

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri.I live in the jerusalem area and i am a sex and love addict.This took me a long time to come to terms with,to say the least.But that we'll get to in a second.

I am finishing now my third year in beis medrash.While i have had success in my learning b'h,i have a source of shame and anguish that has caused me great depression on a constant basis.I lived (live really) two lives;my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim.And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts.I feel like the worlds biggest hypocrite.It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits.After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place.I have major issues in getting close to people and keeping friends once i feel that they know me too well.i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict(however ironic that might sound).The need creeps up all too often,followed by a crazy need to satisfy it.There are several paths to this:porn,masturbation,contact with a sexual girl,and, strangely enough,eating out at restaurants,but that well get to a diff time.Anyway,there is one main girl,as there always is.we have had the weirdest on and off relationship,to say the least.the jealousy and overprotection i had with her is still a shock to me even.anyway im tired so i shall continue this

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Re: Where I'm at

Posted by Rage AT Machine - 14 Oct 2009 17:07

i always believed that if Gd is such a big believer in free will who are we (or our government) to compel others to do the right thing religiously...and of course, uri, we are all here when you get back and not only to lend support but even to only exchange some laughs or just pish away the night...that being said, if i were in israel id go hunt him down on the dolphinarium and then give him a good ole fashioned beat down right there on the boardwalk for worrying us like this...

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Re: Where I'm at

Posted by Efshar Letaken - 14 Oct 2009 17:09

RATM,

I feel like doin the same, just wasn't gonna say it.

But coming from you, it's Poifect!

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Re: Where I'm at

Posted by Kedusha - 14 Oct 2009 19:44

[7Up wrote on 14 Oct 2009 16:56:](#)

Okay, this post is my response to everyones "Uri stomach pain". Uri, my email box has overflowed today with worried family.

Here is my opinion guys. Uri, this is not necessarily for you, but I couldnt figure out a better place to post it.

I learned many years ago (and so has anyone in the 'giving' fields) that one must do whatever hishtadlus possible in order to help, and then, STOP.

Uri may fall, or he may hold back last minute. The final choice is his and his alone. His job is to make the correct decision. OUR job is to be there for him afterward, no matter what. We've done what we can, online and off.

Personally, I will have no problem sleeping tonight, no matter what he chooses. I know it sounds cold hearted and uncaring, but believe me, it stems from the exact opposite. If I allow myself to get over involved in the problems of those I love, I will no longer be capable of helping. I will be just as enmeshed in the problem, too subjective to see a way out. Sometimes caring means coming forward and hugging hard. But at other times, it means stepping *back*, letting go, and

allowing someone to make his own mistakes.

Lets daven he finds the strength to withstand this nissayon. And after that, let go, and let G-d.

We love you Uri, and no-one is going to edit that!

(I just did :D... Guard)

I couldn't agree more.

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Re: Where I'm at

Posted by yechidah - 14 Oct 2009 19:56

If only Uri would see himself the way we see him.

How do we help him see himself,his true self,what comes out to us as clear as day?

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Re: Where I'm at

Posted by 7yipol - 14 Oct 2009 22:31

I know everyone's worried, so I got Uri's permission to post that he is doing okay. Hasnt fallen for now. Keep up those tefillos everyone, theyre storming the heavens.

(Yeh Rage, you too)

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Re: Where I'm at

Posted by 7yipol - 14 Oct 2009 22:33

[dov wrote on 14 Oct 2009 16:59:](#)

ditto (super-ditto, really)

Guard

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Sheesh, moms get credit for nothing!

If it wasnt R' Dov Guard was patting on the back I'd be *really* insulted. This way, Im only a *little*

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Re: Where I'm at

Posted by Kedusha - 14 Oct 2009 23:26

[7Up wrote on 14 Oct 2009 22:31:](#)

Hey, Rabbeinu, where do you think me and Mom get their wisdom from? See [this](#) post

I know everyone's worried, so I got Uri's permission to post that he is doing okay. Hasn't fallen for now. Keep up those tefillos everyone, they're storming the heavens.

(Yeh Rage, you too)

Good news!

By the way, it's called "falling," because as soon as someone, c"v, falls, the y"h says "You FELL for it!"

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Re: Where I'm at

Posted by jerusalemsexaddict - 15 Oct 2009 00:08

[Rage AT Machine wrote on 14 Oct 2009 14:39:](#)

habib, your post made me nauseous...i may have vomitted a little into my mouth....

maybe the funniest post i have ever read on this site.

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Re: Where I'm at

Posted by letakain - 15 Oct 2009 00:21

uri we missed you and were thinking about you all day!

we're glad you're back!

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Re: Where I'm at

Posted by kanesher - 15 Oct 2009 00:24

Hey Uri. Nice to see ya. Pretty much gave the ladies a coronary. Yeah, we all knew Kedusha's post was bogus, but hey, it's a cool Mareh Makom.

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Re: Where I'm at

Posted by Momo - 15 Oct 2009 05:55

Good morning Uri. How are you doing today?

Thinking of you,

Momo

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Re: Where I'm at

Posted by Sturggle - 15 Oct 2009 06:56

good to hear from you uri.

oy, those ppl who think they can just disappear from the forum like that...

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Re: Where I'm at

Posted by the.guard - 15 Oct 2009 06:58

Morning Uri. Welcome back to LIFE :D

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Re: Where I'm at

Posted by 7yipol - 15 Oct 2009 09:01

[Uri wrote on 15 Oct 2009 00:08:](#)

[Rage AT Machine wrote on 14 Oct 2009 14:39:](#)

habib, your post made me nauseous...i may have vomitted a little into my mouth....

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