

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri. I live in the jerusalem area and i am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in beis medrash. While i have had success in my learning b'h, i have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the world's biggest hypocrite. It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits. After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once i feel that they know me too well. i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict (however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this: porn, masturbation, contact with a sexual girl, and, strangely enough, eating out at restaurants, but that we'll get to a diff time. Anyway, there is one main girl, as there always is. we have had the weirdest on and off relationship, to say the least. the jealousy and overprotection i had with her is still a shock to me even. anyway im tired so i shall continue this

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Re: Where I'm at

Posted by TrYiNg - 13 Aug 2009 13:27

[kutan shel hachabura wrote on 13 Aug 2009 13:22:](#)

Oh dear, TrYiNg. I used to have those too when I was your age.

Do you like coffee?

ur kidding? I LIVE on it

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Re: Where I'm at

Posted by Dov - 13 Aug 2009 15:06

[Uri \(JA\) wrote on 13 Aug 2009 09:10:](#)

[guardureyes wrote on 12 Aug 2009 22:57:](#)

Uri, my wife and kids were in the zoo today too! really.

They told me they saw someone with a guitar and a shining face walking around in the cage of lions without fear... Was that you?

No it wasnt me,but i saw the guy too,and i informed security.turns out that the guy was on exctasy and was immediately sent to rehab. -uri

Nu, what's so bad about a chassidishe yid having some ecstasy once in a while? Am I missing something?

(;D just kidding ;D)

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Re: Where I'm at

Posted by bardichev - 13 Aug 2009 15:36

rebberebber=dov

chassidus IS ecstasy

yes many confuse it with kugel driving big Denalis wearing "sheefa tashen"

no no no this is just some of the side shows

chassidud IS ecstasy

It catapults a person to a level higher than the mundane

at that poin he or she is not pulled down by gravity!!

chassidus gives one the good feeling in accomplishing one role in life

that feeling can hit the YH further than #44 ever hit a kniedel

and there is no need to wait till October

see the tifers shloma in the EN

V.atta right now

hairpin turn at 75MPH!!!

b

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Re: Where I'm at

Posted by Ykv_schwartz - 13 Aug 2009 15:43

Bardichev,

I am getting chest pains from laughter. You gotta stop. ;D

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Re: Where I'm at

Posted by bardichev - 13 Aug 2009 15:59

ykv talk about chest pains!!!

I have to get in shape It is almost simchas Torah and all those hakafos!!

I am the REAL MR.OCTOBER!!!

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Re: Where I'm at

Posted by habib613 - 13 Aug 2009 16:19

i'm loling while rolling on the floor right now :D :D :D

but seriously, Uri, i don't know what to tell you.

did you try deleting her number from your phone, deleting her email address from your computer, telling your family not to talk about her?

i know that the pull is really strong, but once you have no way of contacting her would that help at all?

or what if you just said that you would never be beyichud. make that your kabbala, and then you wont be able to do anything, right?

whatever you do- Hatzlacha rabba, and may Hashem give you the clarity to do what is right.

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Re: Where I'm at

Posted by kutan - 13 Aug 2009 16:29

Mr. B, You definitely had your coffees today.

i MUST find a way to log onto GYE during the weekends in the country.

k

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Re: Where I'm at

Posted by bardichev - 13 Aug 2009 16:32

graddeh i went straight for my doctor peppr (sorry 7up)

i will soon have toe-ah -meh- hooo (or HUH)

same thing hoo is with kishke

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Re: Where I'm at

Posted by Dov - 13 Aug 2009 17:02

Dear Reb b:

A groisen dahnk tzu dier, rebbe. Tzu dier, in Fahr Vus? Mahne vahb ut gezogt tzu mier, ohz iz a
) , yeider yohr.

Whew! that was tough! What I was trying to say is that I owe you and GYE a lot, for something it
never *occurred to me* would happen:

My wife told me a few days ago that life with me has become more pleasant over the past few
months, especially. She said that I am not so darn serious all the time! Imaging that! Me serious!
Haha ha. Anyhow, I obviously tend to the overserious side and I believe you more that anyone
else here has helped me chill.

May the MeKorr of all Simcha (and appropriate chilling!) bless you in every way, rebbe!

NNSAMD!

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Re: Where I'm at

Posted by yechidah - 13 Aug 2009 17:24

Dov,

I must say I admire you greatly.and what I wanted you ask you for a long time was this question.All of us here,including myself try to be honest with ourselves and stare at our faults without flinching and do what we can to improve.

But you are the most brutally person here.You may not feel this way but to me, your courage is absolutely amazing.How most of us would try to block out the dark areas of our lives and try to flee from it or bury it or not deal with it head on and yet you bravely talk about all your struggles in a very open way and help alot of people with your brutally honest assessment of yourself.How do you do this?

I know I strive to see myself as I really am,with all the ugly things included,yet I am very far from having those pure clear lenses that have no rosy or colored tint to it at all,the ones you have, Dov, are crystal clear.I sometime fail both by underestimating or overestimating myself at different times causing myself alot of grief

Dov,this honesty that you have is something that you should feel good about.You have earned it.It is your privilege.It is a badge of honor that you could carry and it will not harm you.and that is one most important thing I can learn from you.I try very hard to do this but very often I fall short

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Re: Where I'm at

Posted by Efshar Letaken - 13 Aug 2009 18:10

[Uri \(JA\) wrote on 13 Aug 2009 13:00:](#)

efshar- :-[is it not written the evil of embarrassing one in public?

Uri,

guard posted another song.check it out

Was that meant for me? ???

I don't know why no one has mentioned this but why not Marry the Girl?

If your in Love & she's Frum then why not?

It wont be the first or the last.

Ben Shmonei Esrei L'Chupah! you are Ripe, ready & may I say mature enough to get married.

E.L.

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Re: Where I'm at

Posted by kutan - 13 Aug 2009 18:11

E. L.,

I wonder if you'd get shadchanus...

K

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Re: Where I'm at

Posted by Efshar Letaken - 13 Aug 2009 18:22

All money from shadchonus goes directly to GYE.

E.L.

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Re: Where I'm at

Posted by Ykv_schwartz - 13 Aug 2009 18:26

[Efshar Letaken wrote on 13 Aug 2009 18:10:](#)

I don't know why no one has mentioned this but why not Marry the Girl?

If your in Love & she's Frum then why not?

It wont be the first or the last.

I was thinking the same thing. I just didn't have the guts to say so. I was afraid of being criticized. Thanks E.L. for opening this up.

Even if you are not ready to get married now, but believe she is the girl for you, be careful not to burn your bridges.

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