#### **GYE - Guard Your Eyes**

Generated: 22 August, 2025, 18:17

yechida's reflections Posted by yechidah - 29 Jun 2009 19:47

(any questions, insights & suggestions about this thread, feel free to email me at taryaga@gmail.com)

There are many reasons we need to be where we are and who we are,most are unknown. Why do we even have to be in a situation or have in our soul so much darkness and a pull toward self-destructing negative behaviors?

I saw once an amazing thought in a sefer. Moshe Rabeinu came from a union that after the Torah was given would have deemed him a mamzer (parents being an aunt & nephew). He could not boast of his lineage. This is one reason that let him be the greatest Anov that ever lived.

We who have to deal with the stuff that's in us that we would rather not have in the first placethis pain and shame over the course of time -makes us realize that even when we b'ezras Hashem pull out of the addictions-we will never look at another Yid that is struggling with this in a negative way

We catch a Yid looking where he shouldn't be looking and our hearts are full of compassion. We will daven for him, treat him with respect, gently try to get him out of it. We would never disgrace him-not even in our hearts-because we were there. We know what it's like. In our eyes he is a potential tzaddik.

This is surely one reason Hashem gave us this urge towards baseness with all it's shades of ugliness. Yes you are special-like every Yid is-but never ever judge harshly My son or daughter that is struggling-because I love him or her - he or she is part of Klall Yisroel. Just as indispensible as you are.

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Re: yechida's reflections

Posted by yechidah - 16 Sep 2011 13:42

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Posted by yechidah - 16 Sep 2011 22:09

Generated: 22 August, 2025, 18:17 "Think good and it will be good" We very much underestimate The power Of positive thought Such power in positive thoughts All the more so In positive speech, In positive action Such as writing down Positive thoughts Can do wonders For the good health Of body & soul Re: yechida's reflections Posted by ZemirosShabbos - 16 Sep 2011 17:26 beautiful, thanks! Re: yechida's reflections

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**GYE - Guard Your Eyes** Generated: 22 August, 2025, 18:17 **Good Shabbos** Re: yechida's reflections Posted by yechidah - 26 Sep 2011 13:19 A Poem I saw this morning.... We need to teach our daughters to distinguish between: A man who flatters her -and a man who compliments her. A man who spends money on her -and a man who invests in her. A man who views her as property -and a man who views her properly. A man who lusts after her -and a man who loves her.

A man who believes he is God's gift to women

-and a man who remembers a woman was God's gift to man

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and then teach our boys to be that man.
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Re: yechida's reflections Posted by yechidah - 27 Sep 2011 20:53
have a K'sivah V'Chasimah Tovah everyone
may there be only blessing in your lives, both physically and spiritually.
and may Hashem grant us all true inner Simcha do that we can serve our Creator with joy and yishuv hadaas
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Re: yechida's reflections Posted by ZemirosShabbos - 27 Sep 2011 20:56
amen!
thank you for bringing us so much wisdom beauty and sound advice
a ksiva vechasima tovah and a shnas geula viyeshua
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Re: yechida's reflections Posted by yechidah - 05 Oct 2011 14:06
Strife in a home

Is very distressing
Tears the very fabric
Of healthy family life
Strife can easily
Spiral downwards
To the point
Of being completely
Out of control
Bursting violently
Via the sword
Of the vengeful tongue
Strife devastates
First step
Is to pray to God
To help remove
Strife from our homes
And hearts
Ask him for advice
Requesting help in removing
Requesting help in removing Strife

From our home	
From our hearts	
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Re: yechida's reflections Posted by yechidah - 06 Oct 2011 12:40	
Learning Torah	
Every day	
Every night	
Is the vessel	
That draws the	
Both physical & spiritual blessing	
Into one's life	
The sooner you fashion and form	
This vessel	
Of consistent Torah study,	
The earlier	
These abundant gifts	
Will come to you	
The larger you make	
The vessel	
Quantitatively and Qualitatively	

So will increase	
The inflow of acceptance	
To the healing and joyful blessing	
From above	
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Re: yechida's reflections Posted by yechidah - 10 Oct 2011 12:41	
Faith,	
Trust in God	
Is not a matter	
Of the intellect	
It's not an abstract idea	
Faith infuses our daily	
Our innermost being	
Every single day	
God creating and running this world	
Is not just an interesting	
Piece of information	
It's related to you	

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Re: yechida's reflections

A private abode

Of happiness and contentment

Generated: 22 August, 2025, 18:17
Posted by yechidah - 11 Oct 2011 12:26
Focusing on externals
Viewing primarily
The seen landscape
Tends to overshadow
The inherent beautiful structure
Of one's abode
Creating the ultimate slow deterioration
That will occur
To the hyper focused "external" home
Over the course of time
Home not meant as a display
For others who walk by it
Or who have a tour within it
To admire and perhaps envy
Its external beauty
It's for the true person
Who creates their home
As a sacred place

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So as one designs his home
His primary focus
Is on internal real beauty
Unique to his own calling
A true expression
To the home deep within his soul
This home is created
Enhanced, beautified
By the revelation
Of the pure essence
Within his private domain
Infusing it
With an internal beauty
That no architect can design
No contractor can build
For their work
As impressive as it may seem
Are mere externals
An empty shell
Until the one who lives within those walls
Brings forth his inner light
Into a home

That can only be called his own	
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Re: yechida's reflections Posted by Serene smile - 11 Oct 2011 15:28	
:-) really nice	
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Re: yechida's reflections Posted by yechidah - 12 Oct 2011 12:22	
Physical distance	
Does not separate	
A soul connection	
Deep within	
The soul connect	
With all of her soul-root	
No matter where	
The physical bodies reside	
And yet there is great power	
In the physical union	
Of connecting souls	

This is the specialness
Of a minyan of Jews
Praying together
Or working together
In charity and kindness
Husband and wife
Have a powerful soul connection
That transcends time and space
So that even when physically apart
The intrinsic union exists
On the most deepest level
And yet
And yet This union's intensity and power
This union's intensity and power
This union's intensity and power  Its bond and its love
This union's intensity and power  Its bond and its love  Is very deeply felt
This union's intensity and power  Its bond and its love  Is very deeply felt  By the actual physical closeness
This union's intensity and power  Its bond and its love  Is very deeply felt  By the actual physical closeness  And more often than not
This union's intensity and power  Its bond and its love  Is very deeply felt  By the actual physical closeness  And more often than not  It's that physical intimacy
This union's intensity and power  Its bond and its love  Is very deeply felt  By the actual physical closeness  And more often than not  It's that physical intimacy  That is needed
This union's intensity and power  Its bond and its love  Is very deeply felt  By the actual physical closeness  And more often than not  It's that physical intimacy  That is needed  To open up

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Re: yechida's reflections Posted by Dov - 12 Oct 2011 16:24
Not to be a nezem chazir be'af zahav, but I must say here that as truly as I feel your words and as deeply as my heart jumps to live them always and foreverI am still mesugal to try and jump right into the lowest porn and sexual acting out just to get the poorest, most pathetic substitute for the real thing.
And I have done it thousands of times.
I love what you wrote here, though, and try to remember to talk about your words at the table tonight iy"H. I will be surrounded by normal people then, so it will be very apropos.
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