

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

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To whom it may concern,

My name is Uri. I live in the jerusalem area and i am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in beis medrash. While i have had success in my learning b'h, i have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the world's biggest hypocrite. It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits. After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once i feel that they know me too well. i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict (however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this: porn, masturbation, contact with a sexual girl, and, strangely enough, eating out at restaurants, but that we'll get to a diff time. Anyway, there is one main girl, as there always is. we have had the weirdest on and off relationship, to say the least. the jealousy and overprotection i had with her is still a shock to me even. anyway im tired so i shall continue this

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Re: Where I'm at

Posted by Eye.nonymous - 02 Dec 2009 13:04

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You're really amazing, Uri

--Eye.

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Re: Where I'm at

Posted by letakain - 02 Dec 2009 15:18

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we're all so proud of you, uri!

just being you is so special!

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Re: Where I'm at

Posted by kanesher - 02 Dec 2009 20:48

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did...

But I wish I

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Re: Where I'm at

Posted by kutan - 02 Dec 2009 21:39

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There you go, Kanesher!

You just qualified for the "Dov" award for being rigorously honest with yourself.

At least, I think you qualified.

- Uri , Kol HaKavod. And yes, I wish I had the guts to join those meetings - I don't  
Dov, does this type of honesty count?

:D

PS: happily, I've got a good excuse. Its called the Atlantic.

And I'm a lousy swimmer.

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Re: Where I'm at

Posted by jerusalemsexaddict - 02 Dec 2009 21:48

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I saw rav shlachter last night.

He is a major tzaddik.

He told me that if I bring my father with me next time, hell see us **for free!**

People, i have been through my share of psychologists

and this guy is something else.

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Re: Where I'm at

Posted by Kedusha - 02 Dec 2009 21:56

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[7Up wrote on 02 Dec 2009 09:51:](#)

Uri, you never cease to amaze me.

I still find it hard to believe that the Uri who joined 4 1/2 months ago,

and the Uri of today, are one and the same.

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Re: Where I'm at

Posted by TrYiNg - 02 Dec 2009 21:57

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That's because they're not!

wow..there are actually such ppl in the world..LUCKY U URI

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Re: Where I'm at

Posted by Dov - 02 Dec 2009 22:34

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Uri, the thing that helps me the most about you is that you don't seem to even *consider* that you are done. You really want to grow, not just "to exist". And that's not so common....Chazal say Avraham Avinu was like a horse running across a muddy pond: he knew that should he stop, he'd just get stuck and be worse off. And he *really* had Hashem as his very Best Friend in a big, nasty and hostile world, and made it his job to let everyone else know they could have Him, too. Just like you do here.

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LOL So true

Re: Where I'm at

Posted by imtrying25 - 02 Dec 2009 23:37

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Hey Uri i read the past few pages of your thread. I really feel for you bro. Just wanted to let you know you can always stop over im my place if you need to. its not big but it can be a break for you. We can get to know eachother. Im sure we can both gain from that. So whatever get back at me with your thoughts.

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Re: Where I'm at

Posted by habib613 - 03 Dec 2009 00:23

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6 months....

wow.

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that's pretty awesome.

MAZAL TOV!!!!

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Re: Where I'm at

Posted by kanesher - 03 Dec 2009 12:48

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[Uri wrote on 02 Dec 2009 21:48:](#)

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Hey , shrinks gotta eat too! (somehow I'm paying about \$800/month for therapy on a zero budget. Don't know how long it's going to be able to go on. Lot's of eating of there, but chommah needs to be payed for; they're not obligated to work for free - but R' Shraga is real

real leshama)

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Re: Where I'm at

Posted by 7yipol - 03 Dec 2009 17:35

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[Uri wrote on 02 Dec 2009 21:48:](#)

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Wow, that is amazing.

Now lets daven Dad goes for it...

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Re: Where I'm at

Posted by Eye.nonymous - 03 Dec 2009 19:35

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[Uri wrote on 02 Dec 2009 21:48:](#)

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Good luck!

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Re: Where I'm at

Posted by letakain - 03 Dec 2009 19:38

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i'm gonna daven for you guys!

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