The mouse being honest Posted by an honest mouse - 12 Apr 2010 13:31

I had been 21 days clean till friday then i fell and i just fell again, I was doing so well, looking forward to being back with my wife after nearly a year without being with her porperly (coz of sickness during pregnancy and post pregnancy), i should've been clean for nearly a month when the time comes but i blew it and I feel really bad about it.

as soon as pesach finished and the summer came i felt like a protective shield had been removed, i felt exposed and vulnerable and now i've fallen lower than I have for a while. How do i get started over again ? pesach and long cleanliness for my wife where incentives which I've lost.

some thoughts and chizuk would be greatly appreciated, thanks!

p.s just posting here and knowing that others are tackling this problem too is really helpful, thanks to you all!

Re: The mouse being honest Posted by frumfiend - 10 Nov 2010 14:29

That was beautifull Honest. DONT FEED THE DUCKS

====

Re: The mouse being honest Posted by ZemirosShabbos - 10 Nov 2010 16:04

that's a great mashal, thanks!

and if Dr.Seuss would meet you and Bards he would say:

don't feed the ducks

don't get off your trucks

don't feed the ducks on trucks

don't put the ducks on trucks

don't put trucks on ducks

if something comes flying

while you are driving

then you need to be duckin'

while you are truckin'

====

====

Re: The mouse being honest Posted by Kedusha - 10 Nov 2010 16:06

Re: The mouse being honest Posted by an honest mouse - 10 Nov 2010 16:35

you're all quackers!!!

:-X

====

Re: The mouse being honest Posted by Kedusha - 10 Nov 2010 16:47

:D ;D : : :

====

Re: The mouse being honest Posted by Dov - 10 Nov 2010 18:21

From one of the quacks around here to the king of all mice, Mickey: To paraphrase President Reagan: "Sorry, I forgot to DUCK!"

Keep the chart and the dates and stuff - as long as it helps you. If you see that it is making you a little crazy, then ignore the dates and charts and stuff...later, when you think it will help you, think about the dates and the charts and stuff, then....well, you get the idea.

Use it, then use something else and pretend the dates aren't even there.

Sound crazy to be required *not* make any sense? Well, it's what **Chazal** mean when they say "L'Olam y'hei odom **Orum** b'yir'ah". I need to be a *trickster* when it comes to this stuff. Tricky, :o Just like hopping between "bishvili nivrah Olam" and

"*va'anochi ofor vo'efer*" from the Rebbe R' Elimelech (or maybe Reb Simcha Bunim?) - you gotta have those papers in those pockets and take 'em out and use them when necessary, even though they seem to contradict one another! Same thing here. It's OK being an idiot for sobriety and sanity's sake.

====

Re: The mouse being honest Posted by frumfiend - 10 Nov 2010 20:32

GYE - Guard Your Eyes

Generated: 21 August, 2025, 17:24

GEVALDIG CHEVRA

Re: The mouse being honest Posted by Yosef Hatzadik - 11 Nov 2010 20:54

But.....

Whatever you do,

DO NOT FORGET TO FEED THE MOUSE!!!!

====

Re: The mouse being honest Posted by frumfiend - 11 Nov 2010 20:56

Yosef that was really gevaldig

Re: The mouse being honest Posted by Yosef Hatzadik - 11 Nov 2010 20:58 **Rabbi FrumFriend**, this is not *my* thread;

Here we say:

Re: The mouse being honest Posted by an honest mouse - 11 Nov 2010 21:58

reb yosef - im very small, only a mouse, there's plenty of room for EVERYONE to be gevaldig on OUR thread!

I understood a chazal in a new light today. I remember a Chazal (althought i cant remember where) that when the posuk mentions Avrohom's age when he passes away, it introduces it with the *days* of the years of his life - because, he utilised each day to its full potential, he really *lived* each and every day.

Ive always been an escapist, i suppose it goes with the LA territory, i often just look forward to being alone, so i can read, listen to music (im only refering to periods of sanity) watch a film, etc... but i realise that during those periods, i am not *living* my life, im on pause, time is ticking around me but im not doing *anything* productive.

Sure, we need time to chill out and recharge but if escaping is the focus, then im not living my life, my focus is to not live my life. Obviously i cant be avrohom avinu, but the lesson is there for me - to appreciate what i have in my life and make *it* count. Time with my wife, the kids, learning, even work. The goal has to be, to try and *live* each day, albeit, one day at a time

====

Re: The mouse being honest Posted by Yosef Hatzadik - 11 Nov 2010 22:01

an honest mouse wrote on 11 Nov 2010 21:58:

I remember a Chazal (althought i cant remember where) that when the posuk mentions Avrohom's age when he passes away, it introduces it with the *days* of the years of his life because, he utilised each day to its full potential, he really *lived* each and every day.

You may be referring to a drush on the passuk *Avraham zakein ba bayamim* - he came with <u>all</u> his days.

Re: The mouse being honest Posted by an honest mouse - 11 Nov 2010 22:03

====

====

Re: The mouse being honest Posted by Yosef Hatzadik - 11 Nov 2010 22:05

====