

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

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To whom it may concern,

My name is Uri.I live in the jerusalem area and i am a sex and love addict.This took me a long time to come to terms with,to say the least.But that we'll get to in a second.

I am finishing now my third year in beis medrash.While i have had success in my learning b'h,i have a source of shame and anguish that has caused me great depression on a constant basis.I lived (live really) two lives;my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim.And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts.I feel like the worlds biggest hypocrite.It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits.After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place.I have major issues in getting close to people and keeping friends once i feel that they know me too well.i have a hard time sitting by myself due to my uncomfotability of sitting with a unsatiabile sex addict(however ironic that might sound).The need creeps up all too often,followed by a crazy need to satisfy it.There are several paths to this:porn,masturbation,contact with a sexual girl,and, strangely enough,eating out at restaurants,but that well get to a diff time.Anyway,there is one main girl,as there always is.we have had the weirdest on and off relationship,to say the least.the jealousy and overprotection i had with her is still a shock to me even.anyway im tired so i shall continue this

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Re: Where I'm at

Posted by the.guard - 15 Sep 2009 21:29

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For Uri:

[www.chabad.org/multimedia/kabbala\\_toons/default\\_cdo/aid/621790/jewish/Sky-Diving.htm](http://www.chabad.org/multimedia/kabbala_toons/default_cdo/aid/621790/jewish/Sky-Diving.htm)

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Re: Where I'm at

Posted by TrYiNg - 16 Sep 2009 01:15

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Heilige uri,

I jst read your long post. Your pain is searing through my heart. I was amazed by ur strength to call for help. Anotr thing that struck me , was your self awareness. You knew exactly what and

btw, I was thinking about that rollercoaster the last time I was slipping and started writing a poem, maybe I'll finish it for you.

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why you were doing it. Thats the first step. I think the surgery is doing you good

Re: Where I'm at  
Posted by habib613 - 16 Sep 2009 03:32

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uri, i know this may not mean much,  
but if you knew how much you've impacted my life with your songs,  
i think you'd never ever think of suicide ever again.  
cuz literally, i don't think i've gone a day without using your song to ground me in reality.  
i listen to your songs in the morning when i wake up,  
on the bus  
on the train  
walking around  
on the train again  
on the bus again  
and sometimes before i go to bed.  
because they really help to "keep my yetzer at bay"  
thank you, mikol halev,  
habib

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Re: Where I'm at

Posted by Efshar Letaken - 16 Sep 2009 04:15

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Nishmas,

You get a Bardichever Gavaaaaaaaaaldig!you make some solid points there. Its like you are here for yrs. already! Very Heimish!

Keep them coming! I see another star in our midst.

Welcome

E.L.

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Re: Where I'm at

Posted by jerusalemsexaddict - 16 Sep 2009 04:19

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guys im so sorry i havent been posting

so many beautiful posts

i am crying tears of joy

i have very intense fever

ive been drifting in and out of conciousness for the past 15 hours or so

im heading to the doctor again soon

iy'h with Hashem's help i will recover and start posting again

just now im too tired

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Re: Where I'm at

Posted by habib613 - 16 Sep 2009 04:27

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refuah sheleima

refuah shelaima

don't be sick

get well quick!

refuah sheleima

refuah shelaima

don't be sick

get well quick!

-courtesy of one of my cutie pies

feel better!

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Re: Where I'm at

Posted by Momo - 16 Sep 2009 04:59

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Refua shleima!

Let the fever burn the Y"H away!

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Re: Where I'm at  
Posted by TrYiNg - 16 Sep 2009 08:53

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Have a refuah sheleima

Thats what we do say...

Refuah Sheleimaaaaah-

(Uncle moishy to the rescue ;D)

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Re: Where I'm at  
Posted by Kedusha - 16 Sep 2009 11:22

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Refuah Sheleima, Uri!

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oh, get well right away  
Re: Where I'm at  
Posted by letakain - 16 Sep 2009 11:36

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[habib613 wrote on 16 Sep 2009 03:32:](#)

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i listen to your songs in the morning when i wake up,

on the bus

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walking around

on the train again

on the bus again

and sometimes before i go to bed.

because they really help to "keep my yetzer at bay"

thank you, mikol halev,

habib

yesterday, i was sad and she just walked up to me and said "here." and handed me her ipod. I started smiling! i couldn't help it!

GET WELL SOON, URI!

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Re: Where I'm at

Posted by yechidah - 16 Sep 2009 14:29

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Uri

Refuah Shlaimah

Take care of yourself and get well soon

we need you to be healthy and well.

a tiny hole in the body is a large hole in the soul

so please take care of both

in not for your sake, then for ours

B'Ahavah Rabbah

yechida

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Re: Where I'm at

Posted by jerusalemsexaddict - 16 Sep 2009 14:35

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k guys i was gonna put a wholepost but now my head is really hurting me and i cant think

sorry

maybe later

thanks for all the get well messages

i love you guys (and girls.u can tell ur sister u love them,yea?)

-uri

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Re: Where I'm at

Posted by nishmas - 16 Sep 2009 14:58

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[Efshar Letaken wrote on 16 Sep 2009 04:15:](#)

Nishmas,

You get a Bardichever Gavaaaaaaaaaldig!you make some solid points there. Its like you are here for yrs. already! Very Heimish!

Keep them coming! I see another star in our midst.

Welcome

E.L.

Efshar Letakin,

Thanks for your encouragement. It really does help. I've read some of your other posts. You are genuine and sincere and have a good sense of humor, too. Very smooth and slick (in a good way, of course) and on target. Your tidbits of chizuk here and there are very UPLIFTING. THANKS!

And URI,



REFUAH SHELAIMA! Get lots of rest. Kesiva VaChasima Tovah!!

Nishmas

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Re: Where I'm at

Posted by jerusalemsexaddict - 16 Sep 2009 16:42

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Ok im really not feeling well, but i simply had to sign on and post

I was just laying on the couch lost in my dizziness and fever when my sister walked up to me and reached out for a hug.

5 years old, adorable, puppy eyes, very kissable...

I instinctively reached to hug her but i stopped myself.

I dont want to get her sick...

And it was so so frustrating, my friends, let me tell you

I just wanted to be able to hug her

to share some love...

some warmth...

to hold her...

and i couldnt.

sooo frustrating.

And I thought of our Tante in Shamayim....

He so badly wants to hug us all day all night...

To share with us His love for us....

His warmth.....

But sometimes we resist.

Can you imagine His frustration and His pent-up love?!

Let's just let Him smother us with hugs, okay chevre?

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