

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

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To whom it may concern,

My name is Uri. I live in the Jerusalem area and I am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in Beis Medrash. While I have had success in my learning b'h, I have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the world's biggest hypocrite. It bothers me even more because I find sincerity and honesty of the utmost importance, and I have to stand and watch myself trample all over these traits. After several years of therapy I have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once I feel that they know me too well. I have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict (however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this: porn, masturbation, contact with a sexual girl, and, strangely enough, eating out at restaurants, but that we'll get to a different time. Anyway, there is one main girl, as there always is. We have had the weirdest on and off relationship, to say the least. The jealousy and overprotection I had with her is still a shock to me even. Anyway I'm tired so I shall continue this

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Re: Where I'm at

Posted by battleworn - 06 Sep 2009 12:22

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Listen. I don't know if you want me to talk to you or not. You're probably sick of me by now, and you are trying to get me to go away. But no matter how hard you push, I will keep reaching for you. You can't get rid of me, not the yetzer hara not the Satan, no one. I will not stop reaching for you to hold me."

Holy holy Uri, you outdid yourself this time. This is by far the greatest and most powerful form of Teshuva and Tefila! The Gemorah says that the king Menasheh was such a bad rashah that he really couldn't do Teshuva according to the normal rules. But when he did teshuva ANYWAY, Hashem "dug a tunnel" for him to return through. In other words this kind of attitude - that I don't

care about anything; I want Hashem or BUST, has the power to create a new metzius that didn't exist before.

In fact R' Tzadok (Tzdkas Hatzadik 46) says that this is the avodah of our generations (the last ones before Moshiach). He says that this is the deeper meaning of "????? ?????" - that even when Hashem pushes us away, we still insist on coming close. That's THE way to bring Moshiach. **It's thoroughly amazing to see this happening in such a perfect way!!!**

Dearest Uri, all those guys that are learning their heads off in Yeshiva, getting ready for Rosh Hashonah, they're great - Hashem loves them - they're doing wonderful things, kol hakovod to them. But it's people like YOU that Moshiach has been waiting for. PEOPLE WHO FIND HASHEM IN THE DARKEST OF THE DARK; PEOPLE WHO AFTER BEING ROBBED OF ALL THEIR KEDUSHA AND THROWN IN TO THE VERY DEPTHS OF TUMAH UNTIL THEY CAN'T EVEN GET THEMSELVES TO PUT ON TEFILIN, THEY **JUST WON'T GIVE UP! THEY JUST WON'T BUDGE! THEY SAY "no matter how hard you push,I will keep reaching for You.You cant get rid of me,not the yetzer hara not the satan,noone.I will not stop reaching for you to hold me"**

I'm so full of awe and emotion that I poshut can't think straight anymore. ....

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Re: Where I'm at

Posted by habib613 - 06 Sep 2009 12:43

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[TrYiNg wrote on 06 Sep 2009 11:01:](#)

G'luck in everything you do!

now- uri, if mom thinks it's better if you don't post on our threads, maybe it's better if i don't post  
hey are you blaming me?!!?!?!?  
on yours- unless mom or someone else older or wiser than me tells me it's ok.

so this is goodbye for now. BUT- i think that you are such an amazing person. it's like Hashem sends the YH to target you davka because He knows how great you can be.

and your kabbalas shabbos, and your tefilla at the kotel prove that.

and really- Hashem never ever pushes us away. He **wants** our tefilos.

so when you hear that voice inside that's telling you not to daven, you tell him off, and tell him that habib said that he's a lowlife and a scoundrel to try to stop uri from davening.

I'm not a talmid chacham, so i don't have a dvar torah up my sleeve (although i must say that the ones posted here in the past few hours are some of the most powerful ones on techuva i have ever seen)

i think that i'm basically reiterating what everyone says, but that's only because we all see what you can't.

you are a good boy

you fight your YH

so he wins some

he loses more

and the more you struggle

the more you grow

the more you let Hashem into your life

the more you'll see Him around

the YH is really crafty, and sometimes we don't even see him coming, until he's already upon us and eating our raw neshama-flesh, like a wolf. but Hashem does see him, and He helps us- when we let Him.

