

On the verge

Posted by shmiras - 08 Oct 2010 05:07

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I thought I was invincible. I came within a hair of messing up tonight. After years of holding off and working on myself and being clean, I'm falling back in. I don't know how to fix the state that I'm in but I'm being dragged in and I can barely hang on. Please help.

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Re: On the verge

Posted by frumfiend - 08 Oct 2010 10:40

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Daven to hashem

Call some old or new friends

Go do some chesed to your wife or mother. Make sure its someone that you dont want to do the chesed for.

Call someone from the forum.

Keep on davening.

hatzlacha

If cv you fall keep on trucking you did your best.

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Re: On the verge

Posted by jewinpain - 08 Oct 2010 11:26

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Shmiras, I'm sorry to hear about ur struggle again, did something happen in ur personal life that's dragging u back in ?

Reach out for help

Hold on to the life vest I threw u out , & iy"h things will get easier soon

Hatzlucha

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Re: On the verge

Posted by Dov - 08 Oct 2010 14:40

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We love you, wonderful person hamechuneh b'shem "Shmiras"! May the very next moment be an aliyah for you!

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Re: On the verge

Posted by strugglingandstrivngBT - 08 Oct 2010 19:39

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shmiras, your post and my thoughts tell me that klal yisroel is completely intertwined, and we go through challenges together. now if we could just work on them together we could get out of galus.

Good Shabbos!!!!

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Hi==