Generated: 21 August, 2025, 13:40

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri.I live in the jerusalem area and i am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in beis medrash. While i have had success in my learning b'h,i have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the worlds biggest hypocrite. It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits. After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once i feel that they know me too well.i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict(however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this:porn,masturbation,contact with a sexual girl,and, strangely enough,eating out at restaurants, but that well get to a diff time. Anyway, there is one main girl, as there always is.we have had the weirdest on and off relationship, to say the least.the jealousy and overprotection i had with her is still a shock to me even.anyway im tired so i shall continue this

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Re: Where I'm at

Posted by 7yipol - 27 Oct 2009 09:41

I thought you're coming to Israel to meet me?

And what makes you think Id worry about Uri anyway?

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:'(:'(:'(

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Re: Where I'm at Posted by habib613 - 27 Oct 2009 09:43
well since i'm using all my money on therapy, i can no loger afford to come to e"y
:'(:'(:'(:'(:'(:'(
wish i could
=======================================
Re: Where I'm at Posted by 7yipol - 27 Oct 2009 09:45
habib613 wrote on 27 Oct 2009 09:43:
well since i'm using all my money on therapy, i can no loger afford to come to e"y
:'(:'(:'(:'(:'(:'(
wish i could
Dont worry, Mashaich Airlines will have the perfect deal for you.
Sit by the wing, its less bumpy there! :D :D
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Re: Where I'm at

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Posted by habib613 - 27 Oct 2009 09:46

soon please Hashem!!!!!!!!

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Re: Where I'm at

Posted by jerusalemsexaddict - 27 Oct 2009 14:00

Today was a crazy day.

I had a long talk with mom last night and she insisted that no matter what, today i had to live life.

So I went to shacharis :o

And then had my day start off terribly with a big fight with my (real)mother and sister in which my mom basically told me that I was doing nothing with my life and I fake my religion and I deserve to be depressed.

So I was in an awful mood.

But mom(7up) insisted that I live, so I went to a soup kitchen that I go to sometimes.

I got off the bus and started walking there, really not in the mood but not having any better options.

Suddenly a bus pulled up in front of me.

I looked up at the destination.

Kever Rachel.

I got on.

The bus was all women (middle-aged chassidishe mommas,dont worry). There was one other man on the bus and I sat next to him. He gave me a look that said "huh? whatre you doing here?" I turned away and looked out the window.

When we got there I saw that there were around 400 women there. Only women. I saw maybe 3 men.

"What's going on", I asked the guy who was collecting tzedaka by the entrance. "Is there a

Thanks Mom

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clothing sale going on here or something?"

The guy just looked at me.

At least I crack myself up.

I gave him a shekel for causing him the pain of having to hear me joke.

For those who have not been there yet, Kever Rachel is basically a prison on the outside. It's surrounded by Arabs, and your visit is direct. In. Daven. Out.

So I went up to the tomb and cried for a bit.

I whispered.

"Mama Rochel, why do you cry? I have what to cry about. My life sucks. And I'm prob gonna be on the direct route to hell. Mom, I know why you're crying. Because you love us and feel our pain. Please feel my pain. Please accept me, for my own mother does not."

"Truth is, your life was pretty bad.We're in the same boat, Mom.We both just want/ed love. Cruddy home life, depression, etc...But you became Mama Rochel. And I'm just Uri. The sex addict."

And I cried.

But I felt better as I returned to Yerushalayim.

I even passed a girl I used to go out with and it didn't faze me so much. I just smiled and said "what's up"

To digress for a moment....

I have spoken before about tremendous guilt for messing up girls. This is what I was referring to. This was a girl who was pretty good for the most part. I took her purity and since then from what ive heard shes descended deep down.

What can I do to repair this damage?!!?

I wanted to go over and hug this girl. Apologize for what I'd done. Offer her any help I could.

But as a sex addict, I unfortuantely could not.

So all I can do is daven for her and hope that everything works out for her and that my actions didnt mess up her life.

GYE - Guard Your Eyes

Generated: 21 August, 2025, 13:40 Uch!!! :-[:'(Re: Where I'm at Posted by the guard - 27 Oct 2009 14:29 Maybe one day you'll get to help her in a safe way... Maybe... Depends who runs the world of-course. But if he's big enough, and you're sincere enough, He might just make it happen. Re: Where I'm at Posted by jerusalemsexaddict - 27 Oct 2009 14:33 Me and the Captain can make it happen. Re: Where I'm at Posted by 7yipol - 27 Oct 2009 14:41 Hashem will send her the healing she deserves how and when He sees fit. His ways are limitless. Daven for her, and all those scarred neshamas. Thats how you can help most. Daven Hashem sends her the shelichim she needs, the ability to accept, forgive, and heal.

Your job Uri, is to become the best person you can. You yourself dont even see how far you've come lately.	
I have.	
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Re: Where I'm at Posted by Dov - 27 Oct 2009 16:17	
Here I go again:	
DITTO!!	
=======================================	
Re: Where I'm at Posted by kutan - 27 Oct 2009 16:22	
7up has a way of getting people to write that.	
Must have something to do with the quality of what's written.	
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Re: Where I'm at Posted by jerusalemsexaddict - 27 Oct 2009 18:47	
K.	
It's been decided.	
I am coming to america.	
B,ill give u the date when i find out forsure so you can pick me up	
and when i get there the first sunday im there were having a GYE picnic!!!	

Lend

Money

GYE - Guard Your Eyes Generated: 21 August, 2025, 13:40 Money Important Useful Necessary Money Money Money Wealthy Middle Poverty Money Money Money Save Give Spend Money Money **Borrow**

Generated: 21 August, 2023, 13.40	
Money	
Foe	
Friend	
Money	
Money	
Master	
Slave	
Money	
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Money	
Laugh	
Cry	
Money	
Money	
Live	
Die	
Money	
Money	

Sick
Well
Money
Money
Heaven
Hell
Uri
I know you will use the money well
start out small
first concert-picnic in America
separate seating or Uri will not perform
get the autograph
will be worth alot on e-bay one day
Re: Where I'm at
Posted by jerusalemsexaddict - 27 Oct 2009 19:00

with a stop-over in Barditchev ;D