

yechida's reflections

Posted by yechidah - 29 Jun 2009 19:47

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(any questions , insights & suggestions about this thread,feel free to email me at [taryaga@gmail.com](mailto:taryaga@gmail.com))

There are many reasons we need to be where we are and who we are,most are unknown.Why do we even have to be in a situation or have in our soul so much darkness and a pull toward self-destructing negative behaviors?

I saw once an amazing thought in a sefer.Moshe Rabeinu came from a union that after the Torah was given would have deemed him a mamzer(parents being an aunt & nephew).He could not boast of his lineage.This is one reason that let him be the greatest Anov that ever lived.

We who have to deal with the stuff that's in us that we would rather not have in the first place-this pain and shame over the course of time -makes us realize that even when we b'ezras Hashem pull out of the addictions-we will never look at another Yid that is struggling with this in a negative way

We catch a Yid looking where he shouldn't be looking and our hearts are full of compassion.We will daven for him,treat him with respect,gently try to get him out of it.We would never disgrace him-not even in our hearts-because we were there.We know what it's like.In our eyes he is a potential tzaddik.

This is surely one reason Hashem gave us this urge towards baseness with all it's shades of ugliness.Yes you are special-like every Yid is-but never ever judge harshly My son or daughter that is struggling-because I love him or her - he or she is part of Klall Yisroel.Just as indispensable as you are.

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Re: yechida's reflections

Posted by yechidah - 19 Feb 2013 03:08

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There are "Love" Tzaddikim

There are "Awe" Tzaddikim

We need them both

Yet our root individual soul

Is internally connected

To one more than the other

May each one of us find

The Tzaddikim we really need in life

Serving Him with both "Awe" & "Love"

In correct balance

In accordance to our true soul's disposition

So that our greatest potential

Is actualized

In the most ideal way

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Re: yechida's reflections

Posted by yechidah - 20 Feb 2013 19:17

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What a delicious comfort

On a chilly rainy fall night

A cup of tea

Steam rising upward

Warming me

In those sweet moments

Prior to my drinking of it

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Re: yechida's reflections

Posted by yechidah - 25 Feb 2013 20:35

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Hand slaps

Hand caresses

Same with Words

Words slap

Words caress

Depending on how they are used

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Re: yechida's reflections

Posted by yechidah - 27 Feb 2013 00:12

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Physical Charity

Is with money

Spiritual Charity

Is the giving

Of the gifts

Of your

Soul

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Re: yechida's reflections

Posted by yechidah - 05 Mar 2013 23:19

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It's never too late

To be

Who you might have been (George Eliot)

This is especially true for a Jew

Teshuvah is not just a matter

Of cleaning one's mess of the past

It's not mere damage control

It's the transforming of the deepest darkness

Into the brightest light

That tainted dark past

Is the fuel, the engine, the energy

That rises a person above it all

So that the "lateness" itself

Helps you become

What you "might" have been

Even beyond the point

If it never would have been late

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Re: yechida's reflections

Posted by yechidah - 08 Mar 2013 20:50

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Nobody can go back and start a new beginning, but anyone can start today and make a new ending.

Maria Robinson

& with the gift of teshuva, the new ending transforms the earlier beginning from darkness to light

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Re: yechida's reflections

Posted by yechidah - 20 Mar 2013 20:45

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"Gefilte Fish"

A Shabbos Dish

To elevate

What I eat

Is my deepest wish

To appreciate God

Even from

A potato knish

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Re: yechida's reflections

Posted by yechidah - 22 Mar 2013 19:32

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Even when you are “right”

Your approach may be wrong

For expressing a “right”

Must be done with patience , respect

& humility

Not shoving your “rightness”

Down your family’s throat

Even when you are wrong

You can transform that wrong

Into a “right”

By being humble in your wrongness

In your willingness to accept

Your human frailties

By conveying of such wrongness

In such a beautiful compassionate manner

Can make everything right

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Re: yechida's reflections

Posted by Dov - 28 Mar 2013 21:23

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Ohh, that's sweet. I need some of that. Thanks for the gift, Yechidah!

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Re: yechida's reflections

Posted by yechidah - 31 Mar 2013 17:17

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Thank you Dov

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Re: yechida's reflections

Posted by yechidah - 31 Mar 2013 17:19

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After marrying Rivka

Yitzchok was comforted

From his profound grief

Of his mother's death

This teaches us

That when you marry

& become one with another human being

With the proper love

& pure giving heart

The loving of one's wife

Can heal your heart

From many painful forms

Of grief & pain

It has been proven true

That giving unconditionally

To one another

Can heal

A lot of the wounds

Of one's past

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Re: yechida's reflections

Posted by yechidah - 04 Apr 2013 19:18

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It heard the following:

When it comes to staying young

A mind-lift

Beats a face-lift

Any day

This should tell a person

To work on his or her

Inner beauty

More that the outer manifestation

Which can be real or false

While what is in your heart & soul

Is always within your ability

To make truly beautiful

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Re: yechida's reflections

Posted by yechidah - 15 Apr 2013 19:42

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Feet, Feet

Please take my body

To where my soul

Needs to be

Spiritual journey

That my body will appreciate & enjoy

Over time

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Re: yechida's reflections

Posted by yechidah - 17 Apr 2013 20:54

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We hurt

One another

Creating

A gap

Separating us

From our true selves

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