

A question for anyone who can help

Posted by Shuky - 10 Nov 2010 17:17

I Have been struggling with this "addiction" for many years, i am a ba'al teshuva who is married (wife has no clue) and in learning. I was told about this site from a friend and find it very interesting yet one thing still bothers me. I'm sure many of you might think i'm a bit crazy but this is my issue:

I find it difficult to turn to help in the form of psychologists and and secular methods, it is hard for me to accept that i cannot find a solution through the Torah and its wisdom. Maybe someone who understands what i'm trying to say can shed some light on the topic. I am aware that i have not succeeded with this path so far and that is why i am here but i often think that its just because i'm not trying hard enough...

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Re: A question for anyone who can help

Posted by Dov - 14 Nov 2010 04:42

Yeah, vas tootsach?

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Re: A question for anyone who can help

Posted by silentbattle - 14 Nov 2010 06:14

The question you ask has been brought up many, MANY times. My personal thought is that before any other step of teshuva, we need to stop doing the aveirah. That's according to rabbeinu Yonah. And right now, by trying to use a torah mehalech, for most people, certainly delays their "stopping the aveirah (else, they would have already stopped, they wouldn't be on GYE).

So step 1 is to stop poisoning yourself. By any means possible. if you saw someone worshipping avodah zorah, would you be intellectualizing what the best way to stop is, or would you drag him away by any means possible and necessary?

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Re: A question for anyone who can help

Posted by briut - 14 Nov 2010 16:21

[dov wrote on 12 Nov 2010 16:08:](#)

The Torah is just fine. We need help and we need it badly.

Chevlei haMoshiach. Birth pangs of Moshiach. Perhaps as in, pains in our private parts. Not just for women anymore.

May some pure Torah shine soon upon ganz Klal Yisroel.

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Re: A question for anyone who can help

Posted by Dov - 15 Nov 2010 23:07

Amein!!

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