

Email to my sponsor

Posted by shteingguy - 30 Dec 2010 03:53

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This is an email I sent to my sponsor. I am in a SA group.

I didn't get a chance to call. I just wanted to let you know that I've been doing a lot of talking with God. Its so much more than just imagining letters. I realized that until now I've been getting thru with certain thoughts that I thought would get me thru. Like always smiling or constantly focusing on giving. Or concentrating on Hashem's name. It really wasn't complete surrender. I was still thinking there's a way for me to pull out of this. But then it falls apart. These past days were the first time in my life that I just let go. It was the real me. I felt like a scared little boy. I had so much fear that the other morning my 4 yr old walked up on me and I jumped. And I realize that I'm totally helpless. I cannot win this on my own. I have no more tricks up my sleeve. Its only going to be thru a miracle of God. And I don't all the sudden feel this Godly rush and become superman. I am who I am. It somehow works. And I have no idea how. It's literally thru God's grace. Sometimes I feel so empty. And I talk to God. Its him I really need. But its not going to be this dramatic turn around. I'm finally starting to learn that this is who I am. I am who I am and I can't stop. But He can. And it God who I really need to connect to.

Any more thoughts about surrendering to God would be appreciated.

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Re: Email to my sponsor

Posted by Eye.nonymous - 23 Jan 2011 21:07

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Oh, I thought you were saying that you were rejecting what they said because you didn't agree with it. I meant that you should discuss it with them, and eventually there's hope you'd come to understand them better and accept it.

But this is something completely different. If you're willing to just follow the program that's great.

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