Hatzlacha rabba

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Re: Where I'm at

Posted by letakain - 06 Sep 2009 14:24

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FINALLY! the computer's free and noone's in the room! I want to say so much! First of all, i thought of you so much uri from the second shabbos started, uri uri shir dabeiri..., i davened when i felt weak for you and everyone to be strong to make me strong!

i could not believe the chazzan story! it was unbelievable that hashem sent that to you!

every time you get up you make me smile! any time you fell you made me cry and every time you davened you lifted me closer to my abba in shamayim!

Thanks!

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Re: Where I'm at

Posted by jerusalemsexaddict - 06 Sep 2009 19:32

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I will post in a bit.im in the middle of a few stuff.

i will jsut say for my sisters that its completely cool for you to post on my thread.with such bright

i am not posting in your threads for a bit because i am a flirt by nature (i know what youre  
)

but yea id like for u guys to keep posting onmy thread as long as we keep it serious for the time being.

im still not sure where i stand on the issue,but mom has decided and kibbud av vaim is one of the big ten.

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Re: Where I'm at

Posted by bardichev - 06 Sep 2009 19:39

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URI I DONT KNOW IF THIS HELPS

BUT...

I THINK I KNOW WHY YOU ARE ON THE YH's WANTED LIST

YOU ARE ONE SHTIKK NESHAMA!!!

YOU CAN WRITE WHAT PEOPLE FEEL MAYBE ON YOM KIPPUR

MAYBE BY NEILLAH

URI

HOLD ON LET THE NESHAMA GLOW!!!!!!

And I cried.

I just want to learn without going crazy inside.

I want to be able to daven without feeling this deep guilt.

I want to be a holy home among klal yisrael.

I want to have a pure marriage.

I don't want this anymore.

Is this too much to ask for??!!

GEVALDIGGGGGGGGGGGGGGGGGGGGGGG IN ALL 64 CRAYOLA COLORS

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Re: Where I'm at

Posted by habib613 - 06 Sep 2009 19:41

wait did mom say it was ok for us too post here? cuz i listen to mom.

or is it your opinion that we can stay more on-topic on your thread as opposed to mine?

just asking?

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Re: Where I'm at

Posted by jerusalemsexaddict - 06 Sep 2009 19:46

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she said u could post here as long as its on topic

why dont u email her about it?i see youve been going back and forth also about it

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Re: Where I'm at

Posted by jerusalemsexaddict - 06 Sep 2009 20:42

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K i have so much to say both in response to the replies and just in general but i am really tired and i am heading to bed iy'h.hopefullyill pass out right away.

-uri

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Re: Where I'm at

Posted by bardichev - 06 Sep 2009 21:18

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LAYLAA TOVV

WITH URI SLEEPING

WE NEED ANEW CHAZZAN FOR MINCHA!!

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nigh everyone  
Re: Where I'm at

Posted by Dov - 06 Sep 2009 21:21

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Where I come from, that's the only kind of chazan I can keep up with! ;D

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Re: Where I'm at

Posted by Sturggle - 06 Sep 2009 21:28

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LOL!! ;D ;D

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Re: Where I'm at

Posted by jerusalemsexaddict - 07 Sep 2009 08:43

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its been a little easier the last few days thank G-d

i have a mroe complete schedule set up

a very smart psychologist i had contact with told me that until i move out of my house im not gonna get anywhere.

but where can i live?

i have no job,no money,no experience.

a had a long discussion with a friend last night about life.

we were discussing lifes ups and downs and how they take up our full view.

people compare our pain to a surgery to remove a cancer or something and then afterwards it feels better.

but its not comparison!!!!

first of all,emotional pain is much harder to bear sometimes.



second of all,how long does that last until u feel better?a month?two months?a year even?

our pain has been going on too too long and its hard to see an end to it in sight.

our pain fills up our vision.blurred by tears.

right now im feeling okay,but honestly how long can it possibly last?

how long do we have to stay on this crazy roller coaster for?

-uri

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Re: Where I'm at

Posted by jerusalemsexaddict - 07 Sep 2009 09:30

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And where does depression fit into it all?

I suffer pretty strongly from frequent depression.

wishing everyone a good day.

Are we depressed because of our emptiness or does our depression make us feel empty?

And what can we do about it,practically?

Cause at least for me personally,its my number one cause of falling.

Any ideas?

-uri

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Re: Where I'm at

Posted by Sturggle - 07 Sep 2009 09:49

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take a walk...

grab a beer...

sound familiar?

maybe count your blessings...

maybe count mine... (re:dov's post to coby in im about to fall)

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maybe get together with some friends...