

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

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To whom it may concern,

My name is Uri.I live in the jerusalem area and i am a sex and love addict.This took me a long time to come to terms with,to say the least.But that we'll get to in a second.

I am finishing now my third year in beis medrash.While i have had success in my learning b'h,i have a source of shame and anguish that has caused me great depression on a constant basis.I lived (live really) two lives;my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim.And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts.I feel like the worlds biggest hypocrite.It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits.After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place.I have major issues in getting close to people and keeping friends once i feel that they know me too well.i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict(however ironic that might sound).The need creeps up all too often,followed by a crazy need to satisfy it.There are several paths to this:porn,masturbation,contact with a sexual girl,and, strangely enough,eating out at restaurants,but that well get to a diff time.Anyway,there is one main girl,as there always is.we have had the weirdest on and off relationship,to say the least.the jealousy and overprotection i had with her is still a shock to me even.anyway im tired so i shall continue this

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Re: Where I'm at

Posted by battleworn - 08 Sep 2009 10:45

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No it wasn't me, but I can call you in a couple of minutes

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Re: Where I'm at

Posted by jerusalemsexaddict - 08 Sep 2009 10:46

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what are u guys going crazy about?

ur making it sound like im about to commit suicide

its just masturbation and porn?

in a bit it will be over

its not like i havent been here before

im 0 days clean!!!!

0!!!!!!

0!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

whats the fuss??!!!!

momo go back to work!!11

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Re: Where I'm at  
Posted by Momo - 08 Sep 2009 10:47

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It's spiritual suicide.

I'm not working until we talk first.

Pick up the DA\*MN phone!

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Re: Where I'm at  
Posted by Momo - 08 Sep 2009 10:51

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I got through to Uri.

We made a deal. He'll leave the room NOW and go for a walk to cool off if I go back to work.

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Re: Where I'm at

Posted by TrYiNg - 08 Sep 2009 10:57

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great momo.

Uri, on your walk remember that you have a sis someplace thats cheering and clapping her head off..

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Re: Where I'm at

Posted by Momo - 08 Sep 2009 11:03

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Uri,

I really went back to work, and I'll continue in a minute, but I have to write this.

After you return from your walk, if your computer is on and you are reading this, I recommend you turn off your computer immediately, and leave it off until tomorrow. Don't worry about posting here. Sleep it off and you'll feel much better tomorrow. Even though I'm sure the walk helped, I am also sure that the Y"H is still hiding under the surface waiting for an excuse to pop up.

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Re: Where I'm at

Posted by Momo - 08 Sep 2009 11:18

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I just wanted to update everyone. Uri called me. He went for a walk (hurray, I'm proud of you Uri for taking my advice!).

His computer is off, and he's going to spend most of the afternoon/night in a very kosher place away from his computer, so he most likely won't be posting until tomorrow. So, don't worry if he doesn't post until tomorrow.

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Re: Where I'm at  
He's doing alright - 08 Sep 2009 11:22

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Re: Where I'm at  
Posted by battleworn - 08 Sep 2009 11:25

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Momo you're the very very best! If this is what it means to be "not normal" then you better reconsider wanting to be normal!

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Re: Where I'm at  
Posted by hoping - 08 Sep 2009 11:25

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Momo-

You are a Tzadik. ???????? ????? ?? ??? ?????.

Looks like G-d appreciates your growth a lot more than you (or I) do!

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Re: Where I'm at

Posted by chl - 08 Sep 2009 12:30

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bs"d

Uri, i hope you feel better!

Momo, yesher koach!

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Re: Where I'm at

Posted by battleworn - 08 Sep 2009 13:00

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Uri, now let's get down to business. You dread meeting Hashem on Rosh Hashana when He is kaviyochol sitting on the throne of judgement. I have always found that the plain truth is the answer to all my problems.

If we can understand what it all means, our attitude will change completely.

Why does Hashem judge us on R"H? Are we that important to Him?

We know that Hashem had a very grand plan. A plan whereby Hashem can share His infinite goodness with others. (BTW I strongly suggest that you learn either Derech Hashem or Daas Tevunos) So He created this world and on R'H He created Man. Man's job is to help bring the grand plan to fruition and also to be the ultimate recipient of that infinite goodness.

So once a year Hashem calls in all His agents for a reassessment of their job. He asks us "So what missions have you accomplished so far? What missions can we give you for the next year? What provisions do you need for next year's missions?"

WE'RE ON THE SAME TEAM AS HASHEM!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!! And this is our opportunity to discuss our successes and all, with Hashem! **It was last R"H when Hashem said to you "Yes you're right you're mission is impossible without some really heavy weaponry, so you'll get the GYE bomb!"**

That's what it's all about! (If someone forgets that he has a job to do, then Hashem might prescribe shock therapy for him. B'H you don't need anything like that)

We just have to get rid of our immature image off Hashem and realize the simple truth that Hashem is All Good. period.

Chazal tell us: ??? (my light)-?? ??? ????

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Re: Where I'm at

Posted by yechidah - 08 Sep 2009 13:28

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Uri is a very high neshoma

We know it but Uri doesn't.

Uri hasn't seen himself yet.

but with our davening and with some effort from Uri,he will,he will

and when he finally meets himself,what he really is,things will get alot easier

Why is it that the last person that someone knows is usually himself or herself?

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Re: Where I'm at

Posted by letakain - 08 Sep 2009 13:32

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Uri, i literally was hyperventilating reading your posts! i had tears in my eyes! I AM SO PROUD THAT YOU WENT FOR THAT WALK! Hashem is smiling down from heaven and we're all glowing with pride!

You are not 0 days clean- you are away from the computer RIGHT NOW and that's what's important! every individual minute!

We're cheering you on!!!!!! the whole day!!!!!!!!!!!!!! always!!!!!!!!!! you can do it this minute!!!!!!!!!!!!!!

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