

Lust Disorders: Overactive or just Over-Sheltered?

Posted by briut - 18 Nov 2010 16:25

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Chevra: I'm hoping you can share some personal perspectives.

***Question: do guys with a very frum and sheltered upbringing grow up with more trouble (p&m and other GYE challenges), compared to folks who grew up less sheltered?***

My wife & I are both long-time baalei t'shuva, but our "old" days had many movies, women's albums, magazines, and . So we feel sorta de-sensitized to some of the shmutz around us.

For many guys here, though, even a glance at a secular newspaper can set off a downward spiral. Is that because such pictures are such a shock to SO frum a person who never saw such shmutz before? Are guys from more "modern" families (or BT) able to weather the storm a little better since they've seen some of it before? Or is it simply a genetic pre-disposition toward se\*ual compulsion/addiction?

So, please help: are the more-sheltered at more-risk?

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Re: Lust Disorders: Overactive or just Over-Sheltered?

Posted by briut - 22 Nov 2010 19:45

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... and when the sheltered kids grow up, don't they STILL think it's disgusting even when they're in "the parsha" (of shidduchim) and have to be convinced that even their OWN REBBEs did such a thing and probably still do and that there's a torah obligation to do so etc etc?

Or... by the time the hormones have caught up with them (years before), they figured out that it's not such a bad idea.

Hmmmnnnn. Thoughts, chevra?

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Re: Lust Disorders: Overactive or just Over-Sheltered?

Posted by installed - 22 Nov 2010 20:08

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But I think that's only if they are sheltered from it. Those that are exposed to it day in and day out will perhaps think its ok and later on think its normal.

I don't know about that. I assume that most teens do not see it as something disgusting regardless of their upbringing. I can imagine that sheltered teens are probably confused because they want it in one hand and they think of it as something dirty. They learn about it gemora but they can't imagine their parents/rabbis doing it. Less sheltered teens know the score.

this question has been discussed here on GYE in the past and many proposed the notion that the parents are better off telling the kids about the facts before they hear about it from other sources. that way they can get a picture of intimacy as being a positive, holy and special experience.

My father tried it and it was extremely awkward. I don't see the point in doing that but to each his own. You probably won't be be reveling anything that s/he doesn't know already...

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Re: Lust Disorders: Overactive or just Over-Sheltered?

Posted by briut - 25 Nov 2010 12:43

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[installed wrote on 22 Nov 2010 20:08:](#)

They learn about it gemora but they can't imagine their parents/rabbis doing it. Less sheltered teens know the score.

Yeah, that's exactly what I would think. Even though the most sheltered of teens still might go to supermarkets where magazines line the checkouts.

Am I missing something, guys?

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Re: Lust Disorders: Overactive or just Over-Sheltered?

Posted by Me3 - 25 Nov 2010 15:45

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[guardureyes wrote on 20 Nov 2010 22:09:](#)

Look, if you grew up in mud and live in mud, you won't notice a stain on your filthy shirt. But if you are clean and wear white clothes... you'll notice any stain.

Once you get splashed with a little mud on a white shirt, you say, "what the heck, the shirt's already dirty, I may as well roll in the mud!!".... That's why some frum guys spiral down so fast....

Also, as they say in SA, it's a progressive disease, and as we distance ourselves from it, the disease continues to progress and we get ever more sensitive.... As Dov has written many times, he is much more sensitive today than he was when he first got sober 13 years ago. The good news is that he doesn't "test" his sensitivity any more. He has internalized that it's poison for him.

There seems indeed to be some connection between "distancing ourselves" and "sensitivity". But it makes perfect sense.

So "yes", the more sheltered **are** perhaps more "at risk". But that's like saying, "the spotlessly clean people are more at risk for getting dirty". Obviously. :o

Guard

The question was "Are children who grow up in a sheltered from environment More likely to have P & M problems. Are you really suggesting that a child who is raised in a home without a TV, who doesn't watch movies, or have access to trashy magazines is "More likely" to have a problem?

I grant you that he (or she) may have a problem, certainly the children with raging out of control hormones (Except I don't think those children will do any better with allowed exposure to this either).

I grant you sheltering your children doesn't guarantee you any amount of success in raising them pure.

But "More likely"? That's ludicrous!

I guess you agree with the people who say that they expose their children to everything so that they can make "informed choices"

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