## **GYE - Guard Your Eyes**

Generated: 21 August, 2025, 18:51

yechida's reflections Posted by yechidah - 29 Jun 2009 19:47

(any questions, insights & suggestions about this thread, feel free to email me at <a href="mailto:tarvaga@gmail.com">tarvaga@gmail.com</a>)

There are many reasons we need to be where we are and who we are,most are unknown. Why do we even have to be in a situation or have in our soul so much darkness and a pull toward self-destructing negative behaviors?

I saw once an amazing thought in a sefer. Moshe Rabeinu came from a union that after the Torah was given would have deemed him a mamzer (parents being an aunt & nephew). He could not boast of his lineage. This is one reason that let him be the greatest Anov that ever lived.

We who have to deal with the stuff that's in us that we would rather not have in the first placethis pain and shame over the course of time -makes us realize that even when we b'ezras Hashem pull out of the addictions-we will never look at another Yid that is struggling with this in a negative way

We catch a Yid looking where he shouldn't be looking and our hearts are full of compassion. We will daven for him, treat him with respect, gently try to get him out of it. We would never disgrace him-not even in our hearts-because we were there. We know what it's like. In our eyes he is a potential tzaddik.

This is surely one reason Hashem gave us this urge towards baseness with all it's shades of ugliness. Yes you are special-like every Yid is-but never ever judge harshly My son or daughter that is struggling-because I love him or her - he or she is part of Klall Yisroel. Just as indispensible as you are.

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Re: yechida's reflections

Posted by 7yipol - 29 Oct 2009 12:55

I think this poem on Uri's thread agrees with your deep insight.

rehab-my-site.com/guardureyes/forum/index.php?topic=643.msg26127#msg26127
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Re: yechida's reflections Posted by yechidah - 29 Oct 2009 13:32
that's a truely beautiful poem from Uri
and it's true that there are times that when you fall, you think you will never get up again
but somehow you do
Momeh Rochel is lifting her child up
whispering encouraging words to him
giving him the strength to carry on and forge ahead
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Re: yechida's reflections Posted by 7yipol - 29 Oct 2009 13:38
Uri's thread, 7ups post!

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Glad you liked it
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Re: yechida's reflections Posted by kutan - 29 Oct 2009 14:00
Shkoyach, Yechida, for your last post.
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Re: yechida's reflections Posted by habib613 - 29 Oct 2009 14:30
:'( :'( :'(
yechida that was beautiful
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Re: yechida's reflections Posted by letakain - 29 Oct 2009 14:55
i really related to that so well, yechida
ouch:'(
i've felt like that a lot.
that voice whispering to me "You, you how DARE even utter a single letter of the aleph beis to Hashem!"
you know why. cuz i want to. i want to talk to Hashem and be close to him. and i'm not gonna stop cuz of what i did.
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Re: yechida's reflections Posted by yechidah - 30 Oct 2009 13:12
Dear friends,
In case after that torah on "cheshvan" you may say "you think everyone has a certain talent or specialness? well, some people have nothing. no talent. no specialness. how do you love someone like that?
Firstly, suspect you did not look hard enough.
And if you did look hard "enough" and saw nothinglove them anyway
It's interesting that in this sefer of Nechama Greisman ztl there is no Torah that discusses the details of Parshas Lech Lecho
Instead there is this note as an introduction "Although this shiur was not directly about Parshas Lech Lecha, it nevertheless relates to the first great mekarev- "Avraham Avinu"
Pirkei Avos talks about Aharon being mekarev "habriyos" which is a strange term because it refers to people who have no other (revealed) virtue other then the fact that
G-d created them.
To love even those people whom one cannot find any good reason to love
To love them because they are Jews and have a Jewish soul, because they are part of you, real brothers and sisters

She then brings a story that she says "had a profound impact of life and on my perception of things"

"It happened about 20 years ago when I was in a certain woman's yeshiva for a summer program. There were about 100 women there that summer and among them one girl who had real problems."

"She was kind of a nebbich. A nebbich is someone who never seems to make it, a failure. The girl was not very popular nor very intelligent. Nobody really went out of the way to be friendly toward her because she really such an interesting person. She remained pretty much on the sidelines and was more or less ignored.. She often used to sleep late and come late to classes. She wasn't really part of the Yeshiva experience."

