

yechida's reflections

Posted by yechidah - 29 Jun 2009 19:47

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(any questions , insights & suggestions about this thread,feel free to email me at [taryaga@gmail.com](mailto:taryaga@gmail.com))

There are many reasons we need to be where we are and who we are,most are unknown.Why do we even have to be in a situation or have in our soul so much darkness and a pull toward self-destructing negative behaviors?

I saw once an amazing thought in a sefer.Moshe Rabeinu came from a union that after the Torah was given would have deemed him a mamzer(parents being an aunt & nephew).He could not boast of his lineage.This is one reason that let him be the greatest Anov that ever lived.

We who have to deal with the stuff that's in us that we would rather not have in the first place-this pain and shame over the course of time -makes us realize that even when we b'ezras Hashem pull out of the addictions-we will never look at another Yid that is struggling with this in a negative way

We catch a Yid looking where he shouldn't be looking and our hearts are full of compassion.We will daven for him,treat him with respect,gently try to get him out of it.We would never disgrace him-not even in our hearts-because we were there.We know what it's like.In our eyes he is a potential tzaddik.

This is surely one reason Hashem gave us this urge towards baseness with all it's shades of ugliness.Yes you are special-like every Yid is-but never ever judge harshly My son or daughter that is struggling-because I love him or her - he or she is part of Klall Yisroel.Just as indispensable as you are.

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Re: yechida's reflections

Posted by yechidah - 04 Dec 2013 05:14

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Empathy

Is

The heart

Of

kindness

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Re: yechida's reflections

Posted by yechidah - 08 Dec 2013 21:54

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you are all beloved by Hashem

never think otherwise

even more than that

No matter what your past was like, God desires the personal interaction with you. He does listen. He does answer. You may not see it clearly right away. But if you look closely-you will see His responding to you.

Deep inside every human wants to connect with his Creator. Certainly a Yid. & God desires very much the personal relationship with you-no matter how flawed you may be or think you are.

Hope is the anecdote to despair. Keep that spark if hope alive. God , in our generation ,seems to want the mode of Hester Panim-He is hidden behind a veil

Nevertheless, if you search & yearn & look- & we call out to Him with sincerity-He WILL interact with you. you will see His guiding hand. Don't let the fact that we don't see open miracles deter

or weaken you. The sea will not split for you nor will money fall from the sky nor will your marriage turn around in a 3 minute span. But somehow, somehow, even through the veil, you will cross that sea, you will receive money & your marriage will heal

The first thing is to connect with God & ask. Even if you feel there is a "shelo leshmah"- an ego-type motive-don't let that hold you back either. You tell God, true, perhaps some of my requests & desires have selfish aspects to it-but you also know that deep inside I want to be close to you- & I am calling you from that place.

So dear friends, don't get down, don't let life's problems overwhelm you. I know how life can be overwhelming sometimes. Sometimes we spin in circles & we don't see a way out of it. & I don't have the magic formula either. I don't have solutions to many problems in my life either. But I do see these glimmers of hope. from behind the veil, I see God reaching out to me. & Im not special in that regard. No. That is not so. Every Yid is special in that regard. God wants to hear from each one of you. & He want your interaction, He wants you to confide in Him & express both your pain & joy with Him.

Our generation is a very confusing & dark one. There is beauty in our generation too so many good things but the confusion & pain is great as well. We cant live without God helping us-in EVERY aspect in life. & perhaps that indeed is one of the lessons of our generation. We see & feel that we need God in our lives-on a VERY VERY PERSONAL BASIS.

He is our lifeline. He is who we can turn too. & He DOES respond. We may feel deep suffering, each one of us in our own way-but He is the Healer of that suffering. It wont disappear overnight. Some problems may stay. But FEELING HIM WITHIN OUR HEARTS will indeed sooth us & comfort us & reframe us & will indeed give up a spark of joy that will eventually radiate & bring great healing into our lives.

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Re: yechida's reflections

Posted by Dov - 31 Dec 2013 23:42

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Sweet, thanks chaver.

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Re: yechida's reflections

Posted by yechidah - 16 Jan 2014 18:04

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Courage is being

Scared to death

-but saddling up

Anyway”

(John Wayne)

In Judaism

Courage is trusting God

Thinking, speaking, acting

As best as we can

In accordance to His wishes

Vulnerability

Is courage too

Pouring out our hearts to Him

Expressing our vulnerabilities & weaknesses

Asking Him to help us anyhow

It's a courage

Not recognized in our society

Courage to face

Our vulnerability to Him

& to our fellow man

When that's the right thing

To do

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Re: yechida's reflections

Posted by Dov - 24 Jan 2014 15:40

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Often I cannot do a thing but just saddle up. Or as an SA mentor of mine would put it, "Suit up and show up."

And it is OK.

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Re: yechida's reflections

Posted by yechidah - 23 Feb 2014 06:39

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World looks "screwed up"

Yet we believe

Despite its dark veil

We envision

The corrected world

How every dark storm

That transpired upon this earth

Is somehow leading us

To its ultimate perfection

& its corrected state

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Re: yechida's reflections

Posted by yechidah - 05 Mar 2014 06:46

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Words of Love

Are so important

How much more so

The silence between the Words

Facial expression

Of the soft tenderness in the eyes

Kind gestures, compassionate thoughts

Flowing outward

Within the silence

Between the Words!!

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Re: yechida's reflections

Posted by yechidah - 09 Mar 2014 06:15

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Evening Prayer

Is my night light

Shedding a soft glow

Of comfort

Into my soul

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Re: yechida's reflections

Posted by yechidah - 10 Mar 2014 06:05

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Table

Laden with food

Is God telling me

Look at the beautiful gifts

I am sending you

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Re: yechida's reflections

Posted by yechidah - 20 Apr 2014 05:55

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The pleasant awakening

To the double song of trees

First listening to their own melody

As the winds passes through them

As well as the joyous melody of the

Birds residing in them

Creating

A beautiful harmony

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Re: yechida's reflections

Posted by yechidah - 28 Apr 2014 01:14

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Speech of Wisdom

Stringing words together

As one would do

When creating

An exotic pearl necklace

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Re: yechida's reflections

Posted by yechidah - 04 May 2014 14:22

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Silence

Is an Art

Not just "non-speech"

It

Can be

A harmful weapon

Or healing balm

It's

Certainly not passive

Though it may seem so

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On the surface

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Re: yechida's reflections

Posted by yechidah - 11 May 2014 14:49

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My introversion

Creates a perception

Of a solitary lone island

Amidst a great vast sea

Yet

My heart is full

With the inner currents

Of a powerful connection

To my people

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Re: yechida's reflections

Posted by TehillimZugger - 11 May 2014 23:12

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So what am I?

Surrounded?

Or stranded?

Where am I?

In my heart?

Or head?

Do I make my soul a desert?

DO I see it as an oasis?

Am I full at my core?

Yechida, I presume

You understand what I'm asking

Please respond.

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