

yechida's reflections

Posted by yechidah - 29 Jun 2009 19:47

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(any questions , insights & suggestions about this thread,feel free to email me at [taryaga@gmail.com](mailto:taryaga@gmail.com))

There are many reasons we need to be where we are and who we are,most are unknown.Why do we even have to be in a situation or have in our soul so much darkness and a pull toward self-destructing negative behaviors?

I saw once an amazing thought in a sefer.Moshe Rabeinu came from a union that after the Torah was given would have deemed him a mamzer(parents being an aunt & nephew).He could not boast of his lineage.This is one reason that let him be the greatest Anov that ever lived.

We who have to deal with the stuff that's in us that we would rather not have in the first place-this pain and shame over the course of time -makes us realize that even when we b'ezras Hashem pull out of the addictions-we will never look at another Yid that is struggling with this in a negative way

We catch a Yid looking where he shouldn't be looking and our hearts are full of compassion.We will daven for him,treat him with respect,gently try to get him out of it.We would never disgrace him-not even in our hearts-because we were there.We know what it's like.In our eyes he is a potential tzaddik.

This is surely one reason Hashem gave us this urge towards baseness with all it's shades of ugliness.Yes you are special-like every Yid is-but never ever judge harshly My son or daughter that is struggling-because I love him or her - he or she is part of Klall Yisroel.Just as indispensable as you are.

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Re: yechida's reflections

Posted by yechidah - 21 Oct 2018 09:30

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## **Omission**

Poet: Eldred Herbert

It is not the things you have done today,  
That will haunt you through the year;  
It's the little things you didn't do,  
That will banish joy and cheer.

You did not say "thanks" for the kind deeds alone,  
By a friend who lives next door;  
You did not say one kind tender word,  
To the man, with trials sore.

And the letter you planned to write today,  
It was never penned by you;  
A cheerful note would have meant so much,  
To those far from home - and blue.

The aged lady, that lives down the way,  
Whose loved ones, now, are few;  
Would have been so pleased with a small bouquet,  
From your garden, wet with dew.

These are the things that will haunt you by day,

And keep you awake by night;

It's the little things that you didn't do,

That will dim your normal sight.

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Re: yechida's reflections

Posted by yechidah - 22 Oct 2018 12:43

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Dvar Torah Parshas Vayara

have a wonderful week!!!

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Re: yechida's reflections

Posted by yechidah - 28 Oct 2018 15:48

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"The worst loneliness is to not be comfortable with yourself."

"Wanting to be someone else is a waste of the person you are."

Peace comes from within. Do not seek it without."

"It is not worth the while to let our imperfections disturb us always."

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Re: yechida's reflections

Posted by yechidah - 29 Oct 2018 12:36

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Dvar Torah-Chaya Sarah

have a wonderful week!!

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Re: yechida's reflections

Posted by yechidah - 05 Nov 2018 01:00

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*sometimes its important to give yourself chizzuk*

“Be gentle with yourself. You’re doing the best you can!”

“Sometimes when you are in a dark place you think you have been buried, but actually you have been planted.”

“There’s something in you that the world needs.”

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Re: yechida's reflections

Posted by yechidah - 05 Nov 2018 14:01

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Dvar Torah Toldos

have a wonderful week!!

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Re: yechida's reflections

Posted by yechidah - 11 Nov 2018 13:32

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Dvar Torah Vayatzai

have a wonderful week!!!

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Re: yechida's reflections

Posted by yechidah - 12 Nov 2018 15:11

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1. Helping others, encouraging others, are often acts of kindness that have more meaning that you may realize.
2. "Don't make a habit out of choosing what feels good over what's actually good for you."

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Re: yechida's reflections

Posted by yechidah - 17 Nov 2018 23:29

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Dvar Torah Parshas Vayishlach

have a wonderful week!!

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Re: yechida's reflections

Posted by yechidah - 18 Nov 2018 02:36

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Try to be a rainbow in someone's cloud

Stop beating yourself up -you are a work in progress

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Re: yechida's reflections

Posted by yechidah - 24 Nov 2018 23:01

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Davar Torah Vayasheiv

wishing you all a wonderful week!!

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Re: yechida's reflections

Posted by yechidah - 24 Nov 2018 23:14

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"You're not going to master the rest of your life in one day. Just relax. Master the day. Then just keep doing that every day."

"It doesn't matter how slowly you go as long as you do not stop."

"Don't be afraid, for I am with you. Don't be discouraged for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand." **(this is a posuk in yeshaya 41-10-write this possuk down & read it often)**

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Re: yechida's reflections

Posted by yechidah - 02 Dec 2018 17:03

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“There’s something in you that the world needs.”

“Sometimes it takes an overwhelming breakdown to have an undeniable breakthrough.”

“Look for something positive in each day even if some days you have to look a little harder.”

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Re: yechida's reflections

Posted by yechidah - 03 Dec 2018 13:22

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Dvar Torah-Parshas Mikeitz

wishing you all a wonderful Chanuka!!!

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Re: yechida's reflections

Posted by yechidah - 08 Dec 2018 23:17

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Dvar Torah-Vayigash

Freilecher Chanuka!!!

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