

Tried's 'Stuff'

Posted by trying123 - 18 Jul 2010 20:45

There is a woman I met at a recovery group that was kind to me and who I liked....

I want to keep up with her (It is lust-driven) via email...

I know that it may lead me to places I'd rather not go, but it's so hard, especially when I am down....

I erased her address from my contacts but I remember it...

A short while ago I wrote an email to her but than discarded it and never sent it...

I don't want to fall into this I know it aint good for me but the drive I have is scary....

I hope to turn to you guys if this comes up again which I think it will....

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Re: Tried's 'Stuff'

Posted by trying123 - 02 Nov 2010 00:50

I sit here all alone in the dark and night

I wish things would be better, If I knew what to do I'd fight

I am weary of the way things are, I wish I felt real hope

I am loosing strength, I don't know how long I'll cope

What is my mission what am I here for?

I want to see an end, I can't, I'm sore

I guess I'll just chug along and do the best I can

all the while hoping that g-d indeed has some type of plan

Why I write all this? I don't know

hope I'm not waiting your time with all this yo-yo

--Tried (in a weird mood)

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Re: Tried's 'Stuff'

Posted by Yosef Hatzadik - 02 Nov 2010 01:05

[Tried-123 wrote on 02 Nov 2010 00:50:](#)

--Tried (in a weird mood)

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Re: Tried's 'Stuff'

Posted by Yosef Hatzadik - 02 Nov 2010 01:06

...but I MUST admit, your rhymes are fantastic! :-*

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Re: Tried's 'Stuff'

Posted by jewinpain - 02 Nov 2010 02:08

Tried , I feel sad for the trouble u r going through,I know how it feels I too suffer lots of emotional pain , used to be worse but with a tiny twist in attitude it got b"h better, we don't know why we but u get what I mean, we all come down here for different purposes & we most fulfill them in order to reach our tachlis, I also have. Million & 1 questions in my head driving me nuts, but I just learned to accept them in a loving way, its not easy at all, ita TUFF work & as u know me from the past I had many suicidal thoughts over the years from all the pain, b"h those thoughts are gone now & when I feel pain , I try to trace it & seek help for it, we didn't want to be in a world where our God does things that we do understand, life would be too shallow, we like hashem for his power , & his love for every yid, especially a broken soul , once heard a good speech the magid said from the sfurim that when we say life is good b"h yom yom , hashem says that's what u call good? I'll show u what good is and gives u more blessings & c"v the opposite when we are grumpy on everything, and I know it will sound like a joke, but believe me, take it from the ones who have been there & u know that Tried, u remember my old posts they were full of gave up attitude, its only 1 way out & that is by changing our attitude & trying to realize were we lost our connection to hashem that we don't see him in daylight, I will pray for u, cuz I really know how u feel, & plz take care of urself, if u need a buddy to help u sort things out a bit or stam to vent my inbox is open for u

Hashem sees ur pain & will make sure to make good use out of it

Plz forgive me if anything I said here was not gentle enough, I sure didn't mean to hurt u, just suffer, & no one on earth does, if they say they do slap their face, ok not really spoke from heart

Good night

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Re: Tried's 'Stuff'

Posted by Dov - 02 Nov 2010 03:33

...and i'd like to add that coming from Jewinpain, that was really something. He is a man who

knows what pain is. No joke.

You are not alone, T123.

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Re: Tried's 'Stuff'

Posted by Holy Yid - 02 Nov 2010 05:41

I have those mood also. Don't have much to add, just good night.

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Re: Tried's 'Stuff'

Posted by 7yipol - 02 Nov 2010 09:39

You are not alone Tried, and real friends are rooting for you.

Remember; the sun is shining - hang in there until the cloud moves out of the way and you feel its warm rays.

Thinking of you,

7up

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Re: Tried's 'Stuff'

Posted by trying123 - 07 Nov 2010 19:53

Thanks to all of you for responding....

It gave me encouragement ...

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Re: Tried's 'Stuff'

Posted by briut - 07 Nov 2010 20:03

Tried: what a beautiful set of recent posts. What a victory to stare your temptations in the face and realize your TRUE desire is for something higher and better and cleaner and better. And you'll get there. And staying away from artificial substitutes is a good way to turbocharge that effort. You'll go far. I'm impressed.

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Re: Tried's 'Stuff'

Posted by 7yipol - 27 Nov 2010 19:38

Worried.....

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Re: Tried's 'Stuff'

Posted by Dov - 27 Nov 2010 23:26

Yeah, where the heck are you?

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Re: Tried's 'Stuff'

Posted by jewinpain - 28 Nov 2010 04:23

His profile says he was here with us 3 days ago, so I guess he still hangs in here, reb tried plz come out of ur shell hashem loves u and wants u in his team, KOT

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Re: Tried's 'Stuff'

Posted by trying123 - 28 Nov 2010 13:54

Hey thanks...

to be fully honest: I am working mainly on general steps towards sanity (a normal daily schedule, less isolation, more productivity, individual and group therapy) and I have B'h been seeing some success...

In the field of Kedusha I cannot say that I am doing the way i'd like, I do occasionally fall. At this point I am not as focused on working on it so I don't have much to post about it.... It would be hypocritical...

However, I find that the more productive and busy I am the less I want to or feel a need to act out....

But I do occasionally fall :-[:-[

It was thoughtful of you guys to ask after me (I don't have many people in my life -family or other...)

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Re: Tried's 'Stuff'

Posted by briut - 28 Nov 2010 17:05

Tried: Yeah, dealing with multiple issues at once is... tough. I think many of us know that. I do. So if you've found a way to make progress without losing sanity, I'm supportive.

But stay in touch, even if the GYE work isn't at the front of your agenda, ok? As you said, isolation doesn't help anything. Thanks.

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