

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri. I live in the Jerusalem area and I am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in Beis Medrash. While I have had success in my learning b'h, I have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the world's biggest hypocrite. It bothers me even more because I find sincerity and honesty of the utmost importance, and I have to stand and watch myself trample all over these traits. After several years of therapy I have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once I feel that they know me too well. I have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict (however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this: porn, masturbation, contact with a sexual girl, and, strangely enough, eating out at restaurants, but that we'll get to a different time. Anyway, there is one main girl, as there always is. We have had the weirdest on and off relationship, to say the least. The jealousy and overprotection I had with her is still a shock to me even. Anyway I'm tired so I shall continue this

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Re: Where I'm at

Posted by jerusalemsexaddict - 01 Sep 2009 19:32

btw that reminds me.

for all the newbies on my thread, have you voted on the above poll??

were trying to collect 100,000 votes, so please vote YES to Chulent.

thank you

uri

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Re: Where I'm at

Posted by bardichev - 01 Sep 2009 19:44

HEY URI

I KNOW YOU WILL CALL ME NAMES

TOO BAD ON ON ME

NOT IMPRESSED :'(

SORRY JUST TRYING TO KEEP THIS FORUM A BIT "CLASSY"

WE ALL HERE HAVE BEEN ABLE TO EPRESS OUR FEELINGS

WITHOUT TALKING SO BLUNT

SORRY AGAIN

I MIGHT BE FROM AN OLDER GENERATION (15 YEAR DIFF.) SP MAYBE I AM NUTS

I STILL LOVE YOU

b

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Re: Where I'm at

Posted by jerusalemsexaddict - 01 Sep 2009 19:48

k i modified my post

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Re: Where I'm at

Posted by Sturggle - 01 Sep 2009 19:50

such a tzaddik'l uri

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Re: Where I'm at

Posted by jerusalemsexaddict - 01 Sep 2009 19:52

no youre the tzaddik'le mamesh gevaldigge heilege yiddele struggle

voos machte yid?

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Re: Where I'm at

Posted by the.guard - 01 Sep 2009 19:54

I saw the post... Women tend to desire the emotional lust, while men are more effected by what they see. That's just in general. That's why women tend more to SLAA while men end more to SA groups. But a man who is missing a lot of the emotional part of relationships due to a difficult upbringing, may also tend more to the SLAA... Many of the groups are mixed. It's not black and white for anyone.

As far as Yeshiva goes, why not join a Yeshiva that goes easier on the learning and spends time on hiking, touring and activities as well... It's not all or nothing. EVER. Remember that.

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Re: Where I'm at

Posted by Sturggle - 01 Sep 2009 19:55

[Uri wrote on 01 Sep 2009 19:52:](#)

no youre the tzaddik'le mamesh gevaldigge heilege yiddele struggle

voos machte yid?

bsiyata dishmaya the internet is crashing down,

gmail is failing, skype is... working?!

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Re: Where I'm at

Posted by the.guard - 01 Sep 2009 19:55

I know, I can't access gmail. What's going on??? I have an important e-mail there from Mr. B that I saw only the title, but it won't let me open it.

What Mr. B? You say "never mind"? Oh, ok.

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Re: Where I'm at

Posted by habib613 - 01 Sep 2009 19:56

[Uri wrote on 01 Sep 2009 19:19:](#)

i dont mean to contradict the heilege guard but i must say that i do not fuilly agree wih his statement.

our generation has mastered the external actions.we can do anything without letting it affect our inside.been there,done that.

you are right. people can go through their routine, smile, and laugh, and then go home and watch ten hours of p***. those people were acting normal **because they didn't want anyone to suspect them.** if you act normal because you want to be normal, because you want to get to the point where you are normal, well, that's entirely different. and that CAN lead to a change in your thought process. and when i say normal, i really just mean lust-free. sorry.

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Re: Where I'm at
Posted by Sturggle - 01 Sep 2009 19:58

[guardureyes wrote on 01 Sep 2009 19:54:](#)

As far as Yeshiva goes, why not join a Yeshiva that goes easier on the learning and spends time on hiking, touring and activities as well... It's not all or nothing. EVER. Remember that.

such an emes. so hard to grasp and internalize...

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Re: Where I'm at

Posted by jerusalemsexaddict - 01 Sep 2009 19:59

[guardureyes wrote on 01 Sep 2009 19:54:](#)

I saw the post... Women tend to desire the emotional lust, while men are more effected by what they see. That's just in general. That's why women tend more to SLAA while men end more to SA groups. But a man who is missing a lot of the emotional part of relationships due to a difficult upbringing, may also tend more to the SLAA... Many of the groups are mixed. It's not black and white for anyone.

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i am most definetly not not stoping my learning.chas veshalom!i cant imagine what my life would be without torah oy!Just i will not be in yeshiva full time.

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Re: Where I'm at

Posted by Dov - 01 Sep 2009 20:07

[Uri wrote on 01 Sep 2009 19:19:](#)

i know i just crossed a line

...stories....movies...i personally struggle with both.

NOW COME JOIN US FOR MINCHA

MAYBE YOU "GEI TZEEE" TO THE AMUD

b

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Re: Where I'm at

Posted by jerusalemsexaddict - 01 Sep 2009 20:14

[dov wrote on 01 Sep 2009 20:07:](#)

[Uri wrote on 01 Sep 2009 19:19:](#)

i know i just crossed a line

I will be leaving yeshiva for a bit

Hatzlocha Rabba in whatever you do. Hashem is with you. Maybe it's what you need but it seems you are taking action (chesed) rather than sticking with cerebralism (as many of us end up unfortunately doing in yeshiva), as Guard suggested, after all. But there is no geographic solution, you know...

Love,

Dov

being a thinker might not be best for me right now.im gonna try to be a doer for the next bit

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hey i took that line out!why are u guys beating up on me