"One morning she did not show up for class, which was nothing new.But one of the girls said to her roommate "Would you go please see where she is, wake her up and tell her to come to class?"

"This was despite the fact that she would sit in the back and never ask questions and never participate"

"The messenger came back and said "She's sleeping and I can't get her up"

"They went back to try to wake her up"

"We found out later she had taken an overdose of sleeping pills and had also slashed her wrists."

"It was undiluted Hashgacha Peratis, Divine Providence that they went back to check up on her, because when they brought her to the hospital and pumped her stomach and resuscitated her, the doctors said if she would have been left for another hour, she might have been brain



nebbichs stood?

He said what had happened ,happened to all of us.

Although it happened to that girl, we were all involved had brought us all to the same place at the same time Hashem was obviously giving us all a message-that we are very selective with the people we are nice are to. IN OTHER WORDS, WE ARE VERY PIOUS AND NOBLE BUT ALWAYS **SELECTIVE** We invite interesting and important people to our Shabbos table Likeable and personable people And then she hits it on the nail when she says this. (As "Minko" on 66 WFAN would say at an Army Broadcast "BINGO!!") When the Torah was given at Sinai, do you think it was given only for beautiful people? Do you think there was a special line for nice people and in the back is where all the

No, the Torah was given to all Jews,no matter what kind of personality they have, no matter what kind of troubles they have, no matter what kind of IQ they have

The Torah is part of every single Jew until the end of time.

This is what mekarvon es "habriyos" mean.

And though she does not talk about Avraham Avinu, he was this way with people.

He didn't hang around Reb "Shem ben Noach" all day long

He dealt with all kinds of people.

None of this "Smart people to the East Door, Dumb ones to the West, Beautiful Ones to the North, Ugly Ones to the South, and yes that pretty girl there gets the tongue of the 3rd cow that tastes good with mustard"

He treated them all with equal dignity and respect.

Just as the Torah was given to all of us.

And there is a part of Torah in every Yid.

Hashem put it there.

We must look and find it
Seek and you shall find
Green Esther is a beautiful Queen
Sick Pale Miriam is a Sparkling Princess
We are blind.
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Re: yechida's reflections Posted by yechidah - 30 Oct 2009 14:17
May Hashem heal all of precious Yidin that need a Refuah Shlaimah
Never forget the pain of the ill among us
And yet be B'Simcha as well
A Smile can do wonders

At the Cancer Clinic by Ted Koozer

She is being helped toward the open door

that leads to the examining rooms

by two young women I take to be her sisters.

Each bends to the weight of an arm

and steps with the straight, tough bearing

of courage. At what must seem to be

a great distance, a nurse holds the door,

smiling and calling encouragement.

How patient she is in the crisp white sails

of her clothes. The sick woman

peers from under her funny knit cap

to watch each foot swing scuffing forward

and take its turn under her weight.

There is no restlessness or impatience

or anger anywhere in sight. Grace

fills the clean mold of this moment

and all the shuffling magazines grow still

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Re: yechida's reflections

Posted by Noorah BAmram - 01 Nov 2009 03:20

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Yechida, just read some of your recent posts and was very touched by them!

Chazak CHAZAK!!!
Noorah
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Re: yechida's reflections Posted by yechidah - 02 Nov 2009 13:23
thank you Noora
and I admit the next one will be unusual
but please be patient in reading it because it has a profound concept there
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Re: yechida's reflections Posted by yechidah - 02 Nov 2009 14:06
The Voice that kills/The Voice that heals (Part 3)-the Case of X
At certain points in my life I read many mystery books including those old Hardy Boys (and shhhh, some Nancy Drew who by the way had a higher IQ than both Frank and Joe combined),and later the Complete Works of Sherlock Holmes, and well as almost all the books written by Agatha Cristie.
This Agatha Cristie had a simple clear style of writing yet it was a writing of a genius.



Her book "Curtain" is the greatest of her greats, competing only with perhaps "And then there were none"

This book was written in the 1940's, put in a vault, and not published until the 1970's after her death.

