

just a question

Posted by lookingforwisdom - 02 Nov 2010 20:13

Does anyone else find that going on GUE forum would bring hirurim instead of distracting it??

Just logged in today to catch up and although it I was first feeling great. After longing on I felt stimulated for hirurim I wonder what its due to. Maybe when the Baal Duvor feels I do something good he heightens the desire (I kind of don't think so b/c the Y"H has me in his hand any way) .

Was just wandering if anyone else had this issue I would hate to have to stop using GUE/Forum because I feel it helps me.

lookingforwisdom

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Re: just a question

Posted by bardichev - 02 Nov 2010 20:14

THIS TOPIC HAS BEEN DICUSSED ASK WORL OR YOSEF HATZADIK

THEY ARE GREAT LIBRARIANS

FOR ME ITS THE OPPOSITE

I FEEL SOO AT EASE AND AT HOME WITH THE CHEVRA HERE

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Re: just a question

Posted by Jooboy - 02 Nov 2010 22:31

Yes, reading or hearing of other peoples acting out can be triggering. I find that doing exactly what you are doing - talking about it helps greatly. Lust hates daylight and truth.

In my experience this is a greater problem for me on the internet than it is in SA meetings. On the internet everything is still anonymous and secret, in the rooms it is easier to connect with the pain of the person who is speaking.

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Re: just a question

Posted by briut - 04 Nov 2010 15:57

Yep, it can be triggering. Good to know my moods before choosing to log in.

And lemme add a little secret. I think all the talk of falling (and for me, for example, talking about falling several times in a day) can be a little more triggering for guys with some interest in the male body.

[I won't use the word gay since some folks might not relate, but I'll simply say folks with some interest. If men have ever been arousing, you'll surely know.]

Anyhow, for me this is a problem. But I don't ask the guys to "tone it down" because I think it's helping them process their own thoughts. So the problem is mine, not theirs.

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Re: just a question

Posted by lookingforwisdom - 04 Nov 2010 21:04

Briut - Thanks for that clarification, that definitely fits me (although I don't really understand the connection -but does it really matter at least i know what's related to) It is my problem and I have to check my mood before logging on

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