

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri. I live in the Jerusalem area and I am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in Beis Medrash. While I have had success in my learning b'h, I have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the world's biggest hypocrite. It bothers me even more because I find sincerity and honesty of the utmost importance, and I have to stand and watch myself trample all over these traits. After several years of therapy I have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once I feel that they know me too well. I have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict (however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this: porn, masturbation, contact with a sexual girl, and, strangely enough, eating out at restaurants, but that we'll get to a different time. Anyway, there is one main girl, as there always is. We have had the weirdest on and off relationship, to say the least. The jealousy and overprotection I had with her is still a shock to me even. Anyway I'm tired so I shall continue this

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Re: Where I'm at

Posted by habib613 - 14 Oct 2009 15:02

[Momo wrote on 14 Oct 2009 14:55:](#)

I love hugging my little ones. Problem is they grow up.

lol then they become terrors (like me)

[Rage AT Machine wrote on 14 Oct 2009 14:58:](#)

habib, when they give out the flakey awards at the flake ceremony they hand the receipients little golden statues of you...

i am so honored

and we have to stop hijacking uri's thread, speaking of which

Uri anything new?

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Re: Where I'm at

Posted by Rage AT Machine - 14 Oct 2009 15:04

certainly, not a hijack of uri's thread, after all, uri's been nominated for 12 habibis this year....

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Re: Where I'm at

Posted by habib613 - 14 Oct 2009 15:05

lol.

imagine if he had 12 uncut diamonds sitting on his shelf...

he would be rich!

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Re: Where I'm at

Posted by Rage AT Machine - 14 Oct 2009 15:12

"and the habibi for the flakiest lead male goes to...."

"uri!!"

uri, with a look of feigned surprise on his face graciously waves to the crowd, smiles, kisses his mom who is sitting on his left and goes up to the sound of one of his songs blaring over the loudspeakers....

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Re: Where I'm at

Posted by 7yipol - 14 Oct 2009 15:14

Jealousy will get you nowhere Rage.

And Habib, wheres your avatar gone?! :o

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Re: Where I'm at

Posted by letakain - 14 Oct 2009 15:18

uri, can you take some kids to the park? or beach?

totally agree with habib! that would be a super idea.

also liked the soup kitchen idea

and you still owe us a song

now is SUCH a good time to make it up- full of emotion.

write a song about what you feel to Hashem.

and no matter what, we're here for you.

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Re: Where I'm at

Posted by Sturggle - 14 Oct 2009 15:25

wow, uri, what a response youre getting over here!

no guilt trips man,

we are here for you no matter what.

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Re: Where I'm at

Posted by letakain - 14 Oct 2009 15:28

i keep refreshing the page to see if anythings going on

i'm still davening

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Re: Where I'm at

Posted by Momo - 14 Oct 2009 15:32

[letakain21 wrote on 14 Oct 2009 15:28:](#)

i keep refreshing the page to see if anythings going on

i'm still davening

Uri is offline now.

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Re: Where I'm at

Posted by Me3 - 14 Oct 2009 15:34

Uri

I'm not really in the mood to offer cheery words of encouragement and applause about how great you are (I'll leave that to Rage). I'm also not trying to put you on a guilt trip. But,

What I want to know is this.

You know that the mood you are in today, isn't you.

It's your depression.

You also know once this cloud lifts you are going to regret this big time.

So why are you rushing to fall as fast as you can?

So you can get it in while you're still out of your mind?

Why not delay as long as you can, until this mood passes and the real Uri comes back?

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Re: Where I'm at

Posted by letakain - 14 Oct 2009 15:54

[Momo wrote on 14 Oct 2009 15:32:](#)

[letakain21 wrote on 14 Oct 2009 15:28:](#)

i keep refreshing the page to see if anythings going on

i'm still davening

Uri is offline now.

and has been for the past 5 hrs.

i know.

i'm chalishing....

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Re: Where I'm at

Posted by Efshar Letaken - 14 Oct 2009 16:25

Uri,

Do you see a cycle over here or is it just me?

I smell a disease known as Bipolar.

Take Me3's advice, & wait until it passes.

It will like it did in the past.

But please Man, take something for it.

I can't take this roller coaster of yours.

Yes! Its hurting us all!

We Love You Man!

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Re: Where I'm at

Posted by 7yipol - 14 Oct 2009 16:56

Okay, this post is my response to everyones "Uri stomach pain". Uri, my email box has overflowed today with worried family.

Here is my opinion guys. Uri, this is not necessarily for you, but I couldn't figure out a better place to post it.

I learned many years ago (and so has anyone in the 'giving' fields) that one must do whatever hishtadlus possible in order to help, and then, STOP.

Uri may fall, or he may hold back last minute. The final choice is his and his alone. His job is to make the correct decision. OUR job is to be there for him afterward, no matter what. We've done what we can, online and off.

Personally, I will have no problem sleeping tonight, no matter what he chooses. I know it sounds cold hearted and uncaring, but believe me, it stems from the exact opposite. If I allow myself to get over involved in the problems of those I love, I will no longer be capable of helping. I will be just as enmeshed in the problem, too subjective to see a way out. Sometimes caring means coming forward and hugging hard. But at other times, it means stepping *back*, letting go, and allowing someone to make his own mistakes.

Lets daven he finds the strength to withstand this nissayon. And after that, let go, and let G-d.

We love you Uri, and no-one is going to edit that!

(I just did :D... Guard)

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Re: Where I'm at

Posted by Dov - 14 Oct 2009 16:59

ditto (super-ditto, really)

Guard

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Hey, Rabbeinu, where do you think me and Mom get their wisdom from? See [this](#) post