

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri.I live in the jerusalem area and i am a sex and love addict.This took me a long time to come to terms with,to say the least.But that we'll get to in a second.

I am finishing now my third year in beis medrash.While i have had success in my learning b'h,i have a source of shame and anguish that has caused me great depression on a constant basis.I lived (live really) two lives;my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim.And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts.I feel like the worlds biggest hypocrite.It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits.After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place.I have major issues in getting close to people and keeping friends once i feel that they know me too well.i have a hard time sitting by myself due to my uncomfotability of sitting with a unsatiabile sex addict(however ironic that might sound).The need creeps up all too often,followed by a crazy need to satisfy it.There are several paths to this:porn,masturbation,contact with a sexual girl,and, strangely enough,eating out at restaurants,but that well get to a diff time.Anyway,there is one main girl,as there always is.we have had the weirdest on and off relationship,to say the least.the jealousy and overprotection i had with her is still a shock to me even.anyway im tired so i shall continue this

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Re: Where I'm at

Posted by bardichev - 07 Jan 2010 22:30

Not today uri

I usually give a shout out when I head to pom pom land (flatbush)

Halt shtarkkk!!

I hope you have a coat scarf gloves

Its cold!!!

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Re: Where I'm at
Posted by imtrying25 - 07 Jan 2010 23:54

Uri whats going on.

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Re: Where I'm at
Posted by jerusalemsexaddict - 08 Jan 2010 12:28

k im gonna go out and play in the snow and throw snowballs at cops.

have a great day everyone!

enjoy the snow!

its a blizzard out there!

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Re: Where I'm at
Posted by imtrying25 - 08 Jan 2010 12:40

So i hear. Enjoy the snow while we enjoy the 80 degree weather!!! Have a great shabbos.

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Re: Where I'm at
Posted by letakain - 08 Jan 2010 16:27

wat a greenhorn! a flurry and he's makin snowballs! lol!

u rock, uri!

enjoy the POM chumus!

good shabbos!

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Re: Where I'm at
Posted by imtrying25 - 09 Jan 2010 17:27

Shavua Tov Uri. I cant explain how much us dudes in Israel are missing you. Uri PLASE come back?? :(:(:(:(

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Re: Where I'm at
Posted by jerusalemsexaddict - 09 Jan 2010 23:42

I'm actually considering it.

7 months of being clean in israel.

3 days in america and i fall.

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Re: Where I'm at
Posted by habib613 - 09 Jan 2010 23:56

:'(

no more falls

KOT

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Re: Where I'm at
Posted by jerusalemsexaddict - 10 Jan 2010 00:11

thats the plan.

i just hope things get better here.

im really scared that this is a preview of my tour here.

america is not such an easy place to be clean.

i also feel that its harder to be religious(like sincerely religios)here.

im sorry if this offends anyone,im just sharing my concerns.

i fell worse than ive ever fallen before on friday.

and then on shabbos this beautiful girl was over for both meals and we were talking alot.

hashem help me!

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Re: Where I'm at
Posted by bardichev - 10 Jan 2010 01:43

Uri shtark zich!

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Re: Where I'm at
Posted by Tomim2B - 10 Jan 2010 02:00

I'm choking up. I know what you're going through. :(

Uri, please give me a call!

Concerned about you,

2B

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Re: Where I'm at
Posted by 7yipol - 10 Jan 2010 14:14

Uri,

"Kol hatchalos kashos"

Thats a bracha - that after the initial bumps and air turbulence, the rest will be smooth sailing flying!

No more falls!

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Re: Where I'm at
Posted by Eye.nonymous - 11 Jan 2010 12:27

Sounds rough.

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Re: Where I'm at

Posted by Dov - 14 Jan 2010 22:49

Then I *really*

hate it....

Well, life goes on. It's true. Sometimes I just gotta suffer. Maybe it builds character...haha.

I used to take a breath and say, "G-d. Whatever it is that I am really looking for in that woman, please let me find it in You instead (soon?)." And trust Him.

Sometimes I'd daven for the woman's needs and future, and awaken that goodness in me that really wants the best for *everyone* I know - even for those folks that I may want desperately to use. ~~Until I hate when that happens. Especially when I don't hate when that happens.~~ Then when the same lust would occasionally return 2 minutes later, I'd daven for them (and all their needs, futures, children, health and satisfaction out of life and saving from all the bitter suffering that many people have, etc) all over again. I have done this 4 or 5 times, when needed. An SA old-timer named Jesse (nicknamed the "Bozemann Hammer") used to say, "I can pray longer than I can lust" or something like that...

Sometimes it was enough for me to say, "well, that's not my chelek. It's just not my chelek in this life at all..." And knew that acceptance of that fact was just a pain I'd always have to bear, for there will always be a gorgeous woman out there who I'll come in contact with. There is no shortage of beauty in Hashem's world....so what better time to accept my limitations than right now? It hurts, period.

Sometimes I'd fail at all these or forget them all. Then I gotta make a phone call and admit it to an SA guy, who will hopefully commiserate and just say thanks for sharing. It seems to be useless and counterproductive to be reminded, "well, you'd better not do anything with her, it's evil" or whatever. My body revolts from finger-shaking....

Hatzlocha, friend.

PS. So when to I get to meet the soulful musician?

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