

wiped out all my p\*rn

Posted by needsomehelp - 29 Jun 2009 23:20

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Well I did it...after found this site and read about other people struggling I wiped out all my p\*rn TODAY...and i haven't masturbated today at all it was enough already.....I can't believe how much time it wastes and interferes with someone's life, job and love of his family ...how many thoughts and ideas this junk puts in your mind and makes it seem alright.....well today is the start of the new me... no more watching.....i don't how many of you have blackberry and use blackberry messenger but I had a few females I was talking to I deleted all of them expect for one.....she is a co worker in another building ...I need some strength here... should I just leave her there and not speak to her or should I just delete her and leave in hashems hands .....she sounds very emotional ....but I need to break all ties ...so I can have a clear mind .....

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