

struggle continues

Posted by StrugglingGuy - 16 May 2010 14:39

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from a high to a low-

So after a shabbos where I made harchakos from mstrbtion and erotic lit as well as davened what i felt were good tefillos, i fell twice in a short span; once last night and once this morning. Right after the falls, i felt that since the urge and the yh were so immensely powerful, i felt powerless and concluded there is nothing i could have done this time other than ms\*\*bt... I didnt have remorse basically; I chalked it up to the YH.

the yezter hara seems to have so much patience that even if i go a week clean (which is what i had) the urge can come at any moment...

help appreciated...thanks guys.

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Re: struggle continues

Posted by Serene smile - 20 May 2011 22:38

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Toras Emes GUARANTEES(!): "If someone says, 'I have worked hard and I have not been successful, don't believe him'. If someone says, 'I have not worked hard and I have been successful,' don't believe him. If someone says, 'I have worked hard, and I have been successful,' believe him!!!" (Megilla, 6b)...In other words, a Jew being unsuccessful after trying hard is not reality from G-d's point of view. It doesn't exist.

(don't confuse success with money. Plenty(!) Of Jews are not wealthy by any means, and have great shalom bayis, healthy children, are loved by the community, and are happy with 'sipuk hanefesh').

Hashem sees us Jews as hard working, community people accomplished, healthy and happy with our lot.

He says clearly in His Torah, straight to us:

"Easy?", "I don't believe you".

"Not successful?", "still I don't believe you". "

"Hard working AND successful!?!", "YES! Now I believe you!"

Our compassionate Father's words, directly and lovingly spoken to each and every one of us, one on one. We each have a wondrous success story of our own... Hashem is on our side. Yes, also when we are 'struggling'.

(Granted, gaining momentum takes time. Every sponser always told me "it's easier to stay sober than to get sober".. My experience is that, even though in my early stages of recovery/sobriety, I was 'wishy-washy' and stumbled, nevertheless, with time and hishtadlus/serenity/surrender-surrender-surrender/prayer/learning/dibuk chaverim/acts of kindness, and a VERY caring VERY intimate and VERY loving G-d, the above 'promise' is absolutely true.. One day and one miracle at a time

All the small victories will eventually lead up to a 'success story' you are happy to share with someone who needs to hear it, and most importantly, you are happy to call 'your own'.

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Re: struggle continues

Posted by StrugglingGuy - 22 May 2011 01:38

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shkoyach

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Re: struggle continues

Posted by Serene smile - 22 May 2011 01:54

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A gut voch and gut yom tov to all. 'R.Shimon is worthy that we can rely on him in a time of need'..

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A Clean day

Posted by StrugglingGuy - 24 May 2011 20:02

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gadlus ha'adam question: how do we relate to a regular, clean day? is it a victory to be celebrated just like a fall is contemplated? is it on the same level? maybe its higher....

or is it nothing special- just a day that the YH is taking off waiting to get us tomorrow--?

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Re: struggle continues

Posted by Dov - 24 May 2011 22:34

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We relate to it in the way that is most **useful** to us, whether it is "true", "sensible", "realistic", or not. Period. If the way we relate to today's sobriety ends up making it easier for us to be sober tomorrow, then it's fine. But if it ends up making it harder to be sober tomorrow, then we have a problem.

And there is no way we can plan it out and figure out what will make it so - it happens naturally - or we can model the way we think after those for whom it is working already. That's what I did, and it's working for me, too!

And I really like you, you know?

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Re: struggle continues

Posted by Serene smile - 25 May 2011 02:05

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Hey SG "how do we relate to a regular, clean day?"... How do u relate to it?

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Re: struggle continues

Posted by StrugglingGuy - 25 May 2011 14:32

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i have to give it more thought ss. thx guys.

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Re: struggle continues

Posted by Serene smile - 25 May 2011 15:11

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Like dove so perfectly put it. If it leads to more productivity, growth and happiness you're on the right path

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Re: struggle continues

Posted by StrugglingGuy - 25 May 2011 18:11

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right i guess i was asking more theologically , but its true we have no idea how these things are calculated 'up there'

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Re: struggle continues

Posted by Dov - 25 May 2011 21:57

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Who the heck cares about what *Hashem* thinks about something? It's vanity, chasing after

wind, and will not be thr truth anyhow - there is always a true way to see what we are doing as pathetic - and a way to see it as good progress. "*Hanistoros laShem elokeinu - vehaniglos lanu ulv'oneinu ad Olam **la'asos** es divrei haTorah hazos*", Moshe Rabbeinu told us. He was right.

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Re: struggle continues

Posted by StrugglingGuy - 26 May 2011 15:25

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true. i guess it doesnt really matter what a clean day is. just glad to have them.

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Re: struggle continues

Posted by Serene smile - 26 May 2011 18:41

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After describing all the not-so-nice events that may befall the Jewish People if they don't behave so well, Moses then states point-blank, what exactly is this not nice behavior that invites all these problems: "Because you did not serve G?d, your L?rd, with joy and a happy heart"... Being glad is a great thing not to be underestimated..

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Re: struggle continues

Posted by StrugglingGuy - 03 Jun 2011 17:00

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fell last shabbos morning and this morning today The four days in between were all clean BH

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Re: struggle continues

Posted by StrugglingGuy - 05 Jun 2011 15:21

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was gнна look last night at stuff but some quick texting to maccabee helped me turn it off and go to sleep (after watching some tv)

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