

psychological fantasy marriage games

Posted by strugglingandstrivngBT - 08 Aug 2010 16:07

so this is a much different nature than any of my posts. (B"H I've remained clean past 90, and intend to keep up).

I am a single 22 yo BT. I had a bad relationship before I became frum, that left me with a desire to find a "rebound" relationship. A mixture of social anxiety and realizing it was a bad idea kept me from acting on it (B"H). Unfortunately that's when I repicked up P&M (it was an issue before, but in the context of a monogamous relationship the issue wasn't noticeable). Fast forward a few years and I'm frum, aware and obviously looking for different things in a relationship, and not about to form casual, low expectation flings. That being said, I still find myself attracted to girls (frum or not) and wanting a desire to get married/find my beshert, but my daydreams about this are all from a more sexual nature, and I feel I'm more looking forward to a healthy outlet than the love that I once desired while releasing my desires vainly. This is not an issue that will likely come up soon, as I'm not at a point in my life where I'm ready for marriage, nor a location where shidduchim are prevalent, but IYH in a few years it may arise and I like to plan ahead. Plus it ties into my still viewing women as objects, just not the objects that I must avoid as opposed to objects I want to utilize.

any thoughts?

=====

Re: psychological fantasy marriage games

Posted by Jooboy - 08 Aug 2010 22:38

Here's my two cents.

You mentioned in your post that the marriage issue is not relevant right now so my advice is succinct.

Work the 12 steps, get yourself in fit spiritual condition, daven like crazy and trust in GOD. He'll take care of the rest.

Hatzlacha.

=====

====

Re: psychological fantasy marriage games
Posted by Holy Yid - 09 Aug 2010 01:12

12 steps will allow you to heal and get clarity about what is lust and what you really want. Also if you have Rav or Rebbe it might be worth while to talk to him. If you don't have a Rav or Rebbe who you trust GET ONE FAST!!!!!!

best of luck

=====
=====