

Recovery is Freedom

Posted by Yosef - 04 Apr 2010 11:54

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Recovery is freedom from the bondage of self...from the slavery of obsessive thoughts and actions.

Recovery is being able to finally do nice things for the soul and let the body wait.

Recover is discovering ones buried talents, interests and purpose for living.

Recover is being able to know what is right and what is not.

Recover is being able to see oneself and others as they really are.

Recovery is being excited about relationships new and old.

Recovery is about learning and being able to remember and use the new learnings.

Recovery is the ability to feel, enjoy and appreciate what I have.

Recovery is a recognition that there is Divine Justice and that it is unquestionably a good thing.

Recovery is honesty with self, others and above all G-d.

Recovery is the progressive delight of recognizing how G-d is running the world

Recovery is the pleasure of being less focused on "me".

Recovery is surrendering the materialistic drive to possess, control, and impress

Recovery is simplicity, purity and quietly influencing others to live spiritual lives.

Recovery is a deep gratitude to G-d for another chance.

Recovery is the moral obligation to honor and respect spiritual wisdom and right-living in others.

Yosef

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Re: Recovery is Freedom

Posted by Dov - 04 Apr 2010 20:02

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Y'yasher Kochacho and hoping you the wife and fam are having it as easy as can be expected wherever you are today. Recovery is my favorite 8-letter word, too. Even better than Woodford (or "chulent" *after* Woodford!!)

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Re: Recovery is Freedom  
Posted by Yosef - 05 Apr 2010 19:16

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Dov,  
Sorry...didn't mean to ruin the moment there...

With me you have as much poetic or humor(ic)? license as you want and you know why.

Thanks for sharing yourself with me and the rest of us. You are always giving to us but please don't be shy if there is anything we can do for you.

A gutten zimmer!

Yosef

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Re: Recovery is Freedom  
Posted by DovInIsrael - 06 Apr 2010 09:42

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every person has an obligation to see themselves as if they personally went out from Mitzrayim.

BH for addictions - which give us the background against which we can truely experience  
FREEDOM! !!

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Re: Recovery is Freedom

Posted by Yosef - 06 Apr 2010 15:38

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My SA sponsor has been sober for 26 years.

He says that if he could be cured of the addiction he probably would decline the offer.

That's how much of an opportunity for growth it has been to him. He says that most of

the "old timers" in SA and AA say the same thing: it was G-d's will. If G-d created me an addict then

so be it.

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