

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri. I live in the jerusalem area and i am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in beis medrash. While i have had success in my learning b'h, i have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the world's biggest hypocrite. It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits. After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once i feel that they know me too well. i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict (however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this: porn, masturbation, contact with a sexual girl, and, strangely enough, eating out at restaurants, but that we'll get to a diff time. Anyway, there is one main girl, as there always is. we have had the weirdest on and off relationship, to say the least. the jealousy and overprotection i had with her is still a shock to me even. anyway im tired so i shall continue this

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Re: Where I'm at

Posted by Sturggle - 16 Aug 2009 08:23

btw, just wanted to point out that cholent is rockin'!! and it's been a while since someone voted, i'm tempted to put in a second voice, but that's not fair now, is it?

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Re: Where I'm at

Posted by chl - 16 Aug 2009 08:27

bs"d

[TrYiNg wrote on 16 Aug 2009 08:16:](#)

:D :D :D brings back memories... echoes from the past... 8)

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Anyway, none of my friends' moms tell them when to go to sleep >

Re: Where I'm at

Posted by 7yipol - 16 Aug 2009 08:31

Anyway, none of my friends' moms tell them when to go to sleep

In that case, not all of them are lucky enough to have a mom who cares so much about them !

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Re: Where I'm at

Posted by jerusalemsexaddict - 16 Aug 2009 10:37

hey people i made it out ok my keyboard is akting funny so ill write more later,iy'h as soon as i get another komputer

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Re: Where I'm at

Posted by Sturggle - 16 Aug 2009 10:43

Uri,

looking forward. have a great day!! oh, and cholent is up to 12...

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Re: Where I'm at

Posted by jerusalemsexaddict - 16 Aug 2009 11:18

allright so last night.i had a stressful shabbos at home with my father and a very boring non eventful sat night to relax me.so i came home around 1 30 and the computer was just sitting there.this is the one in my family room whose k9 password i know(i set it and thoght my father would change but he didnt get around to it).and i was thinking uch nothing can get me a better frame of mind than a little impulsive acting out.

but i first had to notify the oylam.

noone was on,but i think just my contact with the site brought me to my senses for a moment.i ran to get my guitar and my mp3 and headed to get the keys.they werent there!uch!they must be in my parents room and they were of corse sleeping.what am i gonna do now.

i ened up going to my room and sat listening to the songs i wrote for a couple hours.i was worried that the close proximity to my computer might be dangerous but thank g-d i made it.

i was scared to go back online to post about my not falling,but i am posting now.

you guys are amazing!i really love you all so much.the care and concern is so refreshing in this selfish world we live in.may this love bring moshiach speedily in our days!!amen!

Baruch hashem.im waiting for 10,000ish so it might be a while

Uri

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Re: Where I'm at

Posted by TrYiNg - 16 Aug 2009 11:25

You're gr8! I don't know how you're so **strong**!!!! -proud sis

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Re: Where I'm at

Posted by jerusalemsexaddict - 16 Aug 2009 11:31

im not.believe me.

and tom,what kind of ridiculous??i always make it??theres a reason im only on 6 days.

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Re: Where I'm at

Posted by 7yipol - 16 Aug 2009 11:40

I hope this doesnt make anyone else jealous, but Ive just got to say it anyway.

Uri; you are my inspiration on this site of inspirational neshamas. The more I get to know you, the more I am in awe at the depth hiding in there.

Its not my place to say this; but I honestly believe that you have a unique and very important tafkid in this oilam. And Im scared for you. You see; the yh knows this too, and he is not going to relinquish his grip easily. Everyone here knows you have the strength to hold out; everyone except you. Youre journey is one too many kids can relate to, and you must get yourself to a point where someday you will be able to reach out to this dor and save neshamas.

Not only *can* you, but you *must*. For Klal Yisraels sake

(But dont get overwhelmed; we'll be holding on too you throughout - not a chance we're not going to grab a bit of that kavod in shamayim by association at least!!!)

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Re: Where I'm at
Posted by TrYiNg - 16 Aug 2009 11:42

6 days is 518,400 secs.(if I calculated correctly...)

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Re: Where I'm at
Posted by 7yipol - 16 Aug 2009 11:45

Uri, I keep forgetting to comment on your great signature quotes :D :D

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Re: Where I'm at
Posted by jerusalemsexaddict - 16 Aug 2009 12:03

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Re: Where I'm at
Posted by 7yipol - 16 Aug 2009 12:21

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Re: Where I'm at
Posted by Sturggle - 16 Aug 2009 14:06

Uri,

You truly are an inspiration. Your will for holding back and your ability to find the right things to do to keep the Y"H at bay are something to behold. Six days shmix days. You know well enough that it is not that count that is the most important in this war. Keep your head on straight and keep at it.

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