

yechida's reflections

Posted by yechidah - 29 Jun 2009 19:47

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(any questions , insights & suggestions about this thread,feel free to email me at [taryaga@gmail.com](mailto:taryaga@gmail.com))

There are many reasons we need to be where we are and who we are,most are unknown.Why do we even have to be in a situation or have in our soul so much darkness and a pull toward self-destructing negative behaviors?

I saw once an amazing thought in a sefer.Moshe Rabeinu came from a union that after the Torah was given would have deemed him a mamzer(parents being an aunt & nephew).He could not boast of his lineage.This is one reason that let him be the greatest Anov that ever lived.

We who have to deal with the stuff that's in us that we would rather not have in the first place-this pain and shame over the course of time -makes us realize that even when we b'ezras Hashem pull out of the addictions-we will never look at another Yid that is struggling with this in a negative way

We catch a Yid looking where he shouldn't be looking and our hearts are full of compassion.We will daven for him,treat him with respect,gently try to get him out of it.We would never disgrace him-not even in our hearts-because we were there.We know what it's like.In our eyes he is a potential tzaddik.

This is surely one reason Hashem gave us this urge towards baseness with all it's shades of ugliness.Yes you are special-like every Yid is-but never ever judge harshly My son or daughter that is struggling-because I love him or her - he or she is part of Klall Yisroel.Just as indispensable as you are.

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Re: yechida's reflections

Posted by yechidah - 19 Sep 2012 01:17

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How can we be commanded

To Love God?

Isn't Love innate? within

Our nature? Not something

We can command ourselves

To feel?

Yet within such a question

Lies the answer

That indeed every Jew has

A burning innate love of God

Deep in the heart

& contemplation

Through toil & a true desire

We can discover this treasure of love

Within us

& bring it out in the open

& feel it in our whole body & soul

Deep within our consciousness

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Re: yechida's reflections

Posted by yechidah - 20 Sep 2012 12:37

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The inner reason

For not sinning

Is so as not to block or forget  
The illuminating beautiful light  
That each of us received  
By the giving of the Torah

While the positive mitzvos  
Actively triggers the remembrance  
Of the Giving of the Torah  
Drawing into us  
That illuminating beautiful light  
To bring us to the potential  
Of who we really are

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Re: yechida's reflections  
Posted by yechidah - 21 Sep 2012 12:23

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(written Erev Rosh Hashanah)

May Abundance

Of

Overflowing

Blessing

Be Gifted

To your beloved Nation

Though beaten & scarred

Though exhausted

By

Thousands of years

Of

Trials & Tribulations

We turn to You

To make us whole again!!!

May your Endless Kindness

Pierce the veil

& shine upon us

& the entire world

Filling every creation

With the Intimate knowing

Of You

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Re: yechida's reflections

Posted by Gevura Shebyesod - 21 Sep 2012 13:36

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Omein!!!!

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Re: yechida's reflections

Posted by yechidah - 21 Sep 2012 15:20

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What joy was felt

That moment

When we all saw

The red thread

Turning white!!!

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Re: yechida's reflections

Posted by yechidah - 24 Sep 2012 12:48

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Moishe Rabbeinu's vision

Into Eretz Yisroel

Allows us today

When we pray

To concentrate our hearts & minds

Towards the Holy of Holies

In our hearts

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Re: yechida's reflections

Posted by yechidah - 24 Sep 2012 17:32

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Pearls (Rav Kook)

When you sense that you have fallen because the spirit of your ethical awareness is weak, consider this: you have to draw forth precious pearls from the depths of the abyss. When you know this, then you will rise. You will renew your abilities with strength and tranquility. You will approach the ever-lasting light with more capability than you ever had before. This rule applies to the entire generation. It governs reality forever.

Orot Hakodesh III, p. 252

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Re: yechida's reflections

Posted by yechidah - 25 Sep 2012 12:13

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Dear Bad Mood ,(otherwise known as the Dark Side)

You are here.  
I know that.  
But you will not dictate  
How I behave today

You make me feel  
Mean inside  
Ugly, beastly  
Ok

So you have done this  
Today & many yesterdays  
But I won't inflict  
That meanness  
Upon myself  
Or those around me

Nor will you have me  
Hold back  
My smile  
As I greet my fellow man

I will ask my Creator  
To remove you  
From me  
Because you are not  
Who I really am

I will beseech my Father  
That when you do invade  
My inner self  
That I be given  
The mental toughness  
& loving heart  
To ignore you entirely  
Not allowing you  
To hurt myself  
Or those whom I love

You have overwhelmed me often

Truth is  
You are stronger than me  
But you want to know something?

My Creator whom I rely upon  
Can make me victorious over your strength!!!

If I pray to Him  
Sincerely & consistently  
He will then help me  
Ignore  
Your destructive urges

He will protect me  
Teaching me to behave  
The way I really want to  
So that all you anger  
All your lusts, your animal darkness  
Will be reduced  
To a mere background noise

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Re: yechida's reflections  
Posted by yechidah - 30 Sep 2012 13:47

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A few profound points written by K Gibran

How shall my heart be unsealed unless it is broken?

Is there a greater fault than being conscious of the other person's faults?

A root is a flower that disdains fame

The silence of the envious is too noisy

our most sacred tears never seek our eyes

every seed is a longing

A woman may veil her face with a smile

and to conclude with a quote relating to Succos. Its a mitzvah to experience simcha on Yom  
Tov. If one's heart is heavy for whatever reason, one should still make the effort to rejoice as best  
as he or she can by thinking positively & looking & contemplating on the many Kindnesses that  
Hashem has given you

"How noble is the sad heart who would sing a joyous song with joyous hearts!!!!"

and what happens often is the the ray of light & happiness pierces through the sad heart &  
begins to heal it

may you all experience this true joy in your hearts

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Re: yechida's reflections

Posted by yechidah - 03 Oct 2012 19:54

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Sukkah,Sukkah!!!

Come with me

Wherever I go

Protected & safe

Within your comforting walls

Inner peace & love

Safe & sound

From the fierce winds outside

Trusting you

Feeling inner joy

In my Sukkah

Where the Shechinah resides

All around me

& within me

As the Clouds of Glory

Carry me through life

Gently & safely

To where I need to be

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Re: yechida's reflections

Posted by tehilimzugger - 03 Oct 2012 22:19

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[yechida wrote on 25 Sep 2012 12:13:](#)



Dear Bad Mood ,(otherwise known as the Dark Side)

Wow on that. thanks for sharing it with us.

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Re: yechida's reflections

Posted by Dov - 03 Oct 2012 22:42

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"background noise" - That's exactly all it is.

Truth is so geshmak!

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Re: yechida's reflections

Posted by yedid\_nefesh - 04 Oct 2012 07:17

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Your poetry is inspiring. Never been a fan if poetry in general but I get your stuff.

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Re: yechida's reflections

Posted by yechidah - 04 Oct 2012 12:28

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thank you guys

I hope bli neder shortly to get back to regular prose as well

I know this mode of expression is not for everyone

& yet sometime insights come out clearer when written this way

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