

yechida's reflections

Posted by yechidah - 29 Jun 2009 19:47

(any questions , insights & suggestions about this thread,feel free to email me at taryaga@gmail.com)

There are many reasons we need to be where we are and who we are,most are unknown.Why do we even have to be in a situation or have in our soul so much darkness and a pull toward self-destructing negative behaviors?

I saw once an amazing thought in a sefer.Moshe Rabeinu came from a union that after the Torah was given would have deemed him a mamzer(parents being an aunt & nephew).He could not boast of his lineage.This is one reason that let him be the greatest Anov that ever lived.

We who have to deal with the stuff that's in us that we would rather not have in the first place-this pain and shame over the course of time -makes us realize that even when we b'ezras Hashem pull out of the addictions-we will never look at another Yid that is struggling with this in a negative way

We catch a Yid looking where he shouldn't be looking and our hearts are full of compassion.We will daven for him,treat him with respect,gently try to get him out of it.We would never disgrace him-not even in our hearts-because we were there.We know what it's like.In our eyes he is a potential tzaddik.

This is surely one reason Hashem gave us this urge towards baseness with all it's shades of ugliness.Yes you are special-like every Yid is-but never ever judge harshly My son or daughter that is struggling-because I love him or her - he or she is part of Klall Yisroel.Just as indispensable as you are.

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Re: yechida's reflections

Posted by inastruggle - 30 May 2013 16:44

from ou.org

[20 Sivan]

34 Jewish men and 17 Jewish women were burned at the stake in Blois France, 1171, as a result of the first ritual-murder trial in Europe. Rabbeinu Tam declared a fast day to mark the event. The day was confirmed as a fast day centuries later, in Poland, following the murder of 6000 Jews of Niemirov during the Chmielnicki massacres, 1648. Many Siddurim have Slichot for Kaf Sivan.

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Re: yechida's reflections

Posted by yechidah - 30 May 2013 16:46

thank you

I appreciate you providing the background on this topic

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Re: yechida's reflections

Posted by yechidah - 31 May 2013 18:57

(Meditation for Sundays)

Sunday

Chessed

The world was built

With kindness

We are a microcosm

Of the world

This we are built

With Chessed

To spread Lovingkindness

Throughout the world

With the knowledge

Of a Kind Creator

As Avraham our father did

We are all his students

So we must learn from him

To spread the awareness of God

All across the globe

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Re: yechida's reflections

Posted by yechidah - 04 Jun 2013 20:17

Dear Child

I know the world is a confusing place

A hurtful place at times

But I'm always with you

As a comfort to you

Rely on me

As I hold your hand through life

No matter where you go

In everything you experience

I am with you

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Re: yechida's reflections

Posted by yechidah - 07 Jun 2013 21:25

How beautifully fascinating

Is the World of Birds

Painting the airspace above us

With their colorful

& diverse flights

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Re: yechida's reflections

Posted by tehlimzugger - 10 Jun 2013 15:44

[quote="gibbor120" post=206957][yechidah wrote](#):

If the baby is crying and I need to stop learning to take care of her, I shouldn't get upset. That is Hashem's ratzon for me now. If Hashem wanted me to keep learning, he would keep the baby sleeping.

Good point, shkoyach.

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Re: yechida's reflections

Posted by yechidah - 01 Jul 2013 00:08

Visiting a dear friend

In the cemetery

As well as a tzaddik

Looking at the many many graves

So many of them

Beyond what the eyes can see

Believing in the heart

That both this tzaddik & my friend

Will arise from the earth

Their souls shining

Through their reconstituted pure bodies

With joy we shall greet them

With the healing of all pain

Will come a Unity

Like no other

All our hearts as One

Finally seeing our final destiny

For everlasting life

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Re: yechida's reflections

Posted by yechidah - 01 Jul 2013 00:09

Essence of Speech

To bring forth

Profound thought & emotion

From the innermost depths

As refreshing water

Buried deep beneath the surface

When the Art of Speech

Is used properly

It expand the heart & mind

So that though it's impossible

To convey the true depths of the soul

Via concrete words

Nevertheless

The soul-filled words

Does create an opening

Of the Divine soul

That God breathed

Into us

Letting us know

Of the Great Gift

Of the spoken word

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Re: yechida's reflections

Posted by yechidah - 14 Jul 2013 17:46

Sparkling Water

Shining

From across the table

Life-giving liquid

The mystical combination

Of the opposites

Of a no-taste-deliciousness

To every drop

That the drinker of water enjoys

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Re: yechida's reflections

Posted by yechidah - 16 Jul 2013 01:32

have an easy fast everyone

love your own soul & love every fellow Yid

& may God redeem us & remove all our suffering & bring light & healing unto the world

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Re: yechida's reflections

Posted by inastruggle - 16 Jul 2013 02:23

amen

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Re: yechida's reflections

Posted by yechidah - 04 Aug 2013 18:53

Foundation of Happiness

Is mindful awareness

When I have a toothache

We know that NOT having a toothache

Is a wonderful thing

Yes!!

A non-toothache

Is a very pleasant event!!

A non-headache- even better!!

It just takes a few minutes

To think about the kindness

& the joy

Of a non-toothache

So for today

(& hopefully every day)

Thank you God

For this great gift

Of the non-toothache

That you have given me!!!!

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Re: yechida's reflections

Posted by yechidah - 04 Aug 2013 19:10

The saying goes

“ A 1000 mile journey

Begins with the first step”

Grateful to God

For sending me a wise elderly man

To tell me this on Shabbos

& for elaborating on this concept

Its so true!!!

People are mistaken

When dwelling on past mistakes

On wasted years

Gone forever

The mourning over past losses

Though has its healthy place

Usually isn't the best approach to life

For it can seriously

Stall or stunt

Growth that can occur today

To plant the seeds

Of a hopeful & joyful future

This is true even of older people

Who have crossed most of their life span

& yet even for them

A very meaningful life lies ahead

So ask yourself

“what is before me today?”

What can I accomplish now?

& with this mindset

You can accomplish & grow in life

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Re: yechida's reflections

Posted by yechidah - 11 Aug 2013 18:37

Thank you God

For the time you give me

To pray, to learn

To talk to You

Thank you God

For giving me the gift

Of my relationship with you

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