

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri. I live in the Jerusalem area and I am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in Beis Medrash. While I have had success in my learning b'h, I have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the world's biggest hypocrite. It bothers me even more because I find sincerity and honesty of the utmost importance, and I have to stand and watch myself trample all over these traits. After several years of therapy I have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once I feel that they know me too well. I have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict (however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this: porn, masturbation, contact with a sexual girl, and, strangely enough, eating out at restaurants, but that we'll get to a different time. Anyway, there is one main girl, as there always is. We have had the weirdest on and off relationship, to say the least. The jealousy and overprotection I had with her is still a shock to me even. Anyway I'm tired so I shall continue this

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Re: Where I'm at

Posted by chl - 13 Aug 2009 05:25

bs"d

me 2 :D!

Dov, thank you for taking the time and sharing with us!

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Re: Where I'm at

Posted by Ykv_schwartz - 13 Aug 2009 07:11

PS. Anyone who read this whole megillah must be a tzaddik, of some sort

I hope that wasn't a *k'uli*; I could use all the zechusim I can get. :D

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Re: Where I'm at

Posted by jerusalemsexaddict - 13 Aug 2009 09:10

[guardureyes wrote on 12 Aug 2009 22:57:](#)

Uri, my wife and kids were in the zoo today too! really.

They told me they saw someone with a guitar and a shining face walking around in the cage of lions without fear... Was that you?

No it wasnt me,but i saw the guy too,and i informed security.turns out that the guy was on exctasy and was immediately sent to rehab. -uri

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Re: Where I'm at

Posted by 7yipol - 13 Aug 2009 09:34

[Uri \(JA\) wrote on 13 Aug 2009 09:10:](#)

[guardureyes wrote on 12 Aug 2009 22:57:](#)

Uri, my wife and kids were in the zoo today too! really.

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No it wasnt me,but i saw the guy too,and i informed security.turns out that the guy was on exctasy and was immediately sent to rehab. -uri

LOL

Where is this kid from?? ;D

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Re: Where I'm at

Posted by jerusalemsexaddict - 13 Aug 2009 10:33

My friends-im suffering from major anxiety at the moment

you see,like many here,im not just a sex addict.im also a love addict.and i had my "fix".i was in a very close relationship with a girl for several years.it ended really badly,resparked again,and has been on and off for the past several years.my need for her is very strong and i put my whole need into her.pretty much every time we meet,its bad news for the jews.

shes been gone from the country for the past month,and ive been blissfully free.now she is probably back already and i feel like crying.

I cant stay away if i know shes here!even if i completely immerse myself in whatever im doing,once im in one of the hot spots(cbs,kosel)i cant think about anything else cept for the possibility i might run into her.

there are rabbis on both sides trying to keep us seperate,but it is futile.

ive gone decent periods without contacting her(miraculously)and hopefully ill be ok,but im so very nervous!

does G-d have it in for me?? -uri

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Re: Where I'm at

Posted by chl - 13 Aug 2009 10:43

bs"d

May G-d give you strength!!!

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Re: Where I'm at

Posted by jerusalemsexaddict - 13 Aug 2009 10:44

AMEN!!

this link is only for people who already use youtube

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Re: Where I'm at

Posted by Tomim2B - 13 Aug 2009 10:56

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Re: Where I'm at

Posted by Sturggle - 13 Aug 2009 10:58

uri,

i think tomim has some good advice. i also know how difficult something like that can be. much hatzlacha.

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Re: Where I'm at

Posted by TrYiNg - 13 Aug 2009 11:02

WE BELIEVE IN YOU , URI! Hatzlacha in making the right decision.

I'm a young, smart alec whippersnapper but my mom loves me anyway

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Re: Where I'm at

Posted by jerusalemsexaddict - 13 Aug 2009 11:41

:D ;D

tomim we were best friends.she knows exactly where im holding.shes also religious.weve had the talk.its just something that pulls us both very strongly.

trying-when do u sleep?this is ridiculous already!

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Re: Where I'm at

Posted by kutan - 13 Aug 2009 12:03

Man, Uri, you never stop amazing me. The gems keep coming out!

Can't advise you on how to proceed, but one thing I can tell you, is that your posting all this and telling us about your struggles, AND YOUR GENUINE RATZON TO MAKE IT OUT OF IT B'SHOLOM, are an **extreme** inspiration for me.

Its like I've just gotten a big dose of Yiddishe "excstesy" (or whatever the name was for that drug you mentioned), and its not the first one you've given me.

Uri, my dear friend, all I can say is that since you started posting (I've been following your thread from the beginning) my avodas Hashem in these areas has been better than in my entire life. I keep thinking to myself, WOW, Uri from Yerushalym is battling and I'm going to fall for that (whatever happens to pass in front of me in the zoo we call NYC) ???!?

Shkoyach Gadol, Uri.

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Re: Where I'm at

Posted by TrYiNg - 13 Aug 2009 12:32

[Uri \(JA\) wrote on 13 Aug 2009 11:41:](#)

trying-when do u sleep?this is ridiculous already!

That's just it. I didn't end up sleeping this night. and gotta go to work... :-\

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Re: Where I'm at

Posted by jerusalemsexaddict - 13 Aug 2009 13:00

efshar- :-[is it not written the evil of embarrassing one in public?

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guard posted another song.check it out