](#)

let's taste it to make sure it didn't get spoiled on the flight over to the Durdaya HQ

lechaim!

Whoa! Steady there, let's make sure it doesn't get finished on the flight over to the Durdayah HQ! Lechaim Toivim Ilshulem!!!

Gotta get rid of RID!

Here is something I wrote Rebbe b. last night...

L'maaseh -I feel like my life is going no where.

Nisht kein arbet.

Nisht kein lernen.

Goornisht.

I'm sort of like in between projects.

So I sit with the Seforim and try to force myself to learn -ubber s'gait nisht.

I feel very laidig at present.

But I'm trying to be mechazeik myself, but I'm very unhappy with myself. I just realized that the problem here is that the keyword is "myself" which keeps on reoccurring. But still, Voos zull ich teen? I feel pretty lchs on the inside. Mit voos gait men arayn in Shabbos arayn? A tzubruchenne hartz? But where's the simcha that comes with Lev Nishbar? Oib azoi it's stam atzvus and Murah Shchoirah? So what should I do? Be be'simcha of Hoilelus?

It just occurred to me...

"Yismach Yisroel BeOisuv, Beney Tzion Yugeelee Bemalkumm!"

Ich bin furt a Yiddish kind, and a Yiddish kind iz keinmull nisht farfallen...

Still, it's hand-to-hand combat with the YH to stay with that thought for more than a second at a time...

Have a gitten Shabbos all...

Love,

EBD

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Re: Ki Nafalti , Gam Kamti

Posted by pinokio - 11 Feb 2011 09:30

Durdee, your'e not in between projects and the idea your'e life's going no where is hideous. Do you think there's some little timer in the corner of a screen in shamayim that's ticking, and that if u dont pass this level and kiss all the jabba the hutts and find the golden coins quick enough your'e gonna have to go back and do the level again? is this some nintendo game?

This is life-your'e trying for crying out loud the best you can

Gd's got alot of patience-if his day's a thousand years, do you think he cant wait a few second and give you some time to look at your map and get back on track? a few years to gd is nanoseconds-only a jerk cant wait a few seconds for a fallen broken soul.

So your'e not inbetween anything-your'e still on the way. And this is part of the way.

Everything until now is essentila to what happens next.

Dont project the future of youre life's success based on what heartburn you feel now.

And dont force yourself to learn-is that mah sheleibo chafetz? as much as you can muster, fire up your simcha engines with all the little thing you have, and pump up your truck with gas. top it off.

i want lots of gas in your tank. as much as possible. You know why? because yeshua bah kihereff ayin, and haavar ayin viha'asid adayin, vihahove kiheref ayin, da'agah minayin. So your'e gonna need all that gas so that when you turn on the truck again, your'e gonna take it next for a lonnnnnnnnnnnnnng

riiiiide. Until you get home.

Watch out though, durdaya-driving in ey is misuuuuuukan. and i heard that bards is around on a dinky little tooos toos. Those things are death traps-theyre always weaving in and out of traffic to get ahead. So just, when you pull your battleship back out of dockside into the sea, please make sure not to run down any little exubarent dudes on a toos toos, holding ice cream cones, cause its not gonna be pretty.

Have areally really really really good shabbos.

and if you dont see this till motz'sh, then have a really really good week it doesn't matter.

I drive one of those little green street cleaners you see around.

thinking of upgrading to an oscar meyer weiner mobile, waiting for hechsher from maaachpud.

tootaloo

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Re: Ki Nafalti , Gam Kamti

Posted by ben durdayah - 11 Feb 2011 11:46

Thanks for the petchel Tzaddik.

The blend of humor and straight talk is moiradik!

As far as Mah Shelibo Chafetz, I'll fill you in a different time on what my hechreiach is.

Erev Shabbos, gotta run,

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Re: Ki Nafalti , Gam Kamti
Posted by pinokio - 13 Feb 2011 13:58

im pretty sure durrdaya won't see this for a few hours-trying to suprise him.....he went to
meiiron to do the tikkunim...

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Re: Ki Nafalti , Gam Kamti
Posted by pinokio - 13 Feb 2011 14:00

some people's heads are in the clouds

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Re: Ki Nafalti , Gam Kamti
Posted by pinokio - 13 Feb 2011 14:01

DEENA DIMALCHISA DINA

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Re: Ki Nafalti , Gam Kamti
Posted by ben durdayah - 17 Feb 2011 12:26

Boy, have I been neglecting my thread for so long...

Hmmm....

I wonder if we could weave these cobwebs into a piece of cloth and make a bekeshe...

Wow!

That spider over there would make a cool shtreimel...

B"h doing okay.

Not counting days (even though b"h we're back in the double digits...), just minutes.

Have had a sore throat for the past couple of days, feeling a bit icchy but not too terrible.

To relax, I downloaded the MP-3 shiurim on which the book 'Da Es Atzmicha' is based (they're free).

I remember when the original green Bilvavi first came out- people had interesting reactions.

Personally I was very taken by the book, but when the effect wore off -chazzara didn't help recapture the original geshmak.

But these shiurim are really something else.

I feel like he's talking to me...

So I strongly recommend this series for anyone who tends to beat themselves over the head every time they fall.

That's all for now,

E. ben Durdayah

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Re: Ki Nafalti , Gam Kamti

Posted by ZemirosShabbos - 17 Feb 2011 18:28

great to hear you doing good reb EBD!

keep it up

Rav Moshe Weinberger said that klal yisrael has been waiting for the sefer Da Es Atzmecha since matan torah

and btw, at ravmosheweinberger.com you can get shiurim in the sefer also but they are not free

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Re: Ki Nafalti , Gam Kamti

Posted by pinokio - 20 Feb 2011 17:40

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Re: Ki Nafalti , Gam Kamti

Posted by ZemirosShabbos - 21 Feb 2011 06:28

[Note: During the introduction on Shabbos, Rebbe also said: "I believe that klal Yisrael (the Jewish nation) has been waiting for this sefer since Ma'amad Har Sina (receiving the Torah at Mount Sinai)"]

dixieyid.blogspot.com/2008/05/rav-moshe-weinberger-on-da-es-atzmecha.html

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Re: Ki Nafalti , Gam Kamti

Posted by ben durdayah - 24 Feb 2011 21:58

Just checking in here...

I'm in the rotten big wormy apple, in the United States of Obamastan America, and busy busy busy -but b"h talking to the RBSO about the nisyoinos as they happen, and trying to filter out the scenery...

KOT to all, and ah gitten Shabbos,

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