

important question

Posted by TiredOfFalling - 23 May 2010 17:17

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How is one supposed to deal with this nisayon when it involves a real person? I've always just struggled with internet stuff, and i thought the nisayon was over because everything i own is filtered. But now theres this girl who likes me and for the first time in my life someone is willing to please me in ways that aren't allowed. This is totally new to me and i don't know how to deal with it. I've already been nichshal several times. How should I change my perspective in my fight against the yetzer hara to deal with this?

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Re: important question

Posted by silentbattle - 01 Jun 2010 13:28

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Do you know her number by heart? Maybe. I still know the numbers of girls by heart, even if the last time I called them was years ago. But that's no excuse for still having it in your phone. Deleting a number from your phone is a step forward, a step away. Delete all the old emails. Block her email address. Create as many fences between you and her as you can (after saying a short, firm, goodbye).

And remind yourself, it's over.

It would probably be a good idea for you to have someone that you can be in contact with to be in touch with on a regular basis, so that in those "moments of weakness," you have someone you can call to share how you're feeling, and remind you of why you're doing this. To ask the right questions, and remind you that you want to be free.

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