She had created a character Hercule Poirot a Belgian detective and this was his last case as an old infirm man but with a brain that was as sharp as ever.

He goes with his friend who had helped him with a lot of his cases, a man called Hastings

They go to this Hotel called "Styles Court" where many years ago Hercules Poirot with his friend Hastings solves their first case.

They are back, years and years later, the last case of Hercule Poirot

There is a evil deadly demented murderer in Hotel Styles.

Poirot gives Hasting 5 newspaper clippings

5 murders

The motive seemed to be clear and the murder suspect seems to be the clear culprit-5 different murderers—yet Poirot tells Hasting this

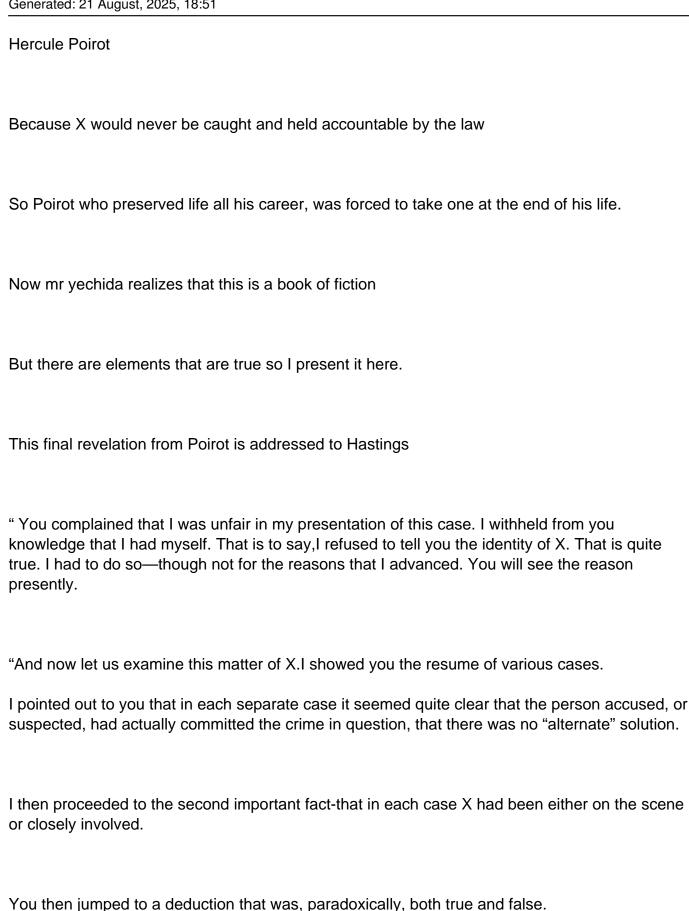
"I intend, Hastings, to be very careful in what I say. Let me put it this way. There is a certain

person---X. In none of these cases did X (apparently) have any motive in doing away with the victim. In one case as far as I have been able to find out,X was actually two hundred miles away when the crime was committed, Nevertheless, I will tell you this. X was on intimate terns with Etherton (case 1),X lived for a time in the same village as Riggs(case 2)X was acquainted with Mrs Bradley (case 3),I have a picture of X and Freda Clay walking together on the street(case 4), and X was near the house when old Matthew Litchfield died(case 5)

X is in this house.
A murder will be committed here
Poirot knows the identity of X
But he will not tell Hastings who X is
"Why not'?
Because you are the same old Hastings. A speaking open face.staring at X with your mouth wide open. No we must be very incognito, secretive and when we pounce, we pounce
I will not go through the whole book. Basically there are murders and attempted murders and you really don't know what in the world is going. Hastings himself almost kills a creep who is chasing after his daughter
After I knew the solution and read the book again I saw how ingenious the whole book was
The final victim is a guy Norton who is shot in the head.

The coroner rules it self inflicted
The Poirot himself dies, apparently from natural causes
So you are at the end of this book, X is a murderer, we have no idea who he is, Poirot dies.
Did X kill Poirot?
Who is X?
You are at almost the very end of the book and you have no idea
Poirot had left Hastings a box with 2 clues
1-the play Othello by Shakspeare
2-the play "John Ferguson" by St John Ervine with the marker at the third act.
Then months later Poirot's lawyer sends documents to Hastings
Bottom line this Norton who was shot in the head was X
Who killed Norton who was X?

