Generated: 21 August, 2025, 13:09

Where I'm at Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri.I live in the jerusalem area and i am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in beis medrash. While i have had success in my learning b'h,i have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the worlds biggest hypocrite. It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits. After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once i feel that they know me too well.i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict(however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this:porn,masturbation,contact with a sexual girl,and, strangely enough,eating out at restaurants, but that well get to a diff time. Anyway, there is one main girl, as there always is.we have had the weirdest on and off relationship, to say the least.the jealousy and overprotection i had with her is still a shock to me even.anyway im tired so i shall continue this

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Re: Where I'm at
Posted by bardichev - 03 Aug 2009 03:06

sorry for posting twice
b
Re: Where I'm at
Posted by Tomim2B - 03 Aug 2009 03:34

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Re: Where I'm at Posted by Efshar Letaken - 03 Aug 2009 03:50
Sounds very inspioring.
I'm sure Reb Guard wouldn't mind having a copy in the kosher isle section. Or maybe use som of it for chizuk emails.
===== ====
Re: Where I'm at Posted by Tomim2B - 03 Aug 2009 03:54
deleted
===== ====
Re: Where I'm at Posted by Tomim2B - 03 Aug 2009 08:28
deleted
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Re: Where I'm at Posted by 7yipol - 03 Aug 2009 09:02

There is nothing like a 'Bardichev' to put life back in perspective ;D

bardichev wrote on 03 Aug 2009 03:04:

bardichev NYC11219
Hey Bardichev, we are probably neighbors!
k
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Re: Where I'm at Posted by Efshar Letaken - 03 Aug 2009 15:16
Kutan,
I think it was your turn to take out the garbage this morning, but since your family is upstate most of the garbage is mine anyway so I will let it pass this time.
E.L.
======================================
Re: Where I'm at Posted by Efshar Letaken - 03 Aug 2009 15:18
Also,

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Your car is still double parked you better move it before you get a ticket.
It's after 11
E.L.
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Re: Where I'm at Posted by bardichev - 03 Aug 2009 16:29
NO YOU ARE MY SHVIGGERS NEIGHBOR
b
====
Re: Where I'm at Posted by kutan - 03 Aug 2009 17:16
Efshar Letaken wrote on 03 Aug 2009 15:16:
Kutan,
I think it was your turn to take out the garbage this morning, but since your family is upstate most of the garbage is mine anyway so I will let it pass this time.
E.L.

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HA! I take out the garbage ONCE in the summer the day before the family comes back
Coming soon, the GUE minyan check out the Torah Times for details.
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Re: Where I'm at Posted by 7yipol - 03 Aug 2009 17:20
U RIIIII, DINNERS READY!
Come essen mein kind!
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