

Chizuk From a Rosh Yeshiva

Posted by ohr\_lreuveuven - 11 Jun 2010 10:48

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Chizuk

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Re: Chizuk From a Rosh Yeshiva

Posted by the.guard - 12 Jun 2010 19:46

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WOW

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Re: Chizuk From a Rosh Yeshiva

Posted by 7yipol - 12 Jun 2010 19:53

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WOW

Honestly one of the most powerful posts Ive ever read here.

So much to think about...

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Re: Chizuk From a Rosh Yeshiva

Posted by briut - 13 Jun 2010 03:23

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I would need to jump a few maderegos higher... just to be able to read, much less appreciate, the beauty of what you've shared. Wow.

Thank you, BR.

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Re: Chizuk From a Rosh Yeshiva  
Posted by DovInIsrael - 13 Jun 2010 10:40

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thanks BR.

welcome aboard.

the scariest thing you will ever do is to face yourself. But we can help.. one step at a time...one day at a time..

dov.ii

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Re: Chizuk From a Rosh Yeshiva  
Posted by trying123 - 14 Jun 2010 12:46

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Re: Chizuk From a Rosh Yeshiva  
Posted by trying123 - 14 Jun 2010 12:57

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[Bechori Reuven wrote on 11 Jun 2010 10:48:](#)

Keeping them two inches in front of our face, and it hurts, yeahhh, yeahh, maybe next time you won't do it again. But not to forget.....

and feel the pain needed to feel

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Re: Chizuk From a Rosh Yeshiva  
Posted by teshuvahilaah - 18 Jun 2010 00:20

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Bechori Reuven, your post is very, very moving. To not even have the strength to cry? Wow.

I hope you get to that peace you're searching for. I believe it's certainly out there. I'm looking for it, too. Like Aharon haKohen, we get up and serve... again. Thank you.

G-d knows we are going to bring alot of good into this world.

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Re: Chizuk From a Rosh Yeshiva  
Posted by installed - 14 Jul 2010 00:36

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Hmmm...

This is my two cents on this issue.

I have enough challenges on a day to day basis and will have these challenges all my life. I'm currently single and I will have this urge to act out until I get married and once I get married, I'll have other (greater) challenges. Looking back will do me no good. I truly believe that it's ) and to work on a day to day basis. Thinking about our sins can bring yiush (and I don't see it as weakness). Refraining from negative behaviours just proves that we are serious about our regrets and our desire to move forward. Every time I stop myself is a proof that I regret my past behaviours. I think that we should look back only during the yomim noroim but not on a day to day basis.

Again, each person is different and I see from the replies that it appeals to many people. I love these forums because there are so many ideas shared and so much to learn. I thank you for sharing this with us!

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Re: Chizuk From a Rosh Yeshiva

Posted by silentbattle - 15 Jul 2010 22:13  
important to see ourselves as beinonim all the time (not my idea

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There's also another issue - I know for myself that being able to face my mistakes and sins, when other people cannot, might mean that they're not such a big deal to me - but to my friend, who realizes their true ugliness, he needs to hide from them. If I realized how awful they were, maybe I'd hide from them, too.

You've gotta be careful.

First step in teshuva (for aveiros done more than once or twice) is stopping the action. Worry about facing things and regrets later.

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Re: Chizuk From a Rosh Yeshiva

Posted by Holy Yid - 18 Jul 2010 07:41

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I am missing something here, was the first post deleted?

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