

Group meeting in Johannesburg
Posted by Ilan - 30 Jun 2009 12:30

My accountability partner and I have not been able to find an SA group within the vicinity of Jewish Johannesburg. I have never been to an SA meeting, but I imagine that many people there commit adultery and do things with Zonot. I am not sure if it is appropriate to attend those meetings anyway but I'm sure many of you have a different take on the issue. We feel that if there is an interest amongst group members who live in Johannesburg to meet once a week at a neutral venue to discuss the 12 steps and p-rn addiction then please will you reply to this post. There is a great likelihood that we will know one another personally. For this reason, anyone who would come to this group must keep his attendance a secret and also undertake not to divulge the identity of anyone else in the group. The idea is to create an accountability group that Reb Gue wrote about in the attitude book. If anyone has any suggestions how we could turn this idea into reality please post a reply. Emes (My accountability partner) is attempting to involve a well known psychologist to come to some meetings. Reb GUE, if you have any suggestions then please load them on!

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Re: Group meeting in Johannesburg
Posted by the.guard - 30 Jun 2009 12:45

Wow, I am amazed at your resolve! I hope you succeed, but if not, don't be afraid to join an SA meeting, if you are determined and sincere, you will be pleasantly surprised. Did you search on www.sa.org for an SA meeting in your area?

Rabbi Twerski once wrote to YOU, Ilan:

Dear Ilan,

Chazal say, "Tzoras rabbim chatzi nechama." I don't know if it applies to this. Yours was the fourth contact of its kind this week. Internet addiction has become epidemic among the frum men AND women! If you have a fax machine, I can send you copies of letters just like yours.

You are right. Promises don't help and nedarim don't help. Psychiatry and psychology are not of much help. It is very much an addiction over which self-controls don't work.

For alcohol and drug addiction, there are support groups of Alcoholics Anonymous and Narcotics Anonymous. For sexual addiction there is Sexaholics Anonymous.

A frum person will say, "No way I can expose my problem by going to a meeting." I understand. There is a very fine, very frum young man who is in recovery from this problem. He'll be glad to talk with you. He does not need to know your name. The most effective help can come from someone who has overcome this problem. I am away from home today. Tomorrow I'll e-mail you his number. You can call him and you will remain anonymous.

Twerski

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Re: Group meeting in Johannesburg
Posted by gothika - 02 Aug 2012 15:25

I know that I am bumping a very old thread, but did anything ever happen with the Johannesburg group and if so, how do I join?

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