You said that X had committed all these murders



15/23

But, my friend, the circumstances were such that in each case (or very nearly) only the accused could have done the crime. On the other hand, if so, how account for X?....So we get the curious result that we have here a case of catalysis-a reaction between two substances that takes place only in the presence of a third substance, that third substance apparently taking no part in the reaction and remaining unchanged. That is the position.

I means that where X was present, crimes took place—but X did not actively take part in these crimes

An extraordinary, an abnormal situation!! And I saw that I had come across at last, at the end of my career, the perfect criminal, the criminal had invented such a technique that he COULD NEVER BE CONVICTED OF CRIME.

It is amazing but not new. There were parallels. And here comes in the first of the "clues" I left you.

The play of Othello

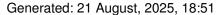
For there, magnificently delineated we have the original of X

(truth is, my friends, we know of X in Tanach. Doeg HoAdomi. according to the Midrash ,he hated Dovid, and praised Dovid to Shaul in a way that would put hatred of Dovid in Shaul's heart. But on the surface it seemed that he was making innocent and even kind comments. We would never know from the words what poison was placed there.

his goes beyond the typical loshon horah because it is much more subtle, very hard to detect and very deadly)

lago is the perfect murderer.

The deaths of Desdemona, of Cassio—indeed of Othello himself—are all lago's crimes, planned



by him, carried out by him. And "he" remains "outside" the circle, untouched by suspicion-or could have done so....

Yes, there is there the perfection of the art of murder. Not even a word of Direct suggestion. He is always ,holding others back from violence, refuting with horror suspicions that have not been entertained until he mentions them.

And the same technique is seen in the brilliant third act of John Ferguson.

Every person may have the desire to hurt of kill someone. But you do not do it...

So the art of X is this

Not to suggest the desire, but to break down the normal decent resistance.

It was an art perfected by long practice. X knew the exact word, the exact phrase, the intonation even to suggest and to bring cumulative pressure on a weak spot!!

This is done without the victim suspecting.

It was not hypnotism.-hypnotism would not be successful.

It was something more insidious, more deadly.

IT WAS A MARSHALLING OF THE FORCES OF A HUMAN BEING TO WIDEN A BREACH INSTEAD OF REPAIRING IT.

Your first reaction was a mild suspicion of Norton.

And you are quite right. Norton was the man. You had no reason for your belief except the perfectly sound if not halfhearted suggestion that he was insignificant. There I think you came very close to the truth.

He was the only son of a masterful and bossy woman..slightly lame..did not participate in sports at school.

I could imagine that he began to discover quite young his own power for influencing people. He is a good listener (here yechida adds that even the great potential chesed of truly listening must be used for the right reasons to help, not to destroy)he has a quiet, sympathetic personality. People liked him without ,at the same time noticing him too much. He resented this—and then made use of this. He discovered how ridiculously easy it was, by using the correct words, and supplying the correct stimuli, to influence his fellow creatures.(yechida adds that he has seen the influencing power of mechanchim that misuse their power and ability to literally destroy young boys and girl under their care and influence, some using their power of influence in a subtle way)The only thing necessary was to understand them—to penetrate their thoughts, their secret reactions and wishes

Can you realize, Hastings, that such a discovery might feed a sense of power ?Here he was Stephen Norton, whom everyone liked and despised—and he could make people do things they didn't want to do ---or (mark this) thought they did not want to do

I can visualize him developing this hobby of his...

Yes, his hobby grows and grows until it becomes a passion, a necessity!!

Norton, the gentle-natured loving man, was a secret sadist. He was an addict of pain ,of mental torture

I will stop here, but he continues to describe how he tracked those 5 victims in those 5 cases and how Norton tracked the victims in this hotel as he knew one of the couples there. Poirot senses the danger so he comes there and at the end kills Norton himself. When you read the book a second time, you see what Norton said and how he acted in his "insignificant" way and you see clearly his art of brilliant manipulation.

Yechida is a little dense and not always too sharp but he had spotted in some of his rebbis and teachers as well as some public speakers as well as several coworkers and supervisors over the years being like this Norton guy but not quite pulling it off.

