

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri. I live in the Jerusalem area and I am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in Beis Medrash. While I have had success in my learning b'h, I have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the world's biggest hypocrite. It bothers me even more because I find sincerity and honesty of the utmost importance, and I have to stand and watch myself trample all over these traits. After several years of therapy I have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once I feel that they know me too well. I have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict (however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this: porn, masturbation, contact with a sexual girl, and, strangely enough, eating out at restaurants, but that we'll get to a different time. Anyway, there is one main girl, as there always is. We have had the weirdest on and off relationship, to say the least. The jealousy and overprotection I had with her is still a shock to me even. Anyway I'm tired so I shall continue this

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Re: Where I'm at

Posted by Momo - 29 Sep 2009 08:11

Uri,

I'm sorry you had a hard Y"K.

I was thinking of you erev Y"K and dovened for you on Y"K.

You can take a vacation from the forum, but you can't leave forever. You're part of our family,

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and family members don't leave for ever. It's like that hotel, once you check in, you can't leave.

Re: Where I'm at

Posted by jerusalemsexaddict - 29 Sep 2009 08:29

I told guard i was thinking of taking a break.

He said "Sure.Ok.Go.Rip our hearts out.No problem."

I told mom I was thinking of taking a break from the forum

She said "No,you're not."

So here I am.

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Re: Where I'm at

Posted by 7yipol - 29 Sep 2009 08:30

Wow, Uri you really outdid yourself with that post!

You just lifted that blindfold up another notch. Keep doing what you're doing and being yourself, and Hashem will remove the rest.

Let go and let G-d.

He is shepping such nachas from you - even the 'down' you. Perhaps *especially* the down you right now. Your outlook on everything *davka* when you are down is a measure of the real "naked" you. And what you wrote is as tahor as bitachon gets.

We must trust that the same Hashem who hugs us so often,
the same Hashem who led us here,
the same Hashem who brought us to this world,
the same Hashem who took us out of Egypt,
the same Hashem who gives us life each and every second,
the same Hashem who gave us GYE,

He is here.

And He will always be here.

And He has always been here.

And He will not leave.

No matter what.

And He is guiding us.

And He does not abandon us in the dark.

We just must call out to Him.

And we must have trust in Him.

And He will guide us.

Im truly honored to be a small part of your life.

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Re: Where I'm at

Posted by jerusalemsexaddict - 29 Sep 2009 08:34

[7Up wrote on 29 Sep 2009 08:30:](#)

Im truly honored to be a small part of your life.

Small part?

You're kidding right?

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Re: Where I'm at

Posted by 7yipol - 29 Sep 2009 08:46

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Re: Where I'm at

Posted by kanesher - 29 Sep 2009 09:12

[Uri wrote on 29 Sep 2009 07:40:](#)

rabbeinu,

dont worry.

its being taken care of.

-uri

btw whats with the tireh uri?

because you're tireh.
thank you for your concern

BTW what's with the Rabbeinu stuff?

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Re: Where I'm at
Posted by Sturggle - 29 Sep 2009 13:21

Uri,

I'm not sure what to write,

and there are many reasons for that.

I think that this is my first time

that I am seeing your thread

since before erev shabbos.

I think you might have a few punches coming your way,

ya know, that's how a big bro hugs and says "I love you",

well, this big bro anyway,

and only sometimes...,

when I'm not sure what else to do or say.

Mom,

Guard,

if we're fam,

:D ;D

You guys are the best!

wow, feeling the love,

Sturggle

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Re: Where I'm at

Posted by the.guard - 29 Sep 2009 14:37

Sturggle, don't feel left out, it's only cuz I had to tell Uri something about the "partner/sponsor" thingy that I called him.... I don't make calls to anyone, not even f-15s.

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Re: Where I'm at

Posted by kutan - 29 Sep 2009 15:02

;D

Just wanted to be the one to log in #1000 on Uri's thread

kutan

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Re: Where I'm at

Posted by jerusalemsexaddict - 29 Sep 2009 15:05

[kanesher wrote on 29 Sep 2009 09:12:](#)

[Uri wrote on 29 Sep 2009 07:40:](#)

:

rabbeinu,

dont worry.

its being taken care of.

-uri

btw whats with the tireh uri?

because you're tireh.

BTW what's with the Rabbeinu stuff?

because you're Rabbeinu

uch now i feel really bad :-[:-[

i hate having a conscience!

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Re: Where I'm at

Posted by kutan - 29 Sep 2009 15:18

Uri,

all yours. :D

(unless I decide to delete one of my old posts.... ;D)

very best,

kutan

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and sorry kutan but this is my thread.and i get the zechus to put the 1000th post

Re: Where I'm at

Posted by Sturggle - 29 Sep 2009 19:05

[guardureyes wrote on 29 Sep 2009 14:37:](#)

Sturggle, don't feel left out, it's only cuz I had to tell Uri something about the "partner/sponsor" thingy that I called him.... I don't make calls to anyone, not even f-15s.

oh, and me feeling left out is kind of a natural state of affairs for me

not so kashur to whats really going on

but i can be good at convincing myself otherwise

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Re: Where I'm at

Posted by letakain - 30 Sep 2009 03:47

uri, i loved that poem in ratm's thread

didn't know if i had permission to post there, though

but i thought it was super!

LOL!
and i thought it was an f-16...

one up for letakain!

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Re: Where I'm at

Posted by jerusalemsexaddict - 30 Sep 2009 23:34

Ever notice

Mr October-Mar Cheshvan

interesting,eh?

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