And then you have true gedolim that use this gift in a very positive way.

For example Hillel was like an Anti X.

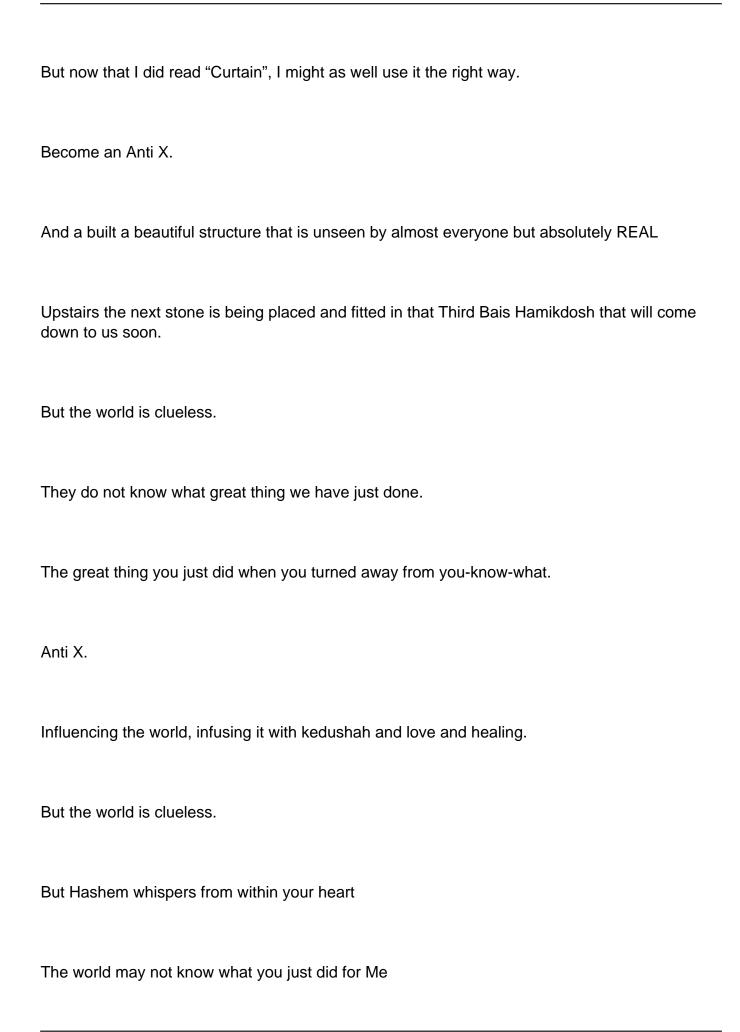
And I tried this, being like X, but in the opposite and reverse, to build instead of destroy.

A couple came to my house for Shabbos. It was clear that the wife did not really respect the husband much. Not fighting or anything like that but she didn't think too much of him at that point is critical of him. they came to us several times. What do I do. When he walks in the door I give him the biggest smile and a big Shalom Aleichem, I listen to everything he says over Shabbos,I stand up when he comes in the room. I say "very good point you got there" "you handled that correctly" and none of this was phony or acting on my part. I actually found good points in him that I purposely brought out in the open

His wife sees this. How me and my wife and my kids are listening to him(and I tell my kids what an interesting good guy he is).and you see at least for a short while how this guy's wife is looking at her husband in a different and more positive light.

Not once did I tell the wife openly "see you have here a special husband". But that is exactly what I "told" her. She just had no idea that when I was talking to her husband I was actually talking to her.(which, by the way is perfectly permissible, even recommended)





But I know
Thank you
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Re: yechida's reflections Posted by habib613 - 02 Nov 2009 14:52
wow. :o
i read that book like 8 years ago.
wow.
i don't know how you do it, R' Yechida, but you just made me see the world in a whole new light
Thank you.
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Re: yechida's reflections Posted by letakain - 02 Nov 2009 16:42
cool post, yechida! never read those books, but awesome concept!
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Re: yechida's reflections Posted by 7yipol - 03 Nov 2009 13:04
The more I get to know this YECHIDA, the more in awe